

Pre & Post Care

LASER TATTOO REMOVAL

the refinery
Excellence in Permanent Makeup & Laser

GOOD TO KNOW.

There are many factors which can affect the results of successful treatments and complete removal is not always achievable. Removal of pigment can never be guaranteed due to the individual's health and skin response.

- Amateur or professional tattoo - Amateur tattoos are easier to remove as usually they are not as deep as professional tattoos and the ink is more sparsely applied. Amateur tattoos are usually only as single colour (black or blue), whereas many professional tattoos are multi-coloured.
- Type of ink used - The pigment divided into plant pigment, mixture pigment, and chemical pigment. The plant based pigment is the easiest to dispel, while the chemical pigment is most difficult. If pigment contains iron and lead in the mixture and chemical pigment, it may not react well to laser treatment and can be difficult to remove.
- Depth of ink - Generally speaking the deeper the pigment, the more difficult it is to remove. And It also takes many times to dispel. It will be easy to dispel if the depth of the pigment is thin. Any treatment will not react well if the pigment is chemical based, even the depth of the pigment is thin.
- Colours in tattoo - Black and blue tattoos are the easiest to remove while the green and yellow pigments are the hardest as there is not an ideal wavelength that either of these colours absorb. Tattoos that have had white (titanium oxide) applied cannot be removed until the white has faded. UV inks cannot be treated.
- Age of tattoo - Older tattoos are usually easier to treat, new tattoos contain more pigment (ink) and often multiple colours.
- Clients own healing ability - The different physique of people. The factors include age, skin, body immunity and so on.

POTENTIAL SIDE EFFECTS.

A superficial burn wound can be created by the laser tattoo removal treatment, The immediate whitening of the treated area is the inks reaction to the absorption of the laser's light energy creating steam within the surface of your skin which usually lasts for several minutes.

You may experience:

- Swelling or Bruising
- Pinprick Bleeding
- Feeling of Sunburn
- Blisters,
- Scabs and Crusts
- Pigmentation changes due to loss of skin pigment can occur (temporary except in rare cases).
- Dry Itchy skin
- Temporary hair loss
- Infection Although times can vary

Complete healing usually takes 4-6 weeks. Some extreme cases can take 3 months to heal completely. Scabbing and blistering routinely occur following treatment and usually occur 8-72 hours after the treatment, which can last 1-2 weeks further.

PRE CHECK.

PREPARE FOR YOUR APPOINTMENT BY AVOIDING:

- Working out, 24 hours before procedure
- Sun and tanning one week prior to procedure
- body tattoo removal - shave hair from the treatment site the night before your appointment (not necessary for PMU removal)
- Ensure you have a couple of gel cooling pads in the fridge (not freezer) for post treatment
- Aspirin, Niacin, Vitamin E or Advil/Ibuprofen 24 hours before procedure
- Power shakes and power greens, Fish Oil, and "Hair, Skin, Nail" supplements 48 hours prior to procedure
- Glycolics, Chemical Peels and Retin-A within 4 weeks prior
- alcohol 48 hrs prior and post procedure
- Alpha Hydroxy Acid (AHA) products near the treatment area 2 weeks prior to and 2 weeks post procedure. Check your moisturiser, facewash, BB or CC creams and makeup primers for this ingredient
- waxing or tinting in the treatment area less than one week prior
- Any kind of Accutane for 1 year. NO Exceptions!
- No Latisse / Llash - hair growth serum (Discontinue for min of 3 weeks prior) for brow & liner as can make the area a little more sensitive to laser
- Blood thinning medication can negatively affect your laser treatment by causing a little bleeding

PRE CHECK.

Also note:

- FILLERS - Treatment either 6 weeks prior or 6 weeks after yOUR appointment
- BOTOX / DYSPORT - Treatment either 2 weeks prior or 2 weeks post your appointment
- Ladies, you will be more sensitive during your menstrual cycle as well - oh joy
- swap out contact lenses for glasses pre appointment - especially for laser eyeliner removals

Gentle reminder:

- Not for pregnant or nursing mothers - no exceptions. There is insufficient safety data available - please wait until the baby is weaned
- Cancer treatment? please wait at least six months after your final treatment and obtain a Doctor's consent to have laser treatment
- radiation markers are removed at no cost
- Keloid Scarring - laser might not be an option for you but we can discuss
- Hydrocortisone / steroid creams - Topical steroids thin the skin and may deem skin too fragile to undergo treatment. Please obtain a Doctor's consent to laser
- Topical anaesthetics are used during treatments, let me know if you are adverse to lidocaine, epinephrine, tetracaine or otherwise



the refinery
Excellence in Permanent Makeup & Laser

HI! I'M YOUR PMU ARTIST & LASER TECH

SHEILA FERNEYHOUGH

A specialist in creating permanent cosmetic brows, lips and liner to enhance and refine the natural YOU.

And helping you achieve your tattoo lightening/removal goals.

POST CARE.

Your body is unique in its healing process, your adherence to these aftercare recommendations is a major contributor to achieving fabulous, healed results.

FIRST 24 HOURS:

- To clean, use cotton pad dipped in a mixture of MILD soap (such as QV) and warm water, be sure to squeeze out excess liquid then, gently wipe the treated area with the slightly damp cotton pad to gentle clean, then apply a very thin layer of aftercare balm with a cotton tip (a rice grain size should be plenty to cover both brows, eyeliner or lips while still allowing the area to breathe).
- Morning and before bed, gently clean and apply sparingly the aftercare balm. Repeat for up to 7 days to avoid the area drying out.
- Stay away from the Sun in the first 30 days - Sun exposure may heighten burn sensitivity so, wear a hat and loosely cover the area!



POST CARE

- NO face creams or makeup on the treated area
- Stay active but avoid heavy sweating
- Avoid excessive sweating for 24 to 48 hours. No saunas or vigorous working out
- Keep areas well moisturised and allow scabs to fall off on their own. This is an expected occurrence with tattoo/pigment removal
- The area may appear uneven, dry, itchy, tender, red & irritated. This is 100% normal. DO NOT PICK. These symptoms will dissipate each day and vary on an individual basis. Apply a small amount of aftercare balm to alleviate symptoms
- Those suffering menopause hot flushes and bouts of sweating should stay calm, sisters! It'll pass
- Grab yourself a large aperture straw for drinking if your lips have been treated.

stay active

POST CARE.

- You will be provided with an Aftercare Balm - use only the thinnest layer on the treated area.
- Cold compresses (do not put ice directly on skin) and recommended skin care products may be useful to reduce swelling or discomfort.
- You may take over-the-counter pain or anti-inflammatory medication. Antibiotic ointment (such as Neosporin) may be used if skin is broken to prevent infection if your are in a tropical climate.
- Your skin will be fragile for 5-6 days. Use gentle cleansers, but do not rub the skin vigorously and use cool or lukewarm water during this time.

hang loose



POST CARE.

CONTINUED

- E45 cream or Aftercare balm can be used to relieve the itching which normally occurs 3-5days after the treatment
- Avoid sun exposure and tanning creams during the entire course of treatments. Use SPF30 or greater on the treatment area (from 1 week post treatment) at all times.
- The treatment area may be left open and uncovered. Do not scrub the area. Do not use products on the treated area without first consulting our staff.
- Avoid soaking for 24 to 48 hours. No hot tubs, whirlpools or baths, but showers are okay.
- Definitely no public swimming pools.
- Avoid excessive sweating for 24 to 48 hours. No saunas or vigorous working out.

eye shading

POST CARE

LASTLY

- Avoid irritants such as Retin-A, Retinol, Renova, glycolics, bleaching creams and exfoliates for one week.
- Refrain from alcohol for 3-7 days.
- It is best to avoid smoking for a period of several weeks before and after your procedure, as smoking constricts the capillaries and taxes the immune system, thereby slowing healing.
- Do not pick at dry skin, use a little aftercare instead to moisten.
- Wear loose fitting clothing and take care not to bump or scrape the area.

THE REPETITION OF SOME POINTS ARE FOR GOOD
REASON.

face shading

FACE CONFIDENCE



REFINERY.AKL@GMAIL.COM



REFINERYNZ.COM



021 024 22607