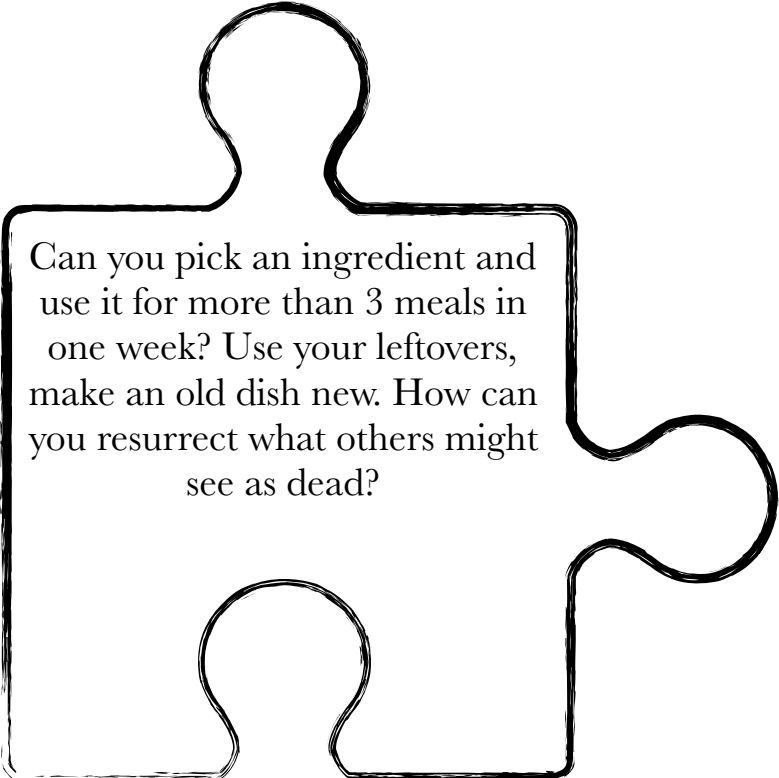
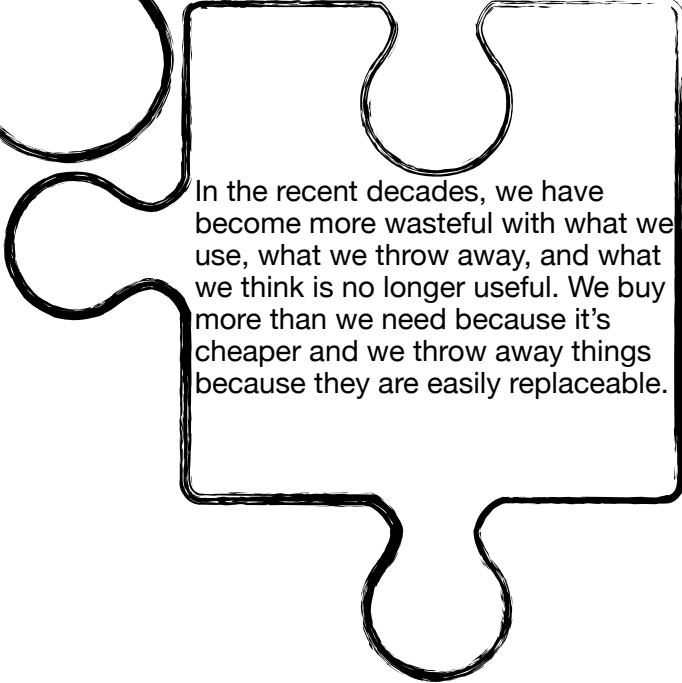




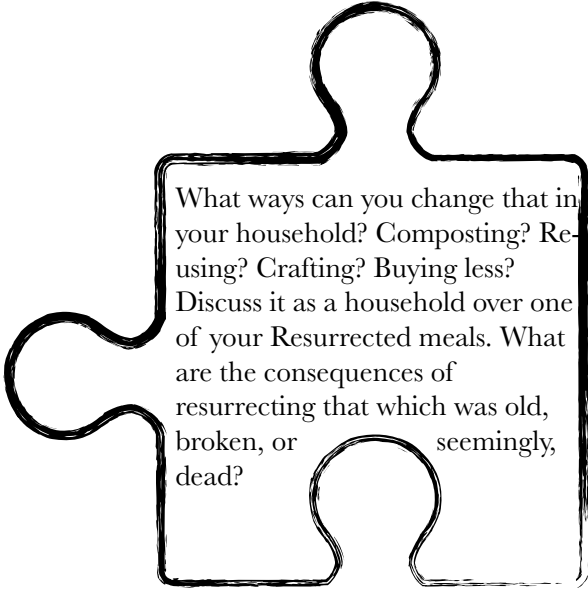
## *Resurrection Recipe Challenge*



Can you pick an ingredient and use it for more than 3 meals in one week? Use your leftovers, make an old dish new. How can you resurrect what others might see as dead?



In the recent decades, we have become more wasteful with what we use, what we throw away, and what we think is no longer useful. We buy more than we need because it's cheaper and we throw away things because they are easily replaceable.



What ways can you change that in your household? Composting? Re-using? Crafting? Buying less? Discuss it as a household over one of your Resurrected meals. What are the consequences of resurrecting that which was old, broken, or seemingly, dead?