



LFS Consulting LLC
Leadership & Financial Success
Helping you reach your goals



"True Leaders create more Leaders"...

Speaker

A certified John Maxwell speaker, coach and trainer.

About Paula

Paula R. Jenkins is the Founder & CEO of LFS Consulting LLC, a company specializing in Leadership and Financial Success. Paula helps bring hope to complicated life situations through corporate workshops, executive coaching, keynotes and 1:1 consulting. She is a John Maxwell Certified Executive Director, and DISC Certified Consultant. She is a graduate of Tuskegee University (B.S. in Computer Information Systems) and DePaul University (MBA in Leadership and Change Management).

Paula's mission is to help teams and organizations develop successful leaders, understanding the power of good communication, and focus on increasing communication skills with the use of the DISC method. Before starting her company, Paula had a successful 20-year career in the corporate arena in various leadership roles in the HR Outsourcing and Benefits Administration industry. She has received numerous recognitions as a strong and effective leader and has partnered with numerous Fortune 500 companies.

Topics of Expertise

- DEI (Diversity Equity & Inclusion) - Everybody At The Table
- Communicating the Right Message in the Right Way
- What is Your Emotional Intelligence (EQ)?
- Communication Styles – How to Connect with Others
- Intentional Living
- Self-Care: How to Set Clear Priorities in a World of Unknowns
- Love, Hope, and Gratitude
- Everyone Communicates, Few Connect
- No limits- Blow the cap off your capacity
- Sometimes you win, Sometimes you learn

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