

Dance Session

Orff Children's Day, April 26-28, 2023, Jennifer Engbrecht, Louis Riel School Division

Using the piece Sortie 51 by Le Groupe Swing (aka LGS), students will learn traditional and non-traditional dance movements as a response to the music.

Directions: Intro (0-0:11): dance walk to middle. See [this example](#) for dance walking to the middle.

Part A (0:11-0:39): 1st time "promenade" (walk next to partner in circle, counter clockwise).

For a challenge, on 2nd and 3rd time, [try this](#) starting at 2:09.

Part B (0:41-1:00): Advance 3 beats, on 4th beat a tiny nod to partner "salut", then step back 4 beats to original spot. Repeat 3 more times (4 times in total)

Part C (1:00 - 1:20):

a) Beats 1-4: Step on L, then tap R foot with partner then step back on R, and then on Left (back into your spot).

b) Beats 5-8: repeat on the other side: step on R and tap left foot with partner, then step back on L, and then on R (back into your spot).

c) Beats 9-12, repeat a) again,

d) Beats 13-16: 13 patsch, beat 14 clap own hands, beats 15 and 16 fists tap with partner. Repeat a)-d)

Use [this video](#) to see what it looks like to tap the partner's foot. *The version in this video is slightly easier, as it doesn't involve changing the kicking foot (as demonstrated in the session), so it is a little different. If it is too hard to switch feet, this is an option. 3X, and then patsch clap, fists together on bars 13-16 as demonstrated in my choreography... or do what they do below on bars 13-16!! Why not :-)*



Part D (1:20 - 1:39): Quickly move into a big circle, then everyone walks to the middle for 8 beats, and hop, hands up on beat 8. Then 8 beats back to the original spot. Repeat 2 more times for a total of 4 times.

Rest of the form:

Part A (1:39-1:58), **Part B** (1:58-2:19), **Part C** (2:19-2:39), **Part D** (2:39-2:58), **Part A** (2:58-3:27), **Part D** (3:27-3:46)... *for this final D section, people STAY in the middle.*

Coda: All students are in the middle, and face the audience to do a [basic jig step](#). Or, for a challenge, try alternate hip hop kick ball change ([tutorial](#))

Entire form:

Intro ABCD ABCD AD Coda

To access this [lesson plan in Google Docs](#) (to be able to click on links etc:



To access the [slideshow](#) presented today:



To access this song on Apple Music:



To access on Spotify:

