

SPOKE Notes

Newsletter of the Cyclonauts Bicycle Club, Springfield, MA

THE PRESIDENT'S CORNER



***Thank you** to all those who volunteered to lead rides this season.*

*As a reminder to all rider and hike leaders, please have all participants provide their **emergency contact**. This is for all members and non-members. There is no official club emergency contact list, it is up to each leader to collect this information prior to starting the activity. If you are leading multiple rides/hikes you may reuse your list and add onto it. The Cyclonauts website has a waiver form to use for non-members. Please ensure that non-members fill this out prior to joining us in an activity.*

*I hope to see everyone at our **annual picnic on August 22!** Rain date August 23...*

James DeSellier
President



Summer Picnic

WHEN

Saturday, August 22, 2026

@ 3:30

Families are
welcome

WHERE

@ Barbara and Jim Lemanski,
23 Carriage Rd, Chicopee, MA

Rain
date
8/23

WHAT TO BRING

- lawn chairs, a dish to share, eating utensils (plate and flatware) and your favorite beverage AND
- **Bring bathing suits** and towels as they have an above ground swimming pool.

The club will provide hamburgers, veggie burgers, hot dogs, buns, and condiments.



Please RSVP Janet at janetparslow5@gmail.com
by August 13 so as to guide our purchasing of club
supplied foods.

Annual Meeting Minutes on April 19, 2026

Kaptain's Jimmy's – April 19, 2026 @ 1:00 PM Annual Banquet Meeting Minutes

Call to Order/Attendance – The Annual Banquet meeting was called to order by President James DeSellier at 3:38pm. Executive board members present were James DeSellier, president; Janet Parslow, Membership and Treasurer; Cindy DeSellier, Secretary; Tom Copp, Hike Chair; Diane Goguen and Susan Strange, Members-At-Large.

Welcome – James

Members Lost – James
Names of members who have passed this previous year were raised: John Marcil, Ray Leduc, and Joanne Nadolny.

Membership and Finance – Janet
Membership: Renewals to date – 25 family (52 people), 31 single, and 8 lifetime memberships were reported for a total of 91 members. Three previous members declined to renew.

Financial: The club has \$849.77 to date.

Discussion: The cost for the banquet is around \$200, LAB is \$600, and Go Daddy is \$600. There were 21 club members in attendance at the banquet as well as two guests for a total of 23 attendees.

Election Results – Susan

All positions had one candidate and were voted in.

2026-2027 Slate of Officers

President: James DeSellier

Secretary: Cindy DeSellier

Membership and Treasurer: Janet Parslow

Spokenotes Editor: Donna Katz

Ride Chair: Betty Siwinski

Hike Chair: Tom Copp

Web Master: Betty Siwinski

Members-At-Large: Diane Goguen, Ray Siwinski, and Susan Strange

Host for the Club Picnic

Anne Morin volunteered to host the club picnic at her daughter's house located at 23 Carriage Drive, Chicopee, MA 01020.

New Business

Emergency Contact List

It was suggested that the club emergency contact list be updated for leaders. Non-members need to sign a waiver every time they join a club activity.

Adjourn – A motion was made and seconded to adjourn at 3:47pm. Motion passed.

Respectfully submitted,
Cindy DeSellier
Cyclonauts Club Secretary

EDITOR'S REST STOP



Hi everyone,

Just a reminder: If you wish to contribute, please don't hesitate to submit information you think will be helpful or of interest to the other club members. Send letters to the Editor, or feedback to me at donna.katz56@gmail.com regarding how SpokeNotes can be more interesting or useful to our members.

LETTERS TO THE EDITOR:

This is a place for club members to share their ideas and opinions with respect to all aspects of cycling and our club. Please limit letters to less than 200 words.

Below is a sample of community rides in the region. To find out more about the events below click on the title of the event. Go to the [MassBike](http://www.massbike.org) website regularly to research more events in the region. New events are updated frequently.

July 19: Ride for Peace, Worcester, MA

https://www.massbike.org/emmamassbike/ride_for_peace

Aug 16: Blazing saddles Century Ride, Byfield, MA

https://www.massbike.org/klee/blazing_saddles_century_ride

Sept 7: COVAC Century Ride <https://covacride.org/>

Sept 7: Twin Lights Ride, New Jersey (sponsored by NY Bike)

<https://www.bike.nyc/events/twin-lights-ride/>

Sept 21: Will Bike 4 Food

https://www.massbike.org/37934/food_bank_of_western_massachusetts_15th_annual_will_bike_4_food

THE WEBMASTER'S CORNER

I hope that everyone is looking forward to a great summer riding season. Just a reminder that requests for ride changes or cancellations should be emailed to spfldcyclonauts@gmail.com and not to me. Requests for a ride cancellation notice to be sent must be received, preferably by the night before, or at least by 6:00 AM the morning of the ride, so that we can be sure to get the note out no later than 7:00 AM. If members are not certain whether the ride is on, they should contact the leader. The weather at the ride location is not always the same as where members may live.

Pictures should also be sent to spfldcyclonauts@gmail.com but may also be texted to me at (413) 427-6095 if it is easier. Please include a brief description of the ride (date, location, number of participants, etc.).

Thank you and looking forward to seeing you on a ride.

Betty Siwinski
Webmaster

