



# Cheerful Heart Newsletter

“A cheerful heart is good medicine...” Proverbs 17:22

Volume 24 Issue 1	Lake County Montana	April 2025
<div>“Alone, we can do so little; together, we can do so much”<div>—Helen Keller</div></div>		



Pat Binger

Pat provided her beloved community a lasting gift, Petra – a bronze sculpture of the Flathead Lake Monster at Sacajawea Park.

Pat Binger passed from her earthly presence on February 27 from pancreatic cancer. Pat and Mac Binger supported the creation of Cheerful Heart back in 2003 as financial supporters and volunteered driving patients and serving soup at the Oncology Clinic. Pat served soup until she was diagnosed with cancer, about four months ago.

Pat’s character is exemplified in her obituary... She was an active member and president of Western Montana Cattlewomen, supportive of her church circle, a Campfire and 4-H leader, active in Bible studies, co-author of a Chronological Biblical Character study, a member of P.E.O. and a director of the McKnight Foundation.

Pat was always present at her children’s activities and especially proud of their lives... After her children left home, as an empty nester she had time to implement more of her ideas. Among her favorites was All In Stitches—More than A Quilt Shop, which she purchased because she “didn’t want to see another business in town close”. ...



**Lake City Bakery & Eatery** has supplied bakery items for the Polson Oncology Clinic since Cheerful

Heart began. In the past couple of years the bakery either donates, or charges very little, for their baked goods.

Each Tuesday morning a Cheerful Heart volunteer picks up bakery items from Lake City Bakery and delivers them to the Oncology Clinic where cancer patients and families enjoy a sweet.

The business, owned by Mike and Deneya Humphrey, has been open for 55 years and lead baker Mike has worked there since he was 10 years old, when his parents operated the business.

Mike, whose grandfathers both were bakers, proudly describes himself as a “third-generation scratch baker.” He and Deneya purchased the business from his mother, Marilyn Humphrey, in 2016. His workday, five days a week, begins at 3 a.m., when he begins preparing doughnuts in the kitchen downstairs.

Check out “Baked by Grace” filmed in 2024 by David and Jessica King that tells the story of the bakery...  
<https://www.pbs.org/video/baked-by-grace-ruy2ju/>



## Good Shepherd Lutheran Church consistent donors

The Polson Good Shepherd Lutheran Church is a strong and consistent financial supporter of Cheerful Heart.

The church trust donates to local mission projects. Since 2012 the trust has donated \$4,250 to Cheerful Heart.

In addition, since 2014 the church women have donated \$5,402 raised from fall Harvest Dinners and income from the Country Store.



## Community Presbyterian Church of Dayton women annual donors

Dayton Ladies Aid Society, founded 100 years ago, is not a very large group today. They hold one fundraiser every year and have donated annually to Cheerful Heart since 2013.



## St. Andrews Episcopal Church collects spare change to benefit Cheerful Heart

Polson’s St. Andrews Episcopal Church counted spare change from their Sunday collection, during the first quarter of 2025, and donated it to Cheerful Heart’s service to Lake County cancer patients.



## Mission Valley United Methodist Women In Faith donate to Cheerful Heart

The Mission Valley United Methodist Women in Faith group holds an annual Christmas Bazaar and donate faithfully to Cheerful Heart, as well as other local charitable causes.



# Groovy Blue Jay food truck raises funds during April for Cheerful Heart



Owners: Ashley & Ryan Lawrence ... Hours: 10 am- 3 pm  
Wednesday - Quicksilver in Pablo  
Thursday - 136 Heritage Lane - Polson  
Friday - Red Poppy - Ronan

**Order online**  
<https://groovybluejay.com/>

**Breakfast:**  
**Yellow Moon \$7** Served on a hash brown bagel, topped with egg, cheddar cheese, choice of cream cheese and either bacon, sausage or deli ham.  
**Orange Blossoms \$10** Salmon lox served on your choice of bagel & cream cheese, thinly sliced red onion and capers. (Or substitute capers with sliced jalepeno)  
**Magic Mountain \$9** A French toast bagel is sandwiched with turkey, ham, melty swiss, a swipe of huckleberry cream cheese, and huckleberry jam. All topped with a sprinkling of powdered sugar.  
**Funky Duck \$6** Two peanut butter waffles, filled with fluffy peanut butter mousse and huckleberry jam.

**Lunch:**  
**Rocky Raccoon \$8.** Italian sandwich served on bagel, ham, salami, pepperoni, provolone, pepperoni +  
**Beastly \$9.** Artisan focaccia bread, roast beef, smoked gouda, sautéed onions, roasted red peppers + spicy mustard.  
**Chicago Falcon \$8.** Artist focaccia bread, turkey, bacon, lettuce, tomato, avocado, balsamic glaze drizzle.  
...and more...Build your own...Bagels + ...Drinks  
**Bread and other items are baked fresh daily**

## Twelve new breakthroughs in fight against cancer

1. Personalized cancer vaccines

2. Test to identify 18 early-stage cancers

3. Seven-minute cancer treatment jab

4. Precision oncology

5. Artificial intelligence fights cancer

6. Greater prediction capabilities

7. Clues in the DNA of cancer

8. Liquid and synthetic biopsies

9. CAR-T-cell therapy

10. Fighting pancreatic cancer

11. tablet to cut breast cancer risk

12. 12. Global cervical cancer treatment.

World Economic Forum: <https://www.weforum.org/stories/2025/02/cancer-treatment-and-diagnosis-breakthroughs/> Feb. 27, 2025

Cheerful Heart, Inc. offers free non-medical services to Lake County cancer patients currently in treatment by using dedicated volunteers. Cheerful Heart is funded by donations from individuals, organizations and businesses. All funds are used in Lake County. We need your support, both monetarily and as a volunteer. To help us, clip and mail the form below to Cheerful Heart.

### Cheerful Heart Support

Name \_\_\_\_\_ Telephone \_\_\_\_\_

Mailing address \_\_\_\_\_

Email \_\_\_\_\_

Receive an electronic newsletter by sending your email address to [valindy47@gmail.com](mailto:valindy47@gmail.com)

Donation amount \_\_\_\_\_

I would like to be a Cheerful Heart volunteer. Please mark volunteer services that interest you.

Transporting \_\_\_\_\_ Serving Soup at clinic on Tuesdays \_\_\_\_\_ Meal preparation \_\_\_\_\_ Running errands \_\_\_\_\_

Light house and yard work \_\_\_\_\_ Other \_\_\_\_\_

Remove me from the mailing list \_\_\_\_\_

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