



# Manitoba Modes

[www.manitobaorff.org](http://www.manitobaorff.org)

## PRESIDENT'S MESSAGE

Welcome back to school, everyone! As the new year begins, we hope it finds you rested, inspired, and energized to bring another year of fantastic singing, playing, moving, exploring, and creating to your fortunate music students!

I would like to send a big thank you to Natalie Peguis for all her hard work and innovative spirit during her term as Treasurer. We send another big thank you to Jennifer Gillis, who will be stepping into the Treasurer position this year. We would also like to welcome Piper McKinnon to our Board as Secretary and look forward to a productive and enriching time together.

At the Manitoba Orff Chapter, we are excited to launch another year of enriching and engaging professional learning opportunities and practical support for you, our valued members.

First up this year are our WSO Listening Activities workshops. As many will know, the Winnipeg Symphony Orchestra performs two brilliant student concert series each year, to which elementary students are invited for \$7.00 a seat (early bird, before Oct 28). These include Musical Discoveries for Grades 1-4 (Jan 13, 2023) and Adventures in Music for Grades 3-6 (Spring 2023). A teaching guide to Listening Activities for the pieces on the program is produced by MOC teacher clinicians in collaboration with the WSO, and these lessons are presented to music educators at two workshops. This year, the workshops will be spread over two terms, in line with each set of performances. Musical Discoveries will be held on Tuesday Oct 18, 4:00-8:00 pm at École South Pointe School. Adventures in Music will be on Wednesday, January 11, 9:00 am-3:30 pm, at LRSD Legacy Center.

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We hope to see you all take advantage of this incredible program that introduces children to high quality orchestral music from various cultures in an interactive and engaging way. We welcome our student members for free! Further details are on our website.

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**PRESIDENT'S MESSAGE** continued...

On October 21, our [TEMPO conference](#) for music educators takes place as part of the Manitoba Teachers Society professional development day across the province. Elementary teachers will have a variety of virtual workshops to choose from, including this year's Orff headliner, Aimee Curtis Pfitzner. Check out Aimee's amazing work on Facebook or on her blog [ofortunaorff.blogspot.com](http://ofortunaorff.blogspot.com). We're excited that she brings her amazing skills and resources to share with us.

On the following day (Saturday Oct 22), we present our Fall Fiesta, where Aimee joins us on her own for an extended virtual workshop from 10:00 am – 1:00 pm.

During lunch at Fall Fiesta, we will hold our annual AGM, where we will be presenting the annual Morna-June Morrow Award for Excellence in Music Education for outstanding Orff Educators. If you know of a deserving, dedicated master teacher who has inspired you, consider submitting a nomination for this year's recipient. Details on our [website](#). Deadline for submission: September 30.

On February 6, 2023, we are excited to host our Orffantastique workshop in French, with our guest clinician from Montreal, Louise Raymond. She is founder of [Malicounda Dance](#) and promises to provide an amazing day of drumming and movement within the Orff tradition.

In the Spring, we gather for a fun evening of playing through the Orff Schulwerk volumes with our own master teacher and Orff Level 1 instructor Karen Tole-Henderson. Stay tuned for details.

In June, we wrap up our busy year of music making with an exciting community advocacy event called 'Play!' We invite Orff teachers to showcase their groups of young performers in a public space to celebrate their achievements and to highlight the accomplishments and benefits of the strong Orff-based musical programs we have in our schools. We invite you to join us with one of your performing groups as we highlight the great and important work that is being done in music rooms across Manitoba.

Over the course of this year, we look forward to meeting you as colleagues and sharing in the joy of music making and teaching in Manitoba. Best wishes for another wonderful year in your music program!

Sincerely,  
Dawn Muir



## ADVOCACY CORNER

Carl Orff Canada has launched the Lights on Music Education /pleins feux sur l'éducation musicale campaign. As we settle in for another year of exciting and rewarding music education, I would like to encourage you all to focus on what you are shining your light on.

I would encourage you to shine a light on the lessons contained in the Carl Orff Calendar. Shine a light on what is opening in our music programs. Shine a light on the joy which is seen in the faces of our students as they engage in the music activities. Shine a light on the possibilities that making music will create for our students. Shine a light on diversity. Shine a light on equality. Shine a light on the simplicity and the beauty which occurs in our music classes every- single- day. Shine a light on the fact that music cannot exist by itself but is related to movement, music, and speech. Shine a light on the fact that everyone has the right to experience a musical experience, regardless of their musical ability. Shine a light on the fact that music can be experienced through active music creativity. Shine a light on the legacy that the late Maestro Tovey left for us with the Winnipeg Symphony Orchestra Educational Concerts. Will you take a moment to share what you are shining your light on? Looking forward to hearing from you.

Submitted by Lori Arthur



**Lights On Music Education  
has been launched!  
COC's new advocacy  
initiatives support chapters  
as we shine a light on Music  
Education in your community.**

**WHO IS IN  
YOUR ORFF  
COMMUNITY?**

**HOW CAN WE  
GROW  
OUR CHAPTER?**

**REACH OUT TO  
YOUR LOCAL  
COMMUNITY!**



## RESOURCE REVIEW

### **Hands to Hands, Too! Hand clapping songs and games from the USA and Canada**

Just a few short years ago, MOC's Winter Workshop in February was led by Aimee Curtis Pfitzner. Throughout the day, Aimee taught us various singing games from around the world. As a result of attending this workshop, I purchased Aimee's resource called *Hands to Hands, Too!* and have used several of the songs and games with my students.

One student favourite is a version of the popular game, *Avocado!* Many students are already familiar with this chant, and the fun of getting to think of a name for their partner when they make a mistake. This game is great for young students and older students alike, as they all enjoy thinking of names to match different letters of the alphabet.

Another favourite is *Lemonade, Crunchy Ice*. In this game, students perform the hand clapping pattern with a partner, leading to a freeze position at the end of game. Whichever partner stays frozen the longest wins. This game has two clapping versions provided in the book which gives some variety to the game.

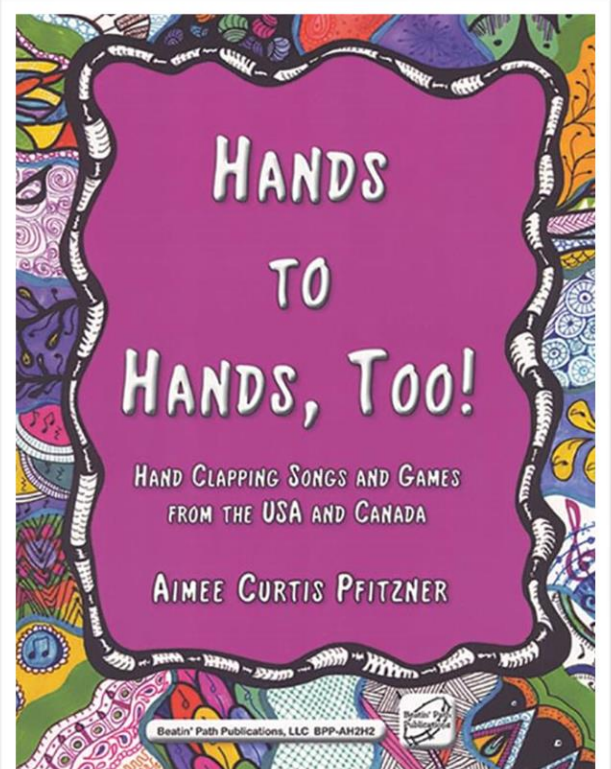
*Mama Llama* also has many variations as a singing game, one of which is included in this resource. This game involves the entire class in a circle and allows for some improvisation in movement if students are ready for it.

My older students have enjoyed the game of *Sevens*, which has several variations on eight beats (seven plus a rest). This game can be played on the floor, one's lap or a table and with a whole class or in partners. Some of the variations of this game include reversing the sequence and performing in canon.

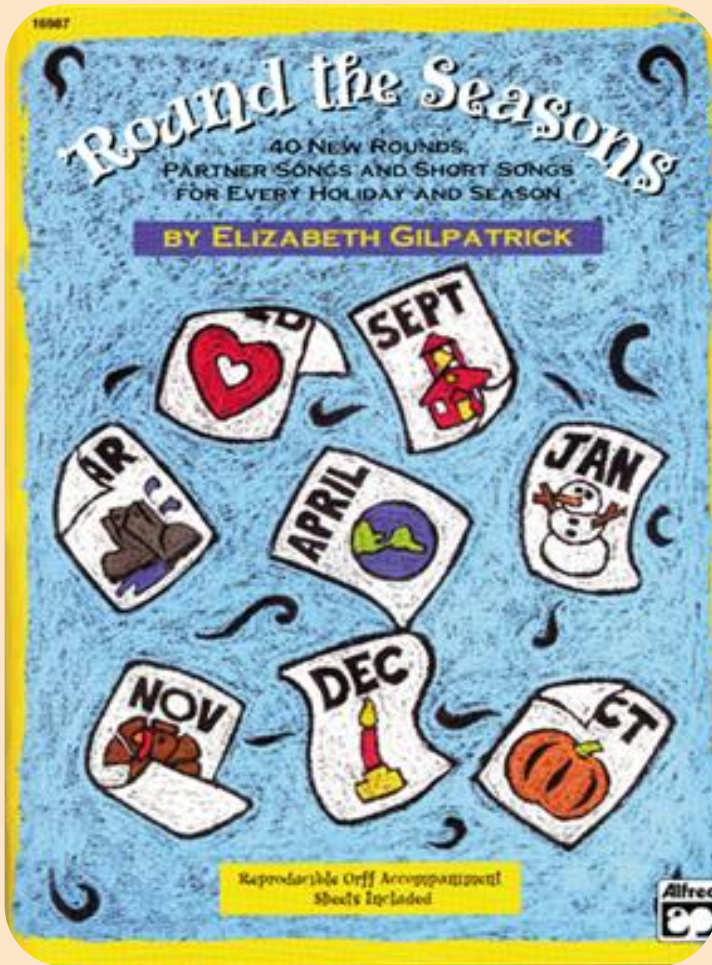
These are just a few of the games featured in this resource. Some games are for chanting and some for singing, and a variety of partner, individual and whole group activities are featured. At the end of the book are two pages which include photos of the various claps in the book. Each game is clearly notated with rhythm, melody, and the body percussion patterns.

This resource can be used throughout the grades of elementary school and is just one of the many wonderful resources Aimee has created for teachers. This book is published by Beatin' Path Publications and well worth the investment!

*Submitted by Patti Lynne Pauls*



## RESOURCE REVIEW



### ‘Round the Seasons!

#### 40 New Rounds, Partner Songs, and Short Songs for Every Holiday and Season

‘Round the Seasons by Elizabeth Gilpatrick has been an invaluable resource. It includes wonderful, reproducible Orff accompaniment sheets for a number of the songs, as well as activities and rehearsal suggestions. These songs are useful for developing beginning part-singing, and are thematic, so there is something useful here for every season. I have used these songs and Orff arrangements with all elementary grades, simplifying or adding a challenge when necessary. These songs have even been successfully added to concerts. Songs such as: *The Very First Day of School*, *Burn Little Candle*, *Hurry Santa*, *Groundhog Day Has Come*, *If You Haven’t Got a Fiddle*, and *Care for the Earth*, are bound to be student favourites! *We Will Remember*, *Thanks We Give*, *December Winds*, *On New Year’s Day*, *My Valentine Is You*, *Cinco de Mayo*, *Plant a Tiny Acorn*, and *School’s Out!* are perfect seasonal additions to any music classroom.

*Submitted by Joanne Kilfoyle*



## TECH TIP

### Have you heard of [Music with Mr. DelGaudio?](#)

Well, if you haven't, Rob DelGaudio is a K-5 Orff music teacher in New York who creates amazing music lessons on YouTube. My students absolutely love singing and playing along to Mr. DelGaudio's songs and activities. I highly recommend subscribing to his YouTube channel 'Music with Mr. DelGaudio' and share with your classes! So many activities to choose from...singing alongs, movement activities, holiday songs all of which would be a great addition to your sub activities!

*Submitted by Angela Weisberger*



Black and Gold | Music With Mr. DelGaudio | an old Halloween song with layered parts



Johnny Grim | Music With Mr. DelGaudio | A Fall Scarecrow song with a rhythm game and canon



## SCHOLARSHIPS & AWARDS

### HELEN NEUFELD MEMORIAL SCHOLARSHIP

For the year 2022, three Helen Neufeld Memorial Scholarships were awarded. The following recipients are inspiring music educators that exemplify Helen Neufeld's commitment to the Orff approach: Andréanne Héту, Krista Janzen, and Julianna Rempel. Congratulations! Félicitations!

The Scholarship is awarded to students taking the Orff Level 2 and 3 courses. Interested applicants who plan on taking these courses during the summer are encouraged to send in their application. The application form is made available on the MOC website in February.



Left to Right:  
Erica Rothschild (MOC Vice President)  
Scholarship Winners: Julianna Rempel, Krista Janzen, and Andréanne Héту  
Dawn Muir (MOC President)

### MORNA-JUNE MORROW AWARD FOR EXCELLENCE IN MUSIC EDUCATION IN MANITOBA

To qualify for the Morna-June Morrow Award for Excellence in Music Education in Manitoba, all nominees (and nominators) must be current members of the Manitoba Orff Chapter and meet at least 4 of the 6 criteria listed below. The application form is available on the [Manitoba Orff Chapter website](#). Applications are open until September 30, 2022.

#### Criteria:

- Music teacher in a public or private school or institution for a minimum of 15 years.
- Actively using Orff methodology in the music class setting.
- Actively involved in community music activities (e.g., divisional, church, or community groups).
- Self-initiating in his/her professional development.
- Strong sense of dedication and organizational skills.
- Actively involved with a music-related board/executive (i.e., MOC, MMEA, MCA, etc.)

#### The award nomination should include the following:

- Sponsor's name and affiliation to Nominee (must not be a parent of a student)
- Information concerning Nominee
- Teaching experience of Nominee (i.e., position, location, years of experience)
- Nominee's contribution to the profession including school program, extracurricular activities, community involvement, professional development, and involvement in workshops/in-services.
- Publication and recognition awards received by Nominee
- Rationale for nomination
- Signatures of both the sponsor and the Nominee.



## ORFF LEVEL I REVIEW

After two years of postponement due to the pandemic, the Orff Level 1 course received thirty participants, a sign that demand is very much still here. The basic Orff instructor, Karen Tole-Henderson, had so much teaching knowledge to share. The Orff approach was very clear in her lessons that we received. The afternoon presenters were as varied as they were enriching; movement with Mary-Lynn Berti, recorder with Jewel Casselman, and Choral with Avonlea Armstrong-Green. Something for everyone to take back.

From my perspective as a teacher going into my fifth year of teaching, I felt very well guided. Indeed, I received great feedback that made me rethink certain things about my teaching while also offering possibilities to dive deeper into the techniques I was doing in class. Also, being surrounded by other colleagues was a definite motivation booster in wanting to offer great music education to the students that cross my path. Finally, as a francophone taking the course in English, I am very grateful for the flexibility of the staff as well as Jody Stark, for accepting some of my homework and exercises in French. It's a great course I recommend everyone to do at any point in time in their career!

*Submitted by Erica Rothschild*



**Level I Students**



**Level II & III Students**





## ORFF LEVEL II REVIEW

The 2022 Level II and III courses were a wonderfully unique experience. Due to the shifting of curriculum, both levels were combined this year to create a larger class than may typically be expected at either of the levels on their own. This resulted in a warm, supportive environment of like-minded individuals who have been teaching in their classrooms for varying lengths of time, many of whom shared similar questions and wonderings. Our larger class size made exploring the volumes more accessible, made the choral experience more authentic and enjoyable, our movement classes more inviting, and provided lush listening in our recorder classes to hear the full spectrum of soprano, alto, tenor, and bass recorders throughout the course.

The “dynamic duo” of Amanda and Marcelline led us through many wonderful moments of music-making, exploration, guidance, and creativity. Participants were consistently asked questions such as, “Is this an aesthetic experience?” as well as “is it elemental?” whether in our orchestrations, or in our way of teaching. These types of statements have continued to guide my teaching into the first few weeks of school with great success.

When I completed Level I, I felt I had received a fairly solid introduction to Orff process teaching. After the completion of Level II, I now recognize that the process is much more ingrained and has become more of a “way of life” as Marcelline would say. As a result of exploring modes freely, with focus on a “home tone” and improvising in various pentatonics with this guiding principle alone, my intermediate students have been playing with a wider variety of tone colours much earlier than they may have otherwise. Utilizing guiding principles of student-driven creation, word-derived rhythm, and improvisation - SO much improvisation - my students have been more active, engaged, and *musical* in our time together than ever before.

I thank Amanda, Marcelline, and all the other Level II/III participants for a fantastic two weeks!

*Submitted by Jessica Taves*



**Level III  
Graduates  
and Orff  
Levels  
Instructors**

# The Hummingbird

Words adapted from Michael Flanders, "The Hummingbird" from *The Random House Book of Poetry for Children* by Jack Prelutsky, p. 82  
 Voice rhythm from *Music for Children*, Volume 1, p. 59, no. 8

Jessica Taves  
 Orff Level II  
 July 6, 2022



**Voice**  
*The humm - ing-bird has no song \_\_\_\_\_ to*

**Soprano Xylophone**  
*Flit - ter flut - ter go his wings. Flit - ter flut - ter go his*

**Alto Metallophone**  
*Hum...*

**Tambourine**  
*Hear the humm - ing - bird. Hear the humm - ing -*

**Bass Xylophone**  
*Humm - ing - bird fly! Humm - ing - bird*

**Voice**  
 5  
*sing\_ From flow - er to flow - er he hums \_\_\_\_\_ a - long.*

**Sop. Xyl.**  
*wings. Flit - ter flut - ter go his wings. Flit - ter flut - ter go his wings.*

**Alto Met.**  
*Hum... Hum... Hum.*

**Tamb.**  
*bird. Hear the humm - ing - bird. Hear the humm - ing - bird.*

**Bass Xyl.**  
*fly! Humm - ing - bird fly! Humm - ing - bird fly!*



# HUMMINGBIRD LESSON PLAN



**Grade Level:** Grade 4-5

**Concepts:** D re Pentatonic, single moving bordun, dotted quarter, 3/4 time (Could all be pulled out of the piece; not necessarily taught in this lesson). The goal of this lesson is to get kids on parts and put it together as quickly as possible for an aesthetic experience and the literacy would follow in later classes.

**Objective:** Students will be able to sing, play, move, and create in D re pentatonic. This experience should include moving in 3/4 time, playing a single moving bordun, and accurately performing a dotted quarter rhythm.

**Prior Knowledge:** I am assuming that students are comfortable with a solid and broken bordun pattern prior to this experience. If transferring to recorders, I would save this piece until the end of Grade 4, maybe even mid-way through Grade 5 before expecting students to move from low C to high E successfully. It would also be helpful if we had experienced improvising in previous contexts in order for students to successfully incorporate such an experience in this piece.

**Process:**

1. Movement:
  - a. How do different birds move (in 3/4 time) – Could prompt duck, loon, hummingbird.
    - i. How are hummingbirds different? Do they have a call the way the other birds do? No! They have more of a chirp than a beautiful call.
2. Echoes to learn the melody:
  - a. With students I may choose to do this in 4 segments – not so many phrases – due to the modality. Optimally this would be played on recorder as it can be fairly high to sing.
3. Body Percussion:
  - a. BX – Pat knees, singing “Hummingbird fly” with the A-G-A change.
  - b. SX – Alternating pat of knees, singing “Flitter flutter go his wings” demonstrating that the right hand doesn’t move.
  - c. Tambourine and AM together – Claps on “Hear the hummingbird” and a snap on “Hum...”
4. Transfer to instruments (Bars can remove C, F, and B to make things more successful)
  - a. BX – Model and have players echo the moving bordun
  - b. SX – Model and have players echo melodic ostinato
  - c. Tamb/AM – Model and have players echo the NPP/Metallophone parts.
5. Invite recorder players and/or singers to join
6. Invite students to improvise a B section. (i.e., BX, AM, SX continue, individual improvises 8 measures in D re pentatonic on glockenspiel, recorder, etc.)

**Checking for Understanding:** Check for understanding by observing and listening to students throughout the lesson. This means not moving on until students are secure on their parts, being ready to support them with body percussion, speech patterns, or chironomy if they are struggling, etc. Once parts are beginning to layer this could also look like scanning the room for confused faces vs. secure body language to jump in as needed.

**Next Steps:** Moving forward students could incorporate movement, exploring the space as a hummingbird, perhaps with a prop like a ribbon wand to demonstrate the quick, fluttery movements. Return to literacy concepts as stated above would be most beneficial after experiencing the piece.

*Submitted by Jessica Taves*

## ANNOUNCEMENTS & UPCOMING EVENTS

### Visit the Manitoba Orff Chapter Website

Be sure to visit us at [www.manitobaorff.org](http://www.manitobaorff.org) for information about upcoming events, awards, access to the Resource Lending Library database, read the most recent editions of the Manitoba Modes, and more!

### Fall Fiesta & AGM – October 22, 2022

Plan to join us for a virtual workshop with Aimee Curtis Pfitzner. For more information, please visit <https://manitobaorff.org/fall-fiesta>.

### TEMPO 2022: Manitoba Music Education Conference

Mark your calendars and plan to attend the Virtual TEMPO on October 21, 2022! To register and for more information, [click here](#).

### SAVE THE DATE

**Feb 6, 2023** - Orffantastique workshop in French, with our guest clinician from Montreal, Louise Raymond, the founder of [Malicounda Dance](#)

### Morna-June Morrow Award for Excellence in Music Education – Call for Nominations

Nominations for this year's Morna-June Morrow Award for Excellence in Music Education are now open. [Click here](#) for award criteria and nomination forms. The deadline for nominations is **September 30, 2022**.



## *MOC/WSO LISTENING WORKSHOP FOR TEACHERS*

Musical Discoveries  
Tuesday, October 18  
5:00pm-8:00pm  
École South Pointe School  
Dinner Included

**Musical  
Discoveries**

GRADES 1 - 3

Adventures in Music  
Wednesday, January 11, 2023  
9:00am-3:30pm  
LRSD Legacy Center  
Lunch Included

**ADVENTURES  
IN MUSIC**

GRADES 4 - 6

Register Here: <https://manitobaorff.org/wso%2Fmoc-workshop>



The MOC is proud to partner with the WSO to present two Listening Workshops. Come prepared to dance, sing, play instruments and laugh as presenters introduce the concert repertoire through music and presentations of the corresponding lesson plans along with tips, tricks and best-practices to help you and your students have an exciting Musical Discovery and Adventure in Music with the WSO.







# Orff Children's Day 2023



## 2023 Dates

April 26, 2023 -  
Wpg English (CCFM)  
April 27, 2023 -  
Wpg French (CCFM)  
April 28, 2023 -  
Brandon (Brandon  
University)

**Register by  
October 28th  
to save!**

Final registration deadline  
is March 24, 2023.

Registration is first come,  
first served so register  
early to avoid  
disappointment.



**A return to  
our in-person  
event!**

Choral, Recorder/Percussion,  
Drumming, Basic Orff,  
Movement.

Bring your grade 5 students to  
participate in a full day of music  
making the Orff way and  
experience fantastic teacher PD!



## Registration

Registration forms can be found  
online at

<https://manitobaorff.org/childrens-day>







# Journée Orff pour enfants 2023



## Les dates


le 26 avril au CCFM à Wpg  
(en anglais)  
le 27 avril au CCFM à Wpg  
(en français)  
le 28 avril à l'université de  
Brandon (en anglais)



**Nous voici de retour  
en présentiel à cet  
événement fabuleux!**

Il y aura des ateliers en chant choral,  
flûte à bec/percussion, tambour,  
mouvement et Orff de base.

Venez passer une journée musicale à la  
méthode Orff avec vos élèves de la 5e  
année. Ceci est un excellent  
développement professionnel!

 **Inscrivez-vous  
par le 28  
octobre 2022  
pour recevoir  
un rabais.**

L'inscription finale doit  
être faite par le 24 mars  
2023. C'est premier  
arrivé, premier servi,  
donc ne manquez pas  
votre chance!



## L'inscription

Les formulaires d'inscription se  
retrouvent à

<https://manitobaorff.org/childrens-day>



## MOC BOARD OF DIRECTORS

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