

SPOKE

Notes

Newsletter of the Cyclonauts Bicycle Club, Springfield, MA

THE PRESIDENT'S CORNER

Thank you to all those who volunteered to lead hikes this past hiking season. I enjoyed seeing everyone on the trails. I would also like to *thank* those who signed up to lead rides this spring. I encourage everyone to consider leading a ride in the future; even if you haven't led a ride before.

The **Cyclonauts Annual Banquet** will be held at Kaptain Jimmy's (916 Suffield St, Agawam, MA) on Sunday, April 19th, at 1 pm for a social hour and 2 pm for the dinner. Please RSVP to Janet Parslow, at janetparslow5@gmail.com by April 10th with the number of people attending.

James DeSellier
President

CYCLONAUTS 2026 ANNUAL BANQUET

WHERE ↴



916 Suffield, St. Agawam, MA (413) 789-2222

WHEN: Sunday, April 19, 2026

WHAT TIME: 1:00 PM Social Hour
2:00 PM Dinner

**Everyone orders off the menu –
Individual checks!!**

RSVP: Email Janet Parslow at janetparslow5@gmail.com by **April 10th** if you plan to attend.

WELCOME TO KAPTAIN JIMMY'S

We're an independent bar-restaurant located in the town of Agawam . We're proud to be the favorite for locals to meet friends for a pint or for a fresh seafood . We serve 55 local beers , hand-made burgers and delicious milkshakes year-round. Come see us today!"AAARR...



Reminder

**DON'T FORGET TO VOTE
FOR CYCLONAUTS**

Executive Board members

by April 10 because the election results will be announced at the Banquet on April 19.

Voting occurs online via an email that was sent by Sue Strange. If you missed it, send an email to spfldcyclonauts@gmail.com to the attention of Sue Strange.

**Also, don't forget that for family memberships,
all adult members should vote.**



EDITOR'S REST STOP



Hi everyone,

LETTERS TO THE EDITOR: If you wish to contribute, please don't hesitate to submit information you think will be helpful or of interest to club members. Send letters to the Editor, or feedback to me at donna.katz56@gmail.com regarding how SpokeNotes can be more interesting or useful to our members.

ANNOUNCEMENT: *Website Links* will no longer be embedded in the SpokesNotes newsletter. Instead, they are located below each page of the newsletter.

FUN BIKING EVENTS ON THE HORIZON

- **BIKE NEW YORK** : for rides see the *BikeNY Link Below*
 - May 3: Five Boro Ride
 - Fall 2026: Hudson Valley Ride
- September 13: **COVAC**, Connecticut Valley Century see *COVAC Link Below*
- September 20: **Will Bike 4 Food** – Western Mass Food Bank see *Will Bike 4 Food Link Below*

For an updated list of current bicycling rides and events, go to the MassBike website in the *Link Below*

INTERESTING WEBSITE: Cycling New England - website has an expansive listing of bike routes, trails and paths throughout the 6 NE states and New York. Looks like a wealth of info for all things / places re: bicycling. CHECK IT OUT!!

See *Bike NewEngland website Link Below*

THE WEBMASTER'S CORNER

The 2026 Spring ride season promises to be one of the best thanks to all of our volunteer ride leaders. The following guidelines will help us all enjoy it.

All requests for ride changes or cancellations should be emailed to spfldcyclonauts@gmail.com not to me, because when I am traveling someone else will be monitoring the Club's email. Requests for a ride cancellation notice to be sent must be received, preferably by the night before, or at least by 6:00 AM the morning of the ride, so that we can be sure to get the note out no later than 7:00 AM. If members are not certain whether the ride is on, they should contact the leader. The weather at the ride location is not always the same as where members may live.

Pictures should also be sent to spfldcyclonauts@gmail.com but may also be texted to me at (413) 427-6095 if it is easier. Please include a brief description of the ride (date, location, number of participants, etc.).

Thank you and looking forward to seeing you on a ride.

Betty Siwinski
Webmaster

