



MUSIC FOR CHILDREN
CARL ORFF CANADA
MUSIQUE POUR ENFANTS

Manitoba Modes

www.manitobaorff.org

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PRESIDENT'S MESSAGE

Happy New Year! I trust that you had a restful holiday season and were able to connect with family and friends in new and meaningful ways. It was certainly a Christmas and Winter Break to remember, but it was also one that none of us hope to repeat!

As we move into the New Year we are filled with hope and anticipation of life and teaching returning back to normal. Thinking back to last March when we were listening to the news conference announcing the shutdown of classes, none of us could have ever predicted where we would still be eight months later. Although this holding pattern that we find ourselves in at the moment feels tedious and frustrating, I continue to be encouraged by the amazing amount of creativity, ingenuity, and tenacity that is being demonstrated by music teachers during this pandemic. The ideas, conversations, and connections that are being shared and taking place between colleagues is inspiring and necessary more than ever. They say that necessity is the mother of invention, and believing that is true, I am excited to see how this pandemic is going to shape our teaching for years to come! If you do not yet have a community to share with, please connect with us through our website www.manitobaorff.org and on our Facebook page. We will make sure you find your community.



PRESIDENT’S MESSAGE CONTINUED...

As valued MOC members, I encourage you to reach out to us for any type of assistance you may need. Whether it is required resources (printed or virtual), lesson/unit ideas, technology suggestions/assistance or just a chance to connect with other music teachers, we are always here for you and if we cannot give you an answer, we will put you in contact with someone who can. Now more than ever it is important that we stay connected to each other!

As COVID restrictions continue to evolve, you can be assured that the MOC Board is working diligently to provide you with meaningful and practical resources to help you succeed, and even thrive, during this season of continual change, apprehension, and uncertainty. In case you are not yet following us on Facebook, I would encourage you to do so as we will resume posting our Tuesday Tips. These tips offer valuable ideas, suggestions, and even lesson plans! We are also very excited that the MOC has our very own YouTube Channel which has all of our videos accessible in one easy location! Our Virtual Chat Nights, in both French and English, have served as a way to connect and share ideas while supporting each other. New dates will be posted shortly and if you have not joined us yet, I would encourage you to do so! It really is like being together and sharing ideas over a cup of coffee. We even take care of taking notes for you!

The MOC website remains a valuable resource that will continue to highlight upcoming virtual workshops held across Canada. Please try to take advantage of some of these workshops which are available to all MOC members at the reduced COC membership rate.

In closing, I would like to wish you all continued strength and perseverance as we continue to work under the most remarkable circumstances. Remember to take time for yourselves, allow for slightly-less-than-perfection, and look for simple ways to bring joy and happiness to your students, colleagues, friends, family, and yourselves. We *will* get through this and we will freely sing, play, move, create, and explore once again!

Stay Strong and Keep Well!

Charisse Wurch
President



ADVOCACY CORNER

NEW YEAR, NEW RHYTHM OF LIFE

A new rhythm of life or rather, finding new ways to introduce rhythm in life.

I am always in awe of our colleagues around the world and how they adapt technology, fun and learning into this new rhythm COVID has brought upon us.

From Star Wars missions to the fluffy world of Animal Crossings, it is so fun to bring culture into the classroom with short videos incapsulating rhythm activities.

I am thankful to these talented colleagues who share their creations with us, as my set of skills do not include almost-Hollywood productions.

You will find many great videos that can be adapted to higher elementary and high school levels on the youtube channel *Mr.Gordon*. Check out his take on the Star Wars series: [*Mandalorian Rhythm Clapping with Mr. Gordon*](#)

To a new year and new horizons, this is the way.



NOUVELLE ANNÉE, NOUVEAU RYTHME DE VIE

Un nouveau rythme de vie ou, plutôt, trouver des nouvelles façons d'intégrer le rythme dans notre vie.

Je suis toujours inspirée de mes collègues qui réussissent d'une façon ludique à intégrer la technologie dans l'enseignement. Que ce soit par la culture populaire ou les mélodies anciennes, la créativité ne connaît pas de barrières! Je vous invite à jeter un coup d'œil à la chaîne Youtube de notre voisin anglophone *Mr.Gordon*.

Malgré qu'il ne soit pas aussi facile de trouver des vidéos francophones de qualité, on en découvre quelques-unes sur Youtube.

[*La noire, la blanche et la ronde - Les figures musicales - Apprends les rythmes - Cours de musique*](#)

On peut aussi adapter le contenu ou s'en tenir à des capsules instrumentales. Voici quelques capsules sans paroles pour travailler le rythme:

[*Animal Crossing: New Horizons Rhythm Play Along*](#)

[*Suspicion \[Easy Mode\] - Rhythm Play Along*](#)

Et pourquoi ne pas créer son propre contenu. Peut-être que l'année 2021 dénichera chez vous des talents dignes de productions quasi-hollywoodiennes!

Contributed by Erica Rothschild

KEEP CREATING AND CARRY ON

The MOC online workshop, *Keep Creating and Carry On*, with Drue Bullington on September 26, 2020 was full of creative ideas for the music classroom. He started with the concept of Mindful Moments and how to build them into the beginning of a music lesson. Here is Drue explaining and demonstrating a [Mindfulness Moment](#).

Since Mindful Moments involve quiet, individual reflection they could be a perfect starting activity for the current reality music educators are facing. Drue recommends beginning and ending with the sound of the finger cymbals. Some calming music to play can be found [here](#).

The goal of mindfulness is to work from an inward focus to an outward focus. “Mindfulness means paying attention to something. It means slowing down to really notice what you are doing. When you are mindful, you are taking your time. You’re focusing in a relaxed, easy way.”

*The Boy, the mole,
the fox and the Horse*



Charlie Mackesy

[The Boy, the Mole, the Fox, and the Horse](#), a book by Charlie Mackesy, was another recommendation from Drue. This inspirational book can be shared a page at a time by having students select a page, read the quote, look at the picture and contemplate the meaning. The pages have short quotes and cartoon style pictures meant to cause deep thought and personal introspection in a child friendly manner. Students then talk about what the quote and picture mean to them and create a chant expressing their ideas. The chants they create should not use the specific words in the quote. If group work is not possible due to restrictions, this activity can be done individually or as a whole class exercise. Share the chants with one another and create something meaningful. Other tips for this activity include, making the chants easy to remember, having a space of silence, maintaining a steady beat, and adding movement.

Fun with Shapes and Body Percussion is another example given by Drue of a fun and Covid friendly music class activity. Shapes can represent beats and differing body percussion style. For example, a diamond shape represents 2 clap beats, a triangle shape represents 3 patsch beats, a circle represents 2 snap beats, and a square could represent 1 stamp beat. Find visuals of the shapes [here](#). These shapes and their corresponding beat patterns can be used to create and explore mixed meter pieces. As an extension, try playing the newly created patterns along to music and with various tempi. The workshop included two other lesson ideas given by Drue, *Moon Phases and Hand Drumming* and *The Artwork of Kandinsky*. To explore more of Drue Bullington’s creative ideas for the music classroom check out his [website and blog](#).

Contributed by Joanne Kilfoyle

TECH TIP

YouTube Power!

[Viewpure.com](https://viewpure.com)

YouTube can be a powerful teaching tool. Right now, teachers are using YouTube to demonstrate singing and wind instruments. They are also using YouTube videos in their online learning platforms to enrich their lessons. Sometimes we find ourselves waiting for the video to play because of unwanted advertisements. This can be frustrating for teachers in school and for parents at home. Now you can watch YouTube videos without advertisements using Viewpure.com!

It is quick and easy if you have the website handy or add the purify button to your favourites!

Playlists

Another valuable tool is the ability to create video playlists of your own in YouTube. Make sure you sign up for a free YouTube/Google account and you can save as many videos as you want in as many folders as you want. For example, you could have a playlist for an entire unit ready to go with one click. Save a video by pressing the “save” button below the video. Easy to use and easy to share with fellow teachers too!

When you are creating YouTube playlists, you may have noticed that you are unable to save a video that is content made for kids. There is a way to still do this so we can easily save them for our beautiful lessons. Search for the video of your choice in the youtube.com search bar and before you select the video for viewing, click on the three dots on the upper right corner and select “save to playlist”.



Resources for SeeSaw

Please click on the links to see these great SeeSaw lessons contributed by Kara Dueck and Charisse Wurch.

1. [Listening Walk](#)
2. [“Can Can” – Home Percussion](#)
3. [The Dot – Growth Mindset Lesson](#)
4. [Earth Day Sound Poem](#)
5. [Canada in My Pocket](#)
6. [Listen, Watch and Move](#)
7. [Heal the World – Child Prodigy Cover](#)

Contributed by Kara Dueck

TEMPO REVIEW

This year's Manitoba Music Educators' Association Tempo Conference took place on Friday, October 23, 2020. In response to current public health orders in Manitoba, this year's conference was held in a virtual format for the first time. The day was filled with sessions for teachers of all music related focuses and grade levels.

Deep Planning in a Covid World: James Jackson

The first session of the day I attended was titled "*Deep Planning in a Covid World*", presented by James Jackson. This session was filled with excellent ideas for adapting successful resources and learning activities for teachers teaching in a physically distanced space or for teachers traveling from class to class. While we may be restricted in our ability to sing, share instruments, play wind instruments, or do partner clapping or circle games, we still have a tool kit to draw on to facilitate deep learning of curricular concepts for students. In this session, James suggested focusing on rhythmic concepts of the songs that we would usually teach and to think of the song as a poem. In doing so, students continue to have opportunities to explore steady beat, rhythm, canon, ostinato, improvisation, movement, and melody by humming.

One suggestion that James had with regards to the playing of barred instruments was to provide students with a paper xylophone to practice and create melodic patterns. Once students have had the opportunity to practice on their paper xylophone, they take turns playing what they have practiced on an actual instrument using real mallets that are disinfected between players, or, by using dowels or sticks with an elastic band wrapped around one end, creating an inexpensive

pair of mallets should you want each child to have their own pair. I found the suggestion of a dowel and elastic particularly useful when I do not have enough time to clean between classes. I also found that the step of practicing on paper first helped younger students be more successful when working at the instruments.

Dancing from a Distance: Matthew Stensrud

The final session of the day I attended was presented by Matthew Stensrud and was titled "*Dancing from a Distance*". This session was filled with ideas and suggestions for movement activities that could be used during both in person and remote instruction. I appreciated that Matthew started the session with a Mindful Moment, helping participants to focus and breath.

While all of Matthew's movement activities were excellent, one of my favorite activities was *Barnyard Boogie* (also known as Heel and Toe Polka). In this activity, he began with a story to activate learning and provided participants with the opportunity to contribute their ideas to create movement for the piece. I appreciated the playfulness and the interactive aspect of this lesson.

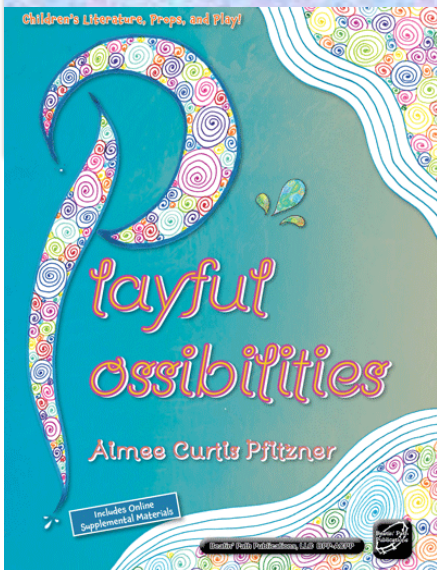
Matthew's process in all activities was excellent and he worked through each piece seamlessly, adding components as he went, all the while keeping play, exploration, and joy at the forefront.

Thank you to both James Jackson and Matthew Stensrud for all their ideas, creativity, and inspiration!

Contributed by Amanda Ciaverelli

RESOURCE REVIEW

Musical books for Blended Learning: Aimee Curtis Pfitzner



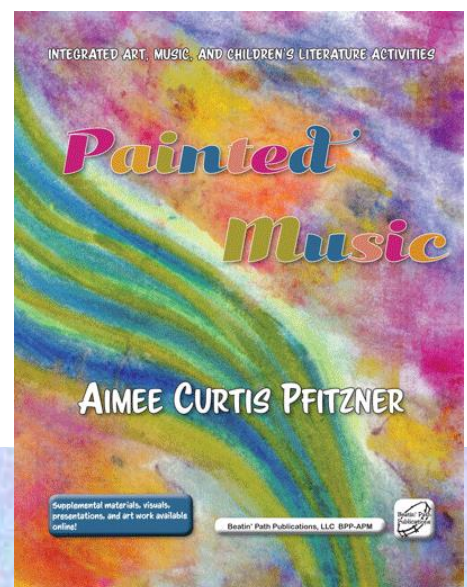
Aimee is a music education veteran of 27 years, with a master’s in music from UNCG and a master’s level in Orff from Memphis. She presents workshops throughout Canada and the US. Since Covid 19 began, she has independently produced numerous online workshops, one of which she shared with us at Tempo.

Aimee presented several literacy-based activities that could be used for both in-class and online teaching. Selections were taken from her books *Playful Possibilities* and *Painted Music*. *Playful Possibilities* includes activities based on the following books: *What Can You Do with A Paleta?*, *The Wide Mouthed Frog*, *The Happy Book*, *The Very Impatient Caterpillar*, *Say Zoop!*, *Oh so Quiet*, *Anjali*, *Let’s Play* and *Crescent Moons and Pointed Minarets*.

Painted Music includes activities for the books *Rabbytiness*, *The Noisy Paint Box*, *Monsters Don’t Eat Broccoli*, *The Day the Crayons Quit*, *Du Iz Tak?*, *I Aint Gonna Paint No More*, *The Squiggle*, *Coppernickel Goes Mondrian*, and *Matthew’s Dream*. Some themes she covered with books included Diversity/The Importance of Names (*The Name Song*, *Anjali*, *The Name Jar*), Emotional Connections (*Rabbytiness*, *The Happy Book*, *Anjali*, *I Aint Gonna Paint No More*, *The Very Impatient Caterpillar*, *Let’s Play!*, *Matthew’s Dream*, *The Day the Crayons Quit*, *The Noisy Paint Box*) with examples for each. The large visual materials were colourful and engaging and were available for attendees to download. Aimee was lively, fun, and informative, as always. The activities are all available to purchase in her books. Aimee left us with great advice for “What to do with a book”:

- Ask, “What do you notice”
- Listen, find inspirational words
- Rhyming words, action words, sound effects
- Images, colours, patterns, textures and contrasts
- Character and object movements to explore
- Create elemental forms using text, characters, or images.

Contributed by Dawn Muir

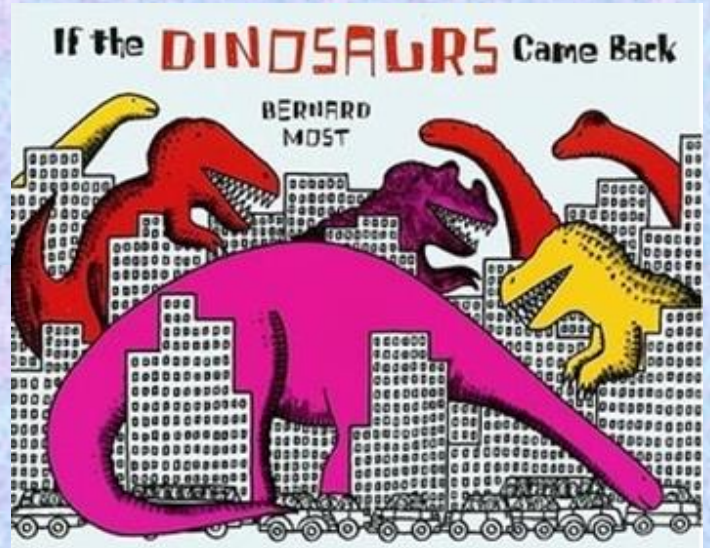


TEMPO REVIEW

Tempo 2020 Justine Payant-Hébert

Dans son atelier Du mouvement, à la flûte, au band! Justine nous a présenté une amorce d'activité pour la flûte à bec ainsi que pour la lecture des hauteurs de notes. Son approche ludique de la mise en contexte des apprentissages nous a apporté marionnettes, costumes, histoires et aventures.

Aussi, elle nous a présenté une chanson en arrangement Orff dans une adaptation française du livre Si les dinosaures revenaient.... Justine nous a partagé sa mise en musique du livre en utilisant la flûte à bec.

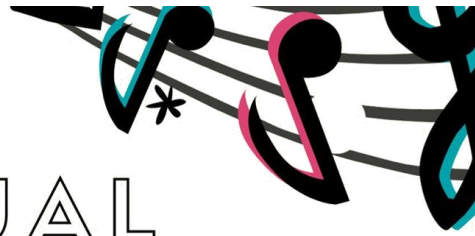


Enfin, j'ai apprécié les ressources en ligne qu'elle nous a partagées tel que le xylophone virtuel.

Contributed by Erica Rothschild



ANNOUNCEMENTS AND UPCOMING EVENTS



VIRTUAL MUSIC CHATS

JOIN THE MB ORFF CHAPTER FOR AN EVENING OF
DISCUSSION AND SHARING OF TEACHING IDEAS



February 4 (English)
Click [here](#) to register

March 4 (English)
March 11 (en français)

MOC "Tuesday Tips"

MOC now has an official YouTube channel! Click [here](#) to find all the helpful Tuesday Tips for music teachers.

Don't forget to SUBSCRIBE!

🎵 Please plan to add your voice at the **Roundtable Café** hosted by COC on **Saturday, January 16th** via Zoom! Click [here](#).

🎵 The Calgary Orff Chapter will be holding a workshop titled "**Ukulele: Joyful Music Making, Thoughtful Context**", featuring Lorelei Batislong on **Saturday, January 23rd**. COC member pricing (which MOC members also receive) is only \$10! Click [here](#).

The Manitoba Orff Chapter is proud to present **Orffantastique! (en français)**, a morning - only workshop featuring Karine Pion on **Saturday, February 27th**. More information and registration will be sent out shortly!

Carl Orff Canada presents a morning workshop on **Saturday, March 20th** titled "**Developing Critical Views for the Music Classroom**". This workshop will be offered free to all COC members. Please mark your calendar and plan to attend!

Save the
Date!

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