



RESTAURANT | BAKERY | CREAMERY

45 Greenmanville Avenue
Mystic, Connecticut 06355
(860) 245-5236

AnchorMystic.com

8am – 5pm Daily

VEGAN OPTIONS

SANDWICHES & WRAPS

- Dory:** Black Bean Burger, Tomato, Onion, Lettuce, Salsa, Brioche... \$14.9
- Baja Wrap:** Black Bean Burger, Tomato, Red Onion, Lettuce, Salsa, Tomato Wrap \$14.9

VEGAN SALAD

- Baja Salad:** Black Bean Burger, Spring Mix, Cucumber, Chopped Tomato, Sliced Red Onions, Walnuts, Apple, Salsa... \$17.9

Vegan options are made with 100% Vegan certified plant-based products.

FROM OUR BAKERY

FRESH BAKED

- Colossal Gourmet Muffins... \$3.75
- Assorted Scones, Croissants... \$3.75
- Crumb Cake, Cookies, Brownies \$4.5
- Cinnamon Buns & Breads... \$2.9
- Bagels (add \$.90 Cream Cheese) \$4.0
- Turnovers (Assorted) \$7.5
- Cheesecake or Carrot Cake \$4.5
- Gluten Free Brownie

ARTISAN FLAT-BREADS

ANCHOR SPECIALTIES

- Capt. Cheese:** Anchor Flat-bread, Pizza sauce, Mozzarella Cheese... \$14.9
- Portuguese:** Anchor Flat-bread, Pizza sauce, Portuguese Chourico, Peppers, Onions, Mozzarella Cheese... \$18.9
- Piggy Pie:** Anchor Flat-bread, BBQ Pork, BBQ Sauce, Mozzarella Cheese... \$18.9
- Aloha:** Anchor Flat-bread, Pizza sauce, Virginia Ham, Pineapple, Mozzarella... \$18.9
- Capt. Pepper:** Anchor Flat-bread, Pizza sauce, Pepperoni, Mozzarella Cheese... \$18.9

Add: Italian Grilled Chicken, Sausage, or Meatball \$4

ANCHOR SPECIALTIES



- New England Clam Chowder:** \$8.5
- Captain's Choice:** Soup of the Day. \$8.5

SALADS



MADE FRESH

- Anchor Salad:** Spring Mix, Onions Cucumber, Tomato, Apple, Walnuts, Strawberry, Apple, Cranberry... \$12.95
- Caesar:** Romaine Lettuce, Caesar Dressing Croutons, Parmesan... \$11.95
- Add:** Italian Grilled Chicken, Tuna Salad, or Chicken Salad... \$7

BREAKFAST

SANDWICHES (DOUBLE EGG)



- Seafarer:** Egg & American Cheese, Kaiser Roll... \$5.95
- Conrad:** Egg, Roasted Tomato, Basil, Provolone, Kaiser Roll... \$6.45
- Sailor:** Egg, Taylor Ham, American Cheese, Kaiser Roll... \$6.95
- Go West:** Egg, Green Pepper, Onions, Taylor Ham, Kaiser Roll... \$6.95
- Admiral:** Egg, Sausage, Cheddar Cheese, Kaiser Roll \$6.95
- SS Sausage:** Egg, Smoked Sausage, American, Biscuit \$5.95

BREAKFAST

PLATES (DOUBLE EGG)



- Scramble:** Scrambled Egg w/ American Cheese, Sausage, Potato Patty, Country White Toast... \$12.95
- French Toast:** Anchor French Toast, Hickory Smoked Sausage... \$8.95
- Sausage Biscuits:** Biscuits with Sausage Gravy... \$8.95
- Chicken & Waffles:** Belgian Waffles with Creamed Chicken and Gravy... \$12.95

LUNCH SANDWICHES



COOKED TO ORDER (HOT)

- Mystic Piggy:** BBQ Pulled Pork, Coleslaw, Toasted Brioche... \$13.9
- Railway:** Grilled Ham, Provolone, Brown Mustard, Toasted Brioche... \$13.9
- BLT:** Turkey Bacon, Lettuce, Tomato, Mayonnaise on Country White... \$10.9
- Mayflower:** Roasted Turkey, Green Apple, Brown Mustard, Cheddar Cheese... \$12.9
- Cannonball:** Meatballs, Tomato Sauce, Provolone Cheese on Brioche Roll... \$12.9
- Fisherman:** Haddock, Lightly Breaded, Lettuce, Citrus Butter, Toasted Brioche Roll \$14.9
- Lobster Roll:** Slow Cooked Lobster Meat, Citrus Butter on a Toasted Brioche Roll... \$26



Please inform us if you have a food allergy. Thoroughly cooking meats, poultry, seafood, shellfish, or eggs reduces the risk of food-borne illness.

SANDWICHES

MADE TO ORDER (COLD)



First Mate: Homemade Chicken Salad, Cranberry, Walnuts, Lettuce, Tomato Toasted Brioche...	\$13.9
Watchman: Sliced Ham, Provolone, Lettuce, Tomato, Brioche Roll...	\$11.9
Tuna: Tuna Salad, Lettuce, Tomato, Brioche Roll	\$11.9
Lobster Roll: Lobster Salad, Lettuce, Brioche Roll	\$26

**All sandwiches served with potato chips and a Pickle!*

LUNCH SANDWICHES

WRAPS (COLD)



Deck Boss: Homemade Cranberry-Walnut Chicken Salad, Lettuce, Tomato, Tomato Wrap...	\$13.9
Box Car: Sliced Ham, Turkey, Provolone, Lettuce, Tomato, Onion, Brown Mustard, Tomato Wrap...	\$12.9
Tuna: Tuna Salad, Lettuce, Tomato, Tomato Wrap...	\$11.9
Chicken Caesar Salad: Homemade Chicken Caesar Salad, Tomato Wrap	\$15.9
Lobster Roll: Lobster Salad, Lettuce, Tomato Wrap...	\$26

LITTLE SAILORS

SANDWICHES | FLAT-BREAD

The Thomas: Peanut Butter & Jelly on Country White Bread	\$7.9
Grilled Cheese: American Cheese, Country White Bread	\$7.9
Little Anchor: Anchor Mini Flat-bread, Pizza sauce, Mozzarella Cheese...	\$9.9

SPECIALTY BEVERAGES

HOT BEVERAGES

SML. | LRG.

Gourmet Coffee	\$2.85 3.85
Hot Tea	\$2.75 3.75
Hot Latte	\$3.85 4.85
Cappuccino	\$3.85 4.85
Espresso (Double Shot)	\$3.5
Hot Chocolate (Steamed Milk)	\$3.25 4.25

COLD BEVERAGES

SML. | LRG.

Iced Gourmet Coffee	\$2.85 3.85
Iced Tea	\$2.85 3.85
Iced Latte	\$3.85 4.85
Lemonade (Made Fresh)	\$3.49 4.49
Captain Dave (Tea/Lemonade)	\$3.49 4.49
Famous RI Coffee Milk	\$3 \$4
Flavor Shots: Caramel, Vanilla, Hazelnut, Raspberry, Chocolate	\$.50



ICE CREAM

CREAMERY BEVERAGES



Coffee Shake...	\$8.95
Strawberry Shake...	\$8.95
Double Chocolate Chip Shake...	\$8.95
Cookies & Cream (Lactaid)...	\$8.95
Vanilla Oreo Crunch Shake...	\$8.95
Barq's Root-beer Float...	\$8.85

ICE CREAM CONES | CUPS

SML. | LRG.

Children's Cup (Single Scoop)	\$3.75
Sugar Cone...	\$5.75 7.50
Cake Cone...	\$5.75 7.50
Waffle Cone...	\$6.75 8.50
Cups...	\$5.75 7.50
Rainbow, Chocolate Sprinkles...	\$.25

ICE CREAM SUNDAES

SML. | LRG.

Eight Premium Flavors	\$7.95 9.65
Includes: Ghirardelli Hot Chocolate, Whipped Cream, Crushed Walnuts, Cherry	
Add Toppings: Pineapple, Caramel, Strawberry, Blueberry	\$.50

ICE CREAM SANDWICH

Oreo Ice Cream Sandwich:	\$7.95
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BANANA SPLIT

(3) Scoops, Banana, Whipped Cream, Walnuts, Hot fudge	\$10.95
Choose (2): Caramel, Blueberry, Strawberry, or Pineapple	

WEEKLY SPECIALS

MONDAY – FRIDAY Afternoon Boost (After 3pm)

\$3.00 Flavored Large Latte

MONDAY – FRIDAY The Art of Flatbread

Buy (2) Artisan Flat-breads
Get a Free Small Cheese!

SUNDAY

Flatbread Sundays (1 – 4:30pm)

Buy (1) Flatbread, Get (1) 50% Off

BREAKFAST • Served All Day!
LUNCH • Served 11:30am – 5:00pm