

With Purely Phenomenal Lavender Distilled H₂O & Zechstein Magnesium

Many people love the benefits they experience from using transdermal applications of magnesium, especially how it works wonders on the skin and gets absorbed directly into the cells:

- Improved sleep quality
- Reduced muscle aches, pains, cramping, and spasms
- Healthier skin and fewer outbreaks of eczema and psoriasis
- Enhanced relaxation and better stress management
- Increased energy levels and improved moods
- Enhanced athletic performance

HOW TO: Z*Wave Mg ~ Transdermal magnesium:

Our Z*Wave Mg transdermal magnesium supplementation offers a simple and practical "do-it-yourself" approach. This method prevents gastrointestinal irritation and diarrhea, which are common with oral forms, as it bypasses the digestive system entirely. Instead, it penetrates the skin and directly reaches tissues, providing rapid delivery of magnesium to cells throughout the body.

Applying Z*Wave Mg to clean skin is preferable, as cosmetic products can hinder the skin's uptake of magnesium ions. When applying Z*Wave magnesium, avoid direct contact with eyes, mucus membranes, and other sensitive areas such as your face. If redness or irritation occurs, rinse with cool water. Wash hands after applying to avoid accidental transfer to unwanted regions (eyes, mouth, etc.)

Apply Z*Wave Mg to the skin using our fine-mist spray bottle for ease of use. To limit overspray, you can also dispense 1-3 sprays into a cupped hand and rub into the skin thoroughly.

For best results, apply magnesium liberally to clean skin of the torso, legs, and arms. Avoid sensitive areas and mucus membranes. You can also apply directly to target areas experiencing joint muscle pain or discomfort. It can be used daily or as needed.

It is normal to experience a tingling sensation during initial use.

After application, you may notice a slight salt-like mineral residue when the solution dries. This is normal, especially in dry climates or heated indoor areas, and it varies with the amount of Z*Wave Mg applied at one time and skin type.

Washing your hands after applying Z*Wave Mg is recommended.