

SPOKE Notes

Newsletter of the Cyclonauts Bicycle Club, Springfield, MA

THE PRESIDENT'S CORNER



***Thank you** to all those who volunteered to lead rides this year and to everyone who attended the annual picnic/business meeting. Please consider leading a hike this season, even if you haven't led a hike before. I look forward to seeing everyone on the trails this fall.*



As always, we would like to increase membership, so please talk about what you like about the club with your friends, family, co-workers, and everyone you meet. If you have any ideas on how to increase the membership, please let me know.



James DeSellier
President



EDITOR'S REST STOP



Hi everyone,

Just a reminder: If you wish to contribute, please don't hesitate to submit information you think will be helpful or of interest to the other club members. Send letters to the Editor, or feedback to me at donna.katz56@gmail.com regarding how SpokeNotes can be more interesting or useful to our members.

LETTERS TO THE EDITOR:

This is a place for club members to share their ideas and opinions with respect to all aspects of cycling and our club. Please limit letters to less than 200 words.

Below are samples of community rides in our region. To find out more about each event click on the website associated with the ride. Go to the MassBike website (www.massbike.org) regularly to discover more events in the region.

Sept 7: **COVAC Century Ride** <https://covacride.org/>

Sept 7: **Twin Lights Ride**, New Jersey (sponsored by NY Bike)
<https://www.bike.nyc/events/twin-lights-ride/>

Sept 21: **Will Bike 4 Food**
https://www.massbike.org/37934/food_bank_of_western_massachusetts_15th_annual_will_bike_4_food

Sept 27: **Golden Gears** - A bikeshare education and activation program for adults aged 50+ made possible by generous support from AARP.
<https://www.mass.gov/info-details/golden-gears#what-were-doing>

Oct 3: **PMC Unpaved 2026**
https://www.massbike.org/panmasschallenge/pmc_unpaved_2026

Oct 4: **King's Tour of the Quabbin**
https://www.massbike.org/ltolman/king_s_tour_of_the_quabbin_aaifcw8ji_xej8tvmw_rjnw

THE WEBMASTER'S CORNER

Now that the autumn cycling season is here, while we expect many beautiful cycling days, there are also sure to be rain threatened days and cooler temperatures. **Rather than simply canceling rides**, you may want to consider other options. In some cases, delaying the ride to a later time may allow the skies to clear or temperatures to warm. **The other option**, which works only for Wednesdays, is to postpone the ride to Thursday if the leader is able and willing to do that. I can just as easily send notes out for postponements as for cancellations.

I want to thank all of you for continuing to take and send pictures. Please continue taking pictures and sending them to spfldcyclonauts@gmail.com or text to me at (413) 427-6095 if it is easier. *Please include a brief description of the ride (date, location, number of participants, etc.).*

Betty Siwinski
Webmaster

