



That Our Wounds Might Be Quickly Healed

ANN M. GARRIDO

Some years ago, I took a crash course in chaplaincy. Chaplains are often called on to accompany people through life's gloomier seasons—be it in a hospital, in a nursing home, in prison, or following a disaster. As you might imagine, our training involved sessions on how to best alleviate the isolation and despair many people experience in these places and situations. Pray with people? Invite them outside into nature? Make sure physical discomfort is mitigated? All of these are good practices, my chaplain supervisor emphasized, but research indicates that the quickest way to lift the heaviness many feel is to get them involved in alleviating the suffering of others.

I suspect neither Isaiah nor Jesus would have been surprised by this research. In today's first reading, Isaiah says that if we feed the hungry and give shelter to the homeless, if we clothe the naked and care for our family members in need, we will know what it means to have light in the midst of darkness, and our gloom will melt away as if under the noonday sun. Similarly, Jesus describes our good deeds as being like light, meant to be shared generously with others.

In recent years, we have seen an uptick in depression and anxiety, even among the young. We can be tempted to focus more inwardly on our own lives, our own griefs and shortcomings. Self-awareness is certainly a good trait to have! But, perhaps counterintuitively, today's readings remind us that our "wounds shall quickly be healed" more readily when we focus on the needs of others. ●



LEARN ABOUT
THE AUTHORS
OF OUR PARISH
COMMUNITY

Reflect

Why does helping another lift our own spirits?



**"Your light shall break
forth like the dawn,
and your wound shall
quickly be healed."**

ISAIAH 58:8

**ST. MICHAEL THE ARCHANGEL
CATHOLIC CHURCH**

Hwy 62/412 & 49 Tekakwitha Dr.
Cherokee Village, Arkansas 72529

CONTACT INFORMATION

Parish Office Diocese of Little Rock
257-2850 www.dolr.org
Mon, Tue, Thur, Fri, 9:30 – 2:30 Closed Wednesdays
Mailing Address Arkansas Catholic Newspaper
P.O. Box 970 www.arkansascatholic.org
Cherokee Village, AR 72525
Rectory: (870) 257-4456 St. Michael's CASA #7215
St. Michael's Email: stmichaelsoffice22@yahoo.com
St. Michael's Website: <http://stmichaelscvatholicchurch.org>

PARISH STAFF

Pastor: Fr. Amal Raju Lourduwamy Punganoor
Parish Secretary: Rhonda Bystry
Office Email: stmichaelsoffice22@yahoo.com
Bookkeeper: Rose Brandenburg
Email: stmichaelcv@yahoo.com

Holy Mass Schedule: May God Bless You

Holy Mass 9:00 a.m.: Sunday, Monday, Thursday, Friday & 1st Saturday
Evening Holy Mass 6:00 p.m.: Wednesday
Vigil Holy Mass 4:00 pm.: Saturday
Confession 3:00 p.m.: 3:45 p.m. Saturday, 1st Friday & 1st Saturday of the month after 9 a.m. Holy Mass or by Appointment.
30 minutes prior to every Holy Mass, we pray the Holy Rosary
For more information, please contact the Church Office.

Sacraments

ENCOUNTERS WITH THE RISEN CHRIST !

The Sacrament of reconciliation is offered on First Friday and First Saturday after the 9 am Mass, Saturdays at 3 pm, and most any reasonable time by appointment. Your identity need not be known; your anonymity is respected.

The Sacrament of the Anointing of the Sick is strongly encouraged by those seriously ill, the elderly, or those facing surgery. This sacrament of Our Lord's healing & comfort is usually available on the last weekend each month after every Mass, or by appointment.

The Sacrament of Marriage is a wonderful commitment to life and love, and the Church welcomes those who are called to this noble vocation. Christian marriage involves a couple's serious deliberation, prayer, and planning. The diocesan policy requires all engaged couples to contact the pastor at least 6 months before setting any wedding date.

The Sacrament of Baptism presupposes sufficient instruction according to the age of the candidate, and a desire to practice the faith. Expectant parents are encouraged to ask the Pastor for the Church's blessing for a safe and healthy delivery. Call the Church Office to schedule instruction and the service.

PARISH MINISTRIES

(Area code is 870 unless otherwise noted)

Adoration Chapel Coordinators
Rose Brandenburg (10 a.m. -4 p.m.) 847-5018
Anne Kootz (4 p.m. - 9 p.m.) 847-1985
Altar Society
Rose Brandenburg Financial Secretary 257-2850
B-I-N-G-O
Isabelle Wiest 994-2243
Columbarium Committee
Jim Wege (Kevin Templet, Kevin Langellier) 847-3396
Holy Family Cemetery
Bernie Brandenburg 994-2744
Knights of Columbus
Buddy Kootz (Grand Knight) 847-0264
Compassion Ministry
Pat Such 847-7224
Liturgical Ministries
Altar Servers - Buddy Kootz 847-0264
Eucharistic Ministers
Parish Secretary 257-2850
Communion to Nursing Homes
Nancy Paluck 421-9383
Communion to Sick & Homebound
Maureen Matselboba (941) 356-0333
Lectors
Teri Taylor 847-2112
Music Director
Rose Brandenburg 847-5018
Sacristans
Matt Winston 257-2857
Ushers
Joann Helfert 920-344-0365
Finance Council Committee
Michael Gagne (FC-Chair) (PC) 751-3419
Bernie Brandenburg (FC) 994-2744
Rhonda Bystry (FC) 994-2177
Maureen Fortuna (FC) 966-3367
Parish Council Committee
Buddy Kootz (PC-Chair) 847-0264
Rose Brandenburg (PC) 847-5018
Alison Munroe (PC) 847-7707
Joyce Speir (PC) 266-3586
Lori Templet (PC) 856-2261
Isabelle Wiest (PC) 994-2243
Prayer Chain
Kathy Gagne 751-3420
pray4me70@att.net
Religious Education C.C.D
Lori Templet 856-2261
ltemplet2507@yahoo.com
St. Vincent de Paul Society
Nancy Paluck 421-9383
Help Line 257-3448
Altar Flower Decorator
Pam MacAulay 847-6742

NEW PARISHIONERS

Welcome to St. Michael's! We're glad you're here. Please introduce yourself to Fr. Amal, and register by completing a registration form, then kindly return it to the Church Office. Get involved! Volunteer! Let us share with each other our God-given talents, love, and service to our neighbors. R.C.I.A. Adult Education.

 *Mass Intentions*

Saturday/ February 7th –

First Saturday- confessions after Mass

9 a.m. Holy Mass : Garry Raikes family
by: People of the Parish

4 p.m. Vigil Mass : Bingo Committee
by: People of the Parish

2nd Collection – Maintenance Fund

Sunday/ February 8th – Fifth Sunday in Ordinary Time

9 a.m. Holy Mass : Brad Fortuna †
by : Maureen Fortuna

2nd collection – Maintenance Fund

****Knights Big Breakfast after Holy Mass**

Monday/ February 9th –

9 a.m. Holy Mass : Natasha Mills
by: Patrick and Linda O'Donnell

Tuesday/ February 10th – St. Scholastica, Virgin

No Holy Mass :

Wednesday / February 11th –Our Lady of Lourdes

6 p.m. Holy Mass : St. Michael's Volunteers
by: People of the Parish

Thursday / February 12th –

9 a.m. Holy Mass: Shirley Heuser †
by: John Heuser

Bingo at 6 pm doors open at 5 pm

Friday/ February 13th –

9 a.m. Holy Mass : Sarah Nolan
by: Patrick and Linda O'Donnell

Saturday/ February 14th – St. Cyril, Monk

4 p.m. Vigil Mass : Betty Klassen †
by: Buddy and Anne Kootz

2nd Collection – Catholic Church in Central and Eastern Europe

Sunday/ February 15th – in Ordinary Time

9 a.m. Holy Mass : Brad Fortuna †
by : Maureen Fortuna

2nd collection – Catholic Church in Central and Eastern Europe

****Knights Big Breakfast Sunday Feb. 8th after Holy Mass**

* BINGO is every Thursday at 6 pm with doors opening at 5 pm. Also: every 1st Sunday of the month at 1 pm with doors opening at noon. *Knights of Columbus manage the food concessions at the Bingo.

**Special Minister to the Sick /Eucharistic Ministers – please check the date on your cards- some may have expired. I will be requesting new cards sometime this month. So I can request all at one time. Thank you.

Thought
for the week

5th Sunday - O. Time

"So your light must shine before others, that they may see your good works and glorify your Father in heaven."

— Matthew 5:16

**Be Salt:
Preserve the World
from Decay.**

**Be Light:
To Lead others to God**

**Blessed
Sunday**



**God
Bless
You
All**

 Wishing you a Blessed Week 



Collection Report

January 24th and 25th, 2026

Main collection : \$ 396.00

Black and Indian Mission Office : \$ 196.00

January 31st and February 1st, 2026

Main collection : \$2338.00

Liability and Property Insurance : \$1514.00

Many thanks to you for your sacrificial giving!

Could you Not watch one hour with me ?



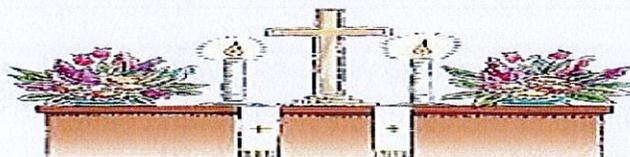
ADORATION CHAPEL SIGN-UP

Available Adoration .

No hours available at this time

Rose, (870) 847-5018, or

Anne, (870) 847-19859



God Bless the Donors and their Intentions

Altar Flowers this week are generously provided by:

Joe Waggoner In honor of his wife

Doris Waggoner's birthday.

Tabernacle Roses this week are generously provided

by: Maureen Fortuna and family in memory of

Brad Fortuna.



Knights of Columbus BIG Breakfast

Please join our Knights for breakfast after the 9 am Holy Mass on Sunday Feb.8, 2026. (the event is always the 2nd Sunday of each month.) They all put a lot of work into the cooking and cleanup for us. Our Knights help us and the church with many expenses and upkeep on maintenance repairs here at St. Michael's. Please join them in the parish hall. Tickets are available at the door.

Thank You – Knights, for all you do for us !!

Our Heartfelt Condolences

To **Samantha and Aric Eichhorn and family**, on the death of her mother, Fran Shepard, who lived in Stilwell, Oklahoma. She passed on Tuesday February 3, 2026. Prayers for you and your loved ones.

May her soul rest in peace.

CASA

Our annual Catholic Arkansas Sharing Appeal begins today, **CASA** is how our parish supports the work of the Lord in our diocese. **Our parish goal is \$14,900.00.** We help to fund ministries and services that reach parishes, schools, and communities across Arkansas. Please complete your CASA envelope and return it as soon as possible. Thank you for generously supporting the work of our Church in Arkansas.

Adoration Chapel

If you would like to sign up for an hour with the Lord, please contact Rose or Anne, even though all hours are full at this time, you may come or sign up to be 2nd person during an hour. This will help cover in the event someone can't make their time.

*******Lenton and Holy Week Schedules are available in the vestibule if you didn't save yours from the bulletin last week. *****

Thank you to all of our volunteers and their families, for all you do here at St. Michael's and in our community.

Fr. Daniel Brandenburg, Bernie Brandenburg, Robert Butner, Nell Kihm, Mary Welch, Jack Heuser, Crystal Hawkins, Joyce Speir, Michael Gagne, Isabelle Wiest, Michael & Martha DeCoster, Larry Allen, Steve Allen, JoAnn Colwell, Georgia Harris, Dan Such, Dawn Logan, Mary Lee, Jim Whorl, Sister Joy Wege, Tim and Betty Eash, Jimmy White, Joan Schulz, Gail Demarest, Nico Woode, Pat Kimball, Marcella Birckhead, Michael Reddick, Gerald and Carol Metty, Darren Bates, Maryann Barber, Martin and Amy Moriarty, Maria Gerrah, Colleen Royal, Cecilia Cefalu, Darrell and Elizabeth Beason, Doug and Tammy Wortham. Nursing Home: Ruth Klinge, Chuck Wolff and KayLynn Rodenbeck

We wish you many blessings on your Birthday!

- 🍰 February 9th – Jeonilla VanHouten
- 🍰 February 11th – Martin Moriarty
- 🍰 February 12th – Rebecca Burkhammer
- 🍰 February 13th – Andon Templet
- 🍰 February 15th – Mary Nguyen Truong



We wish you many blessings on your Anniversary!

- 💕 February 8th – Larry and Laura Allen
67 years

If we miss your birthday or anniversary please contact the church office. It is possible you didn't give us all the information when you registered with the church or our records need to be updated.

Holy Family Catholic Cemetery
Burial Plots
Contact: Bernie Brandenburg

St. Michael's Columbarium
Payment Plans Available
Contact: Jim Wege

 St. Michael's Parish Hall
Thursday 6 p.m.
Doors Open at 5 p.m.
1st Sunday of the month
1 p.m. Doors Open at 12 p.m.

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 **KNIGHTS
OF COLUMBUS**
CHARITY, UNITY,
FRATERNITY
St. John Neumann Council 6969
Grand Knight Buddy Kootz (870) 847-0264
Social and Potluck Meeting
2nd Monday of the month
Rosary 5:30 p.m. Meeting 6 p.m.
Officers Meeting
Last Monday of the month
Rosary 5:30 p.m. Meeting 6 p.m.
Fourth Degree
Patriotic Degree of the order
FN Michael Gagne (870)751-3419
Quarterly Business Meeting
2nd Saturday of the month

 **new beginnings**
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PREGANACY HELP CENTER
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1438 HWY 62/412
Highland, AR. 72542
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After Hours Hotline
1-800-712-HELP (4357)
TXT Helpline to 313131
Monday — Thursday open
10 a.m. — 5 p.m.
Closed Friday, Saturday, Sunday

 **Masters Bouquet**
Flower Shop and Christmas Book Store
(870) 856-5659
1524 Hwy 62/412
Highland, AR 72542

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195 Hospital Drive
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<https://stmaryshsb.org>
Confessions after every Mass
Adoration after Friday Mass

churchoffice@stmaryshsb.org
Horseshoe Bend AR.72512
(870) 670-5896

Dear Padre,

Are the readings at the beginning of Mass equal to the celebration of the Eucharist?

The Mass is celebrated in two major parts: the **Liturgy of the Word** and the **Liturgy of the Eucharist**. These parts complement each other in a balance of word and sacrament. In his 2004 apostolic letter *Mane Nobiscum Domine* (Stay With Us Lord), Pope St. John Paul II described these complementary elements. Using the story of the two disciples on the road to Emmaus on the night of Easter Sunday, the Pope likened the two parts of the revised liturgy to these disciples' journey. First, Christ breaks open the word for them, preparing their hearts with an interpretation of the Scriptures. Then, they recognize Christ as they break bread.

The Liturgy of the Word, proclaimed and preached well, allows time for silence and reflection on the wisdom offered. It becomes the necessary overture for the celebration of thanks and praise and the gift of the sign and sacrament to follow. Parishes are called to take the Liturgy of the Word most seriously and to bring it to a new level of proclamation. Pope St. John Paul II admonished all involved, but especially preachers, to cherish the word and preach it so the depths of the mysteries celebrated may be recognized and received into the burning hearts of Christians. In this context, the Scripture readings are given a prominence they didn't have in the older Roman rite. ●

From *The Eucharist: 50 Questions from the Pews* by Fr. Richard Fragomeni, PhD (816994), © 2009 Liguori Publications



A WORD FROM POPE LEO XIV

In a divided and troubled world, the Holy Spirit teaches us to walk together in unity. The earth will rest, justice will prevail, the poor will rejoice, and peace will return once we no longer act as predators but as pilgrims. No longer each of us for ourselves but walking alongside one another. Not greedily exploiting this world but cultivating it and protecting it.

HOMILY, ROME, JUNE 7, 2025



Do you have a question for the Padre?

Go to DearPadre.org to send your question and to learn more about *Dear Padre*.

Monday

February 9
Weekday
1 Kgs 8:1-7, 9-13
Mk 6:53-56

Tuesday

February 10
St. Scholastica, Virgin
1 Kgs 8:22-23,
27-30
Mk 7:1-13

Wednesday

February 11
Weekday
1 Kgs 10:1-10
Mk 7:14-23

Thursday

February 12
Weekday
1 Kgs 11:4-13
Mk 7:24-30

Friday

February 13
Weekday
1 Kgs 11:29-32;
12:19
Mk 7:31-37

Saturday

February 14
Sts. Cyril, Monk, and
Methodius, Bishop
1 Kgs 12:26-32;
13:33-34
Mk 8:1-10

Sunday

February 15
Sixth Sunday in
Ordinary Time
Sir 15:15-20
1 Cor 2:6-10
Mt 5:17-37
or 5:20-22a, 27-28,
33-34a, 37