

WATER SAFETY CODE

WATER IS FUN... BUT DO YOU KNOW HOW TO STAY SAFE?

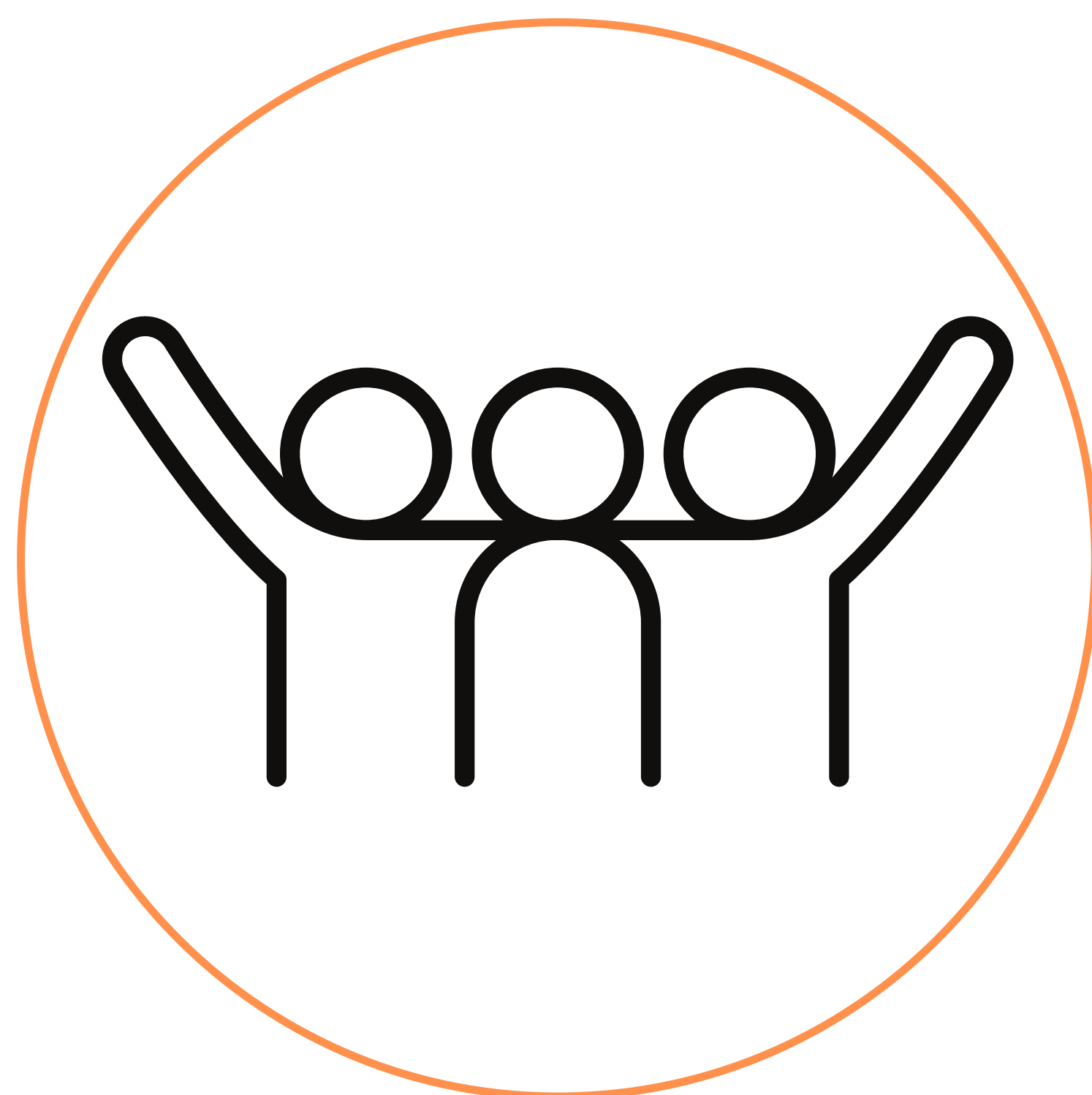


STOP AND THINK!

- LOOK AROUND - ARE THERE ANY HIDDEN DANGERS?
- IS THE WATER SAFE TO ENTER?
- ARE THE SEA CONDITIONS CALM? OR CHOPPY?
- IS THE WATER TOO DEEP?
- IS THE WATER DEEP ENOUGH IF YOU JUMP?
- CAN YOU SWIM? DO YOU NEED TO WEAR A BUOYANCY AID?

STAY TOGETHER

- NEVER SWIM ALONE
- ALWAYS GO WITH FRIENDS OR FAMILY
- IT'S MORE FUN AND IF YOU GET INTO TROUBLE, THEY CAN HELP IN AN EMERGENCY



IN AN EMERGENCY CALL FOR HELP!

- IF YOU SEE SOMEONE IN TROUBLE, SHOUT AS LOUD AS YOU CAN, TELL AN ADULT OR A LIFEGUARD!
- THROW SOMETHING TO HELP THEM FLOAT
- NEVER GO IN THE WATER TO RESCUE SOMEONE
- CALL 911 IF YOU HAVE A PHONE
- LET THEM KNOW WHERE YOU ARE

FLOAT

IF YOU FALL INTO THE WATER ACCIDENTALLY:

- STAY CALM
- LIE ON YOUR BACK
- SPREAD YOUR ARMS AND LEGS LIKE A STAR FISH AND FLOAT
- ONCE YOU'RE FLOATING, SHOUT FOR HELP
- RELAX & WAIT FOR HELP TO ARRIVE



STAY SAFE NEAR WATER, KNOW THE WATER SAFETY CODE.



BE WATERSAFE
WWW.SEA-SAFETY.ORG

