

OHIO JUDO & JIJITSU CLASS HOURS

CLASS	DAY	START	END TIME
SCHOOL BREAKS "ONLY"	MONDAY THRU FRIDAY	10:00 AM	11:00 AM
Jr. & Sr. Open Mat	MONDAY	1:00 PM	3:00 PM
Jr. Judo & Jujitsu (5 to12 yrs.)	MONDAY	6:30 PM	7:30 PM
Sr. Judo & Jujitsu (13 yrs. & up)	MONDAY	7:30 PM	9:00 PM
Jr. & Sr. Open Mat	TUESDAY	1:00 PM	3:00 PM
Jr. Judo & Jujitsu (5 to12 yrs.)	TUESDAY	6:30 PM	7:30 PM
Sr. Judo & Jujitsu (13 yrs. & up)	TUESDAY	7:30 PM	9:00 PM
Self-Defense "ONLY"	WEDNESDAY	6:30 PM	8:00 PM
	All Ages 8 & Up		
Jr. & Sr. Women			
Jr. & Sr. Open Mat	THURSDAY	1:00 PM	3:00 PM
Jr. Judo & Jujitsu (5 to12 yrs.)	THURSDAY	6:30 PM	7:30 PM
Sr. Judo & Jujitsu (13 yrs. & up)	THURSDAY	7:30 PM	9:00 PM
Jr. Judo (5 to 12) Open Mat Judo Visitors Open Mat Visitors Open Mat	FRIDAY FRIDAY FRIDAY	1:00 PM 6:30 PM 7:30 PM	3:00 PM 7:30 PM 9:00 PM
Jr. & Sr. Kata	SATURDAY	10:00 AM	11:30 AM
Jr. 6 –12 yrs Judo	SATURDAY	10:00 AM	11:30 AM
Open Mat Judo	SAT & SUNDAY	10am / 11:30am	1:00pm / 3:00pm