



Basil Pesto

Basil is an easy green plant to grow in your garden. Pesto is a versatile sauce made from fresh basil, garlic, oil, pine nuts and cheese. It is delicious on pasta, pizza, and in soup or eggs. I have an old Oscar food processor that is smaller than most food processors and it is the perfect size for making this recipe.

6 to 8 oz fresh basil leaves (you can include the flowers)

3 oz fresh parsley (optional)

½ cup high quality olive oil

2 or 3 large cloves of garlic peeled (depending on how much you like garlic)

1T butter

¼ cup pine nuts (pignolias)

1/3 cup grated Grana Padano or Parmesan cheese

Salt to taste

Put everything in the food processor and mix until smooth. I freeze it in plastic containers and use it all winter. Makes a great gift too. I am always finding new and different ways to use it. It's a good way to get your leafy greens and healthy fat.