

Coronavirus Disease 2019 (COVID-19)

COVID-19 is a new virus that causes respiratory illness in people and can spread from person-to-person.

PREVENTION

There are simple everyday actions to help prevent the spread of respiratory viruses. These include;

- Wash your hands often with soap and water for at least 20 seconds.
- Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.
- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.



SYMPTOMS

Patients with COVID-19 have reportedly had mild to severe respiratory illness with symptoms of: cough, fever, and shortness of breath.



TRANSMISSION

If you are sick, you should stay home and call your healthcare provider.



For more information visit: sanantonio.gov/COVID19



CITY OF SAN ANTONIO
METROPOLITAN HEALTH DISTRICT

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