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Instructions after Crown/Bridge Procedures:

1. You are going to be numb for an average of 3-6 hours. Depending on the amount and type of anesthetic used, you may be numb anytime from 2-12 hours. Be very careful talking and eating while you are numb and eat very soft foods during this time.
2. You may have swelling or bruising around the needle shot area. Your jaw may hurt because you had to keep it open for an extended period of time for the procedure. Please call us if the pain or discomfort does not get better in 2 days.
3. You may eat anything you want except for sticky foods such as gum or caramel-like items because you do not want the temporary crown to come off.
4. Brush normally as you would around the temporary crown.
5. You'll most likely get food stuck in between the temporary crown and the teeth on either side. Therefore, while **flossing**, go down and pull out the floss. DO NOT go up and down with the floss, because you may pull out the temporary crown.
6. If the temporary crown comes off, save it and call our office. We will bring you back and re-cement it.
7. If you see pieces of white hard material coming out, it is usually excess cement and you need not worry about it.
8. If your temporary crown is made out of:
 - a. Acrylic – Be careful and do not bite or chew anything too hard such as ice or nuts. Hard foods can break the temporary crown.
 - b. Metal – You may feel a strange sensation when you accidentally hit the metal crown with a metal spoon or fork.