

People can be allergic to anything they come in contact with. These allergens may include:

Animals and animal products: Animal epithelium, animal dander, wool, lanolin, etc.

Biohazard agents: Industrial waste, insecticides and pesticides

Bed material: Mattress, pillow and linen

Building materials: Paint, paint thinner, insulation, dry wall, formaldehyde and ceramic tiles

Cosmetics: Body lotion, make-up, lipstick and hair products

Drinks: Water, alcohol, soft drinks, coffee and tea

Dust Particles: House dust, industrial dust

Fabrics: Polyester and other petrochemical-based fabrics, but also nylon, cotton, silk, rayon, wool, etc.

Flowers: Perfume from the flowers, etc.

Food: Regular and genetically engineered vegetables, legumes and fruits

Food additives: Sulfites, nitrates, M.S.G., food colorings

Gasoline and other crude oil products

Environmental: Grass, weeds, trees, pollens, flowers, sand, dirt

Herbs and herb products: Tea, supplements

Insect venom: Bee stings, scorpion and mosquitoes

Latex: Rubber, elastics, rubber backing or sole of the shoes

Lead: Lead piping, lead pencils, paint and heavy metals

Medications: Prescription or over-the-counter

Mercury: Dental amalgam, fish, pesticides, and antibacterial agents

Microorganisms: Bacteria, viruses, parasites, mycoplasma and chlamydia

Mold: Yeast, fungi

Nutritional Supplements: Vitamins, minerals

Paper Products: Newspaper, toilet paper, books, etc.

Perfume: Cologne, after-shave lotion, soap

Plastics: Computer keyboard, mouse and household products

Schoolwork materials

Footwear: Shoes, socks slippers

Tools: Working materials

Vinyl: Shoes, slippers, handbags, sofa, curtains, vertical and mini blinds, etc.

Weather conditions like cold, snow, heat, humidity, wind

Wood: Furniture, cabinets, tables, pencil and decorations