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# Happy New Year!

12/31/24



As the sun sets on 2024....  
(from Mike Roy)

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## HAPPY NEW YEAR!

Welcome to Flight 2025. We are prepared to take off into the New Year.

Please make sure your Positive Attitude and Gratitude are secured and locked in the upright position.

All self-destruct devices; pity, anger, selfishness and resentment should be turned off at this time. All negativity, hurt and discouragement should be put away.



Should you lose your positive Attitude under pressure during this flight, reach up and pull down a prayer. Prayers will automatically be activated by Faith. Once your Faith is activated, you can assist other passengers who are of little faith.

There will BE NO BAGGAGE allowed on this flight.

God, our Captain has cleared us for take-off.  
Destination – GREATNESS!

Wishing you a New Year filled with new HOPE, new JOY and new BEGINNINGS!



Stay Blessed! And welcome in 2025!!!

With love, **XOXO**

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A Reminder!!!!

**Vic Beach New Year's Day Polar Bear Plunge:**

An invitation from Molly and Paul -both avid ocean swimmers.

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## New Year's Day Polar Bear Plunge!

All together, let's welcome a brand new year in, and  
Shiver together towards warmth and good health!

An exhilarating (!) way to kick off a new year!

**10am, bottom of the ramp by the lifeguard stand.** We will find a surf appropriate spot from there as weather and conditions permit and make sure even non-surf people will have a stress free access to a wonderful cold plunge experience. (Note: People pay good money for this experience in those cold plunge shops but we can have it for free!!)

To top it off, come gather afterwards for coffee and pastries at Molly and Paul's house at 241 Nyes across from the intersection of Nyes and Highland Way to



All are welcome and if any questions, call Molly and Paul at 949-205-5338.

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All the very best wishes from the whole of my heart to our friends, family, neighbors, neighborhood, and even visitors (!) for an amazing adventure, growth, and health for the year to come.

**Welcome 2025!!!!**

Diver Dave signing off for 2024...

:)

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