

March 2024

Garden Island Sobriety

Step Three

“Made a decision to turn our will and our lives over to the care of God as we understood Him.”



He said: The real beginnings of Step 3 are for me hard to pinpoint. Stability came slowly through attending meetings. I was now on a different physical and mental plane. Conjuring a spiritual experience certainly was beyond my grasp. One by one the material trappings of my life as I had known slipped away. The feeling that I had control was replaced by a sensation of helplessness. Ultimately, I found that I had to get and keep a basic job. I had not done that for over 10 years. I was no longer a “young man”. Starting over at 55 seemed daunting but dreaming of success was almost as easy.

I entered into an agreement with a group of men to meet weekly. It was not a regular AA meeting. I was able to read an early Oxford group book “When God Speaks Man Listens”. Progress came slowly. By now I was living in a “sober living” facility. I didn’t like it. I felt that I deserved better.

One day as I gazed at the mail, we received I saw my name on the familiar letter that comes to these places. Child support. It’s a legal type of letter. It means that a person, usually a former spouse, has made a claim against you. I realized at that moment that here I was no different. So, what little money I had was being garnished. “Lack of power that was our dilemma” After 2 years of living in “sober living”, I had to move. Making room for someone else to transition to “normal life” was again not easy. Yet I continued to recite the 3rd step prayer in public meetings of Alcoholics Anonymous. By now I had memorized it. I had only to look in the mirror to see the “bondage of self”. Some of you reading this will understand.

By now I was working 50 hours a week. A real job. More than I had really ever worked. Now over 10 years have passed I still return to the literature. “Being convinced, we were at step 3”. Had I completed Step 2?

(Cont. p. 2)



She said: MY BEST THINKING got me here...ouch.

It had become apparent that my ways weren’t working. My willfulness and arrogance dragged me to depths of self-loathing, and self-medicating with alcohol wasn’t easing it.

AA offered respite through the Steps to take to be restored to sanity. I saw results and heard others’ understandings and experiences in AA meetings.

AA promoted a relationship with a Higher Power and the freedom to cultivate my own connection with God. I began asking this Power greater than myself for relief and direction, with prodigious results. I had to ask HP for help to give up smoking, because I didn’t want to quit. With HP and wise counsel and AA support, I extricated myself from an abusive relationship. Whew!

Through these experiences I realized that dependence on HP for direction was working. I didn’t need to resort to my old habits or ideas to solve problems or effect change. Why WOULDN’T I want to turn my will and my life over to the care of God? I decided I want God at the helm -- superior results and a lot fewer headaches!

As I absorbed the AA way, I began gaining self-respect and taking better care of myself. I was able to ask for help without feeling shame. I got over feeling less-than, or comparing myself with other people for my self-worth.

Becoming a grownup sometimes included a “carrot” for incentive to get past my avoidance habit. I promised myself if I stayed “quit smoking” for three months, I’d replace my four-tone blam-mobile (included rust and primer) with a newer car. Another time, one dream became the motivator for an art project I’d been envisioning for a long while. After a year of getting a lot of other things done that I’d been

(Cont. p. 2)

Birthdays p.2

Meetings p.3

AA Archives p.4

12 Concepts p.4

AA Hotline 245-6677

He Said (cont.) These ideas are with me constantly. The days turned into years. By now, on Kauai, I was living in the west side valleys. I was reminded many times of the similarities of where I had grown up in the inland valleys of Southern California. But this is the Hawaiian Islands and is a very different reality. The year was around 2011. I had gotten sober at the end of 2001. I was active in a home group and a member of general service; a GSR. I attended a PRASSA. It was held that year in Hawaii. I paid my own way. Surely this was Gods will.

I have grown into my relationship with Step Three. The rewards are fleeting. Each day is an opportunity to receive the blessings, Amen. See you next month!

~ Anonymous, Kauai

She Said (cont.) avoiding, I finally indulged in my project without feeling guilty. Whew!

My quest included searching AA literature to find the principles which I'm encouraged to practice in my daily life. I figured the AA Higher Power would approve. I started noticing "God-shots" – or as others in the fellowship call them – "God remaining anonymous."

When I first came into the rooms and heard the Fourth Step being read as part of the Twelve, I prayed for denial so that I didn't have to look at my wretched self right away. and I got it. The first three Steps gave me direction on how to forgive myself, and provided the foundation for embarking on the rest of the journey.

~ Anonymous, Kauai

Happy Birthday

Lucky	2/10	1981	43 yrs
John P.	2/5	1984	40 yrs
Denise	2/18	1984	40 yrs
Fran M.	2/14	1986	38 yrs
Annie B.	2/15	1998	26 yrs
Jeff S.	2/14	2002	22 yrs
Bill S.	2/2	2004	20 yrs
Janice M.	2/5	2006	18yrs
Susan C.	2/24	2007	17yrs
Arthur D.	2/1	2008	16 yrs
Brittni B.	2/5	2008	16 yrs
Alex	2/3	2008	16 yrs
Laura L	2/14	2008	16 yrs
Pat C.	2/16	2008	16 yrs
Mark A.	2/29	2008	16 yrs
Susan O.	2/2	2009	15 yrs
David A.	2/23	2009	15 yrs
Kirt	2/4	2009	15 yrs
Christopher	2/19	2010	14 yrs
Jami K.	2/22	2010	14 yrs
George K.	2/22	2010	14 yrs
Alysson	2/26	2011	13 yrs
David A.	2/23	2011	13 yrs
Taylor	2/17	2012	12 yrs
Bronson B.	2/1	2012	12 yrs
Lion H.	2/10	2012	12 yrs
Kyler	2/3	2013	11 yrs
Karen F.	2/2	2013	11 yrs

Congratulations Everyone!!

About Publishing Birthdays

To have a Birthday published or corrected in the GIS Newsletter Please Contact:

District6newsletter@hotmail.com

The Third Step Prayer

"God, I offer myself to Thee – To build with me and to do with me as Thou wilt.

Relieve me of the bondage of self, that I may better do Thy will.

Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy Way of Life.

May I do Thy will always!"

Expect A Miracle

A.A. Meetings

Happy Hour Group

Is happy to announce they've added a Thursday meeting at Nawiliwili Beach Park. Find them sitting on a picnic bench enjoying the Kauai sunshine and carrying the message of experience, strength and hope.

Thursdays at 5:00 p.m

2024 Kauai Roundup

Join us for the Kauai Roundup June 6-9

"Love, Unity & Service!"



**Hale Koa Campgrounds, Kokee State Park
(Adjacent to Waimea Canyon)**

Whiskey and Milk

While Koloa Union Church is under renovation Whiskey and Milk (stick) meeting Will be held at the Salvation Army Koloa (5348 Koloa Rd.)

7:30 – 8:30 pm, Wednesdays

St Patrick's Day

Sunday March 17th, 12pm to 3pm

Corn Beef and Cabbage

Hui O'Hana Meeting Area

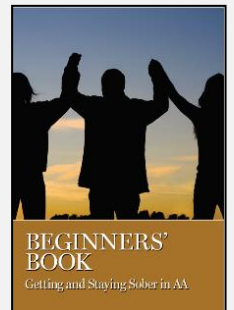


GRAPEVINE **Quote of the Day**

March 1 2022: "I started to understand that while I didn't believe in churches, I had to see that something or someone was working in my life that hadn't been there before." *"Get With the Program," Naples, Italy, January 1994, Beginner's Book: Getting and Staying Sober in AA*

March 4 2022: "I still don't have answers for all the eternal questions, like why bad things happen to good people, or why babies die. But I have found that life works better when I focus more on how I am contributing to God's world than musing about what he is or is not doing in mine." *"The Scoop," Woodinville, Washington, November 2013, AA Grapevine*

March 10 2022: "I have come to believe that my drinking insanity is only one form of the craziness to which we AAs are prone. I call it Insanity A. Insanity B is finding out what works for you -- and then not doing it." *"Insanity B," Prague, Czechoslovakia, February 2005, Beginner's Book: Getting and Staying Sober in AA*



March 5, 2021: "AA isn't for the people who need it or for the people who want it; it's for the people who are willing to do the work to get it." *Perry, Fla., July 2009, From: "Someone to Help", AA Grapevine*

March 14, 2018: "Nobody invented Alcoholics Anonymous. It just grew -- by the grace of God." *AA Co-Founder, Bill W., July 1953, "A Fragment of History: Origin of the Twelve Steps," The Language of the Heart*

March 29, 2023: "I thank God for bringing me to Alcoholics Anonymous, but mostly I thank Alcoholics Anonymous for bringing me to God." *Toronto, Ontario, March 2006, "A God of My Understanding," AA Grapevine*

March 31, 2018: "The unity of our Fellowship, the love we cherish for each other, the esteem in which the world holds us -- all of these are products of such integrity, as under God, we have been privileged to achieve. May we therefore quicken our search for still more genuine honor, and deepen its practice in all our affairs." *AA Co-Founder, Bill W., August 1961, "This Matter of Honesty," The Language of the Heart*



AA Archives

The Best of Big Book Dave: March in Our History:

1881, March 21

Anne Ripley born in Oak Park, Illinois. She will marry Dr. Bob and become the one who Bill W. called “the mother of AA.”

1885, March 10

Timothy Shay Arthur dies. His book “Ten Nights in a Bar-room” is one of the earliest stories on alcoholism. It later becomes a New York stage play and a movie.

1891, March 3

Lois Burnham born in Brooklyn. The oldest of six children. She will marry Bill W. and become co-founder of Alanon.

1940, March

The first recorded time the portion of Chapter 5 was used to open an AA meeting. It was read at the meetings opening at the Cecil Hotel, corner of 6th and Main St., Los Angeles by Mort J.

1944, March

The first Intergroup Office is opened in New York City.

1946, March 3

A film “The March of Time” is made by our New York office and answers a lot of questions from the public about what AA is.

1946, March

The 12 Traditions as written by Bill Wilson are introduced to the membership through The AA Grapevine.

March 1948: **Richmond Walker** finished the “24 Hour A Day” book, printed and distributed on his own.

From ‘Big Book Dave’, Elected Archivist, Interior Alaska
~ Submitted by Mathea A.

 **OUR THANKS to B.B. Dave & Mathea A.**



Concepts Checklist

Concept III:

Concept III: To insure effective leadership, we should endow each element of A.A. – the Conference, the General Service Board and its service corporations, staffs, committees, and executives – with a traditional “Right of Decision.”

🟢 **Do we understand** what is meant by the “Right of Decision”? Do we grant it at all levels of service or do we “instruct”?

🟢 **Do we trust** our trusted servants – G.S.R., D.C.M., area delegate, the Conference itself?

This really means that we ought to trust our responsible leaders to decide, within the understated framework of their duties, how they will interpret and apply their own authority and responsibility to each particular problem or situation as it arises. (p 15)

But for so long as our world services functions reasonably well – and there should always be charity for occasional mistakes – then trust must be our watchword, otherwise we shall wind up leaderless. (p 15)
Ref: The A.A. Service Manual Combined with Twelve Concepts for World Service by Bill W. 2005-2006 Edition

Service is Sobriety

**Request a newsletter
by e-mail**



Contact: District6newsletter@hotmail.com

Editor: Linda B.

Kauai Intergroup

Next Intergroup Meeting

March 2nd, 9:30 am

To Attend these meetings on Zoom:

Zoom ID: #727 056 4300 Passcode: 043962

Intergroup Treasurers Report

March, 2024

Income:

Hui Lokahi	Literature	175.00
Eastside Wahine	7th	10.44
Northshore Aloha	7th	40.00
Sunrise Sobriety	7th	540.00
Waimea Cyn.	Literature	60.00
Northshore Aloha	7th	40.00
Friday Night Lights	7th	77.50

Total Income: **942.50**

Expenses:

Guardian Storage	Locker	167.54
Hawaiian Telcom	Hotline	38.65
Inkspot	Newsletter	92.29
Lutheran Church	Rent	300.00
Printing Solutions	Schedules	171.58

Total Expenses **770.06**

Balance	3960.99
Prudent Reserve	<u>-1300.00</u>
Operating Balance	<u>2660.99</u>

~ Prepared by Tommy R.~

SEND YOUR CONTRIBUTIONS TO:

Kaua'i Intergroup
P.O. Box 3606
Lihue, HI 96766



The A.A. HOTLINE Needs Your Help!

Men & women for 12 Step calls
Slots are open for volunteers
Alternates are also needed
Contact the Hotline 245-6677

Intergroup News

Change is the essence of life! Our Literature Chair, Petey will be moving back to the mainland within the next month. As a result Intergroup is looking for a new Literature Chair. The position involves:

1. Maintaining an inventory of AA and Grapevine literature and pamphlets
2. Accept orders and payments for literature
3. Deliver invoices and payments to the Treasurer
4. Transfer requested literature to groups or members at the monthly Intergroup meeting
5. Obtain Intergroup approval for literature orders
6. Provide literature for event tables (if requested).

If you have interest in this service position, please contact Ann W. 781-405-4655, Intergroup Chair
Our thanks to Petey for her service while here on Kauai.

Intergroup Committee

Chair:	Ann W.
Alt. Chair	Mathea
Treasurer:	Tom R.
Secretary:	Carolyn
Schedules:	Tom R.
Literature:	OPEN
Hotline	Sean G.
Website:	Aaron
Events:	Mike T.

District 6, Kauai:

The Next District Meeting :
March 15th, 9:30 am

To Attend the meeting on Zoom:
Zoom ID: #727 056 4300 Passcode: 043962

District 6 Treasurer's Report

February, 2024

Income:

Na Wahine Ku Pono	144.26
North Shore Aloha	40.00
Kauai Recovery	75.00
Total Income:	259.26

Expenses:

Jim D.	Airfare	129.59
Anastasia A.	Registration	35.00
Postmaster	PO Box	222.00
Total Expenses:		<u>380.59</u>

Bank Balance	5262.32
Prudent Reserve	-1200.00
Operating Balance	<u>4062.32</u>

~ prepared by Bob F.

District 6 Committee:

DCM:	Anastasia A
Alt. DCM:	Jim D
Secretary:	Shoshanah
Treasurer:	Bob F
Website:	Aaron
Grapevine:	Mathea A
Corrections:	Garrett S

SEND DISTRICT CONTRIBUTIONS

Kaua'i District Committee
P.O. Box 1503
Kapaa, HI 96746



Find A.A. in Hawaii



at: www.area17aa.org

Send Area Contributions

ADDRESS IT EXACTLY LIKE THIS:

Hawaii Area Committee
P.O. Box 1413
Honolulu, HI 96806



Please include "District 6" & Group Name on check

Send GSO Contributions

General Service Office
P.O. Box 2407
James A. Farley Station
New York, New York 10116-2407



INCLUDE: YOUR GROUPS NAME & NUMBER
AS WELL AS AREA 17, DISTRICT 6

The Serenity Prayer

God grant me the Serenity to accept the
things that I can not change, the
Courage to change the things that I can
and the Wisdom to know the difference.