

THE HUMAN FLOURISHING PROJECT

TRANSFORMING EDUCATIONAL CULTURE

The HF Project believe in supporting educational establishments to embed health and wellbeing into their culture. The ethos, environment and culture has a huge impact on the health and wellbeing of pupils. With this approach, our children and young people can be happier, healthier, achieve more academically, which will enable them to flourish and achieve their full potential in education and beyond.

Would you like to

- Step back, evaluate, redefine and enhance your educational culture
- Embed effective social and emotional skills into your environments
- Put health and wellbeing at the heart of your educational establishment, so that it benefits all children, school staff and parents

See below some of the ways we achieve this:

SUPPORTING PARENTS

Supporting parents to:

- Build family and community partnerships
- Understand the power of mutually respectful relationships
- Understand behaviours of a child and what they are communicating
- To develop emotional literacy.

SUPPORTING TEACHERS

Supporting teachers to

- To prioritise relationship building
- Enhance the social-emotional development through curriculum and instruction
- Embed a social-emotional culture through school wide practices and policies.

SUPPORTING CHILDREN

Supporting children to

- Develop self-awareness, self-regulation, relationships and decision making skills
- To identify and cultivate personal strengths and recognise them in others
- To develop a range of strategies to navigate the world.

About Us

We have over 20 years of experience in education and wellbeing, as teachers, trainers and thought leaders. We believe that the social emotional wellbeing of all individuals is the most important aspect of health and happiness. Our purpose is to give children, parents and teachers the tools in which to flourish in today's world.

We combine best practices, neuroscience, psychology and social-emotional learning based on Adlerian research based philosophy.

The HF Project create workshops and educational tools to help parents, teachers and children to develop a healthy, emotional foundation and embed a culture where everyone can flourish. To achieve this we believe that classrooms, schools, homes and communities should come together with an aligned strategy.

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TRANSFORMING ORGANISATIONAL CULTURE

What is workplace culture?

Workplace culture is the character and personality of your organisation. It is what makes your business unique. It is the environment you create for your employees and the sum of your organisations' traditions, beliefs, interactions, attitudes, values and behaviours.

A healthy workplace culture aligns company policies and employee behaviours with the company's goals while focusing on the wellbeing of individuals.

Would you like to

- Make your vision clear
- Step back, evaluate, redefine and enhance your workplace culture
- Develop strong collaboration and communication
- Promote diversity, equity and inclusion
- Enrich employee wellbeing.

“Company culture is more important than financial rewards for 85% of workers”

“Company culture is a key aspect of work wellbeing.” Berwick Partners 2022

OUR WHY...

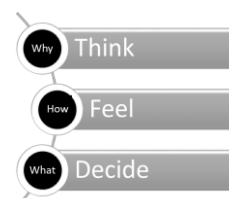
To empower organisations to adopt a culture that puts their employees at the heart of what they do through our 3 pillars of self-awareness, relationships & meaning and purpose.

OUR HOW...

Through experiential activities you will be thinking, feeling and deciding.... how your values, behaviours & communication styles can drive transformational culture change.

OUR WHAT...

A bespoke package of training to meet your organisations needs.



‘Eudaimonia’ is a Greek concept of human flourishing and we will look to use the foundations of this notion to help each individual in your organisation thrive by embedding a culture of shared values, behaviours and vocabulary.

The HF Project is passionate about transforming workplace culture and helping organisations have an inside out approach, creating a workplace of mutual respect and encouragement to enable everyone to flourish.

We believe that an ‘Eudaimonia’ culture can shift the focus from the costs of ill health to the benefits that come with a healthy, thriving workforce.

Prevention is better than cure!