

December 2024

Garden Island Sobriety

Step Twelve

“Having had a spiritual awakening, as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.”



He said:

Hello all,

For years I struggled with step 12! I thought I could figure it out. Over time I found out otherwise. One area that has been very productive is outreach. Breaking into “outreach” can be tricky with 6 months of sobriety!

Having a sponsor that has a sponsor is imperative. My experience is found in chapter 7 in our basic text: “Practical experience shows that nothing.... (when ALL else fails). This alone has borne fruit every time”. When we set aside our personal agenda and reach out to our fellow sufferers something happens that allows a pathway to the ethereal. In this moment, or realm if you prefer, we can grasp the essence of the spark that started AA. Our literature is very clear; “.... you cannot transmit something you haven’t got.” It’s a double negative; it means you do transmit what you do have. When we have the opportunity to perform the 12th Step we can use the second half of the step as a guide.

Many times in the past the observations of so called “old timers” have been, “I see a lot of members running around doing a lot service but I don’t see much recovery”. While this may seem highly judgmental in fact it was close to the mark. Sometime a successful 12th step is incremental. The proverbial 2nd step illusion can entice the newcomer into an untenable corner where a return to a former life seems like the only option. However, the member who openly attends meetings many times will be able find their way back.

At about 10 years of sobriety, I was reading through chapter 7 yet again. I came to a passage around page 97. The reference has been referred to as “worldly clamors”; those of the newcomer, that we feel we can control. Somehow, we can dole out our fortunes to “help” these individuals climb out of alcoholism. We

(cont. p 2)



She said:

Paying It Forward – this

imperative to try to share my experience, strength and hope with others reinforces and amplifies my recovery, and it’s a privilege to participate in this lifechanging movement.

I had to hit a hopeless bottom before becoming willing to accept influence – with Higher Power supervising. AA provided Steps to take, one at a time, with my Sponsor’s encouragement and direction. Making a fearless and thorough inventory in Step Four was possible only through surrendering to God’s care in Step Three. The subsequent Steps expanded my coping skills, my spiritual growth, new dimensions to my personality – I bought a motorcycle, took a safety class and joined the Alky Angels, a clean and sober riding group. After a few crazy fun campouts with these folks, I was really glad they weren’t drinkers ... and really appreciated their instruction!

My Sponsor introduced me to ways to serve our AA group – by helping set up chairs, welcoming people at the door, washing cups and ashtrays after the meetings. I attended the group business meetings and learned more ways to be useful, like being literature person for the group. Out of curiosity, I attended some Intergroup and District meetings and learned about the AA service opportunities – answering phones on the Hotline, serving on committees, and about gatherings like conventions, roundups, women’s retreats. Recently I read about a sober alky who finds temporary foster homes for dogs whose owners are going through treatment.

When I was about six months sober, one of my home girls snagged me to go along with several other sober women to take an A.A. meeting into the county jail. We

(cont. p 2)

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12 Concepts p.4

AA Hotline 245-6677

He Said: (cont) have a responsibility to do what? It says: “never avoid these responsibilities, be sure you are doing the right thing if you assume them.”

Helping other is “the foundation stone of YOUR recovery. That caught my attention! As I read on I realized that these words had become my personal experience. It was a powerful moment . I have had ALL the experiences that were outlined there.

As the year draws to a close I look forward to the new. It’s time to step up!

I look forward to seeing you “around the campus”. Thank you all. Who is responsible?

~Anonymous, Kauai

She Said (cont) did this monthly, and I was thrilled when I encountered some of these women later at outside meetings, growing up along with the rest of us. I have chauffeured some of our newbies to and from meetings over the years, and have learned much from them as well.

One woman at our home group shared her gratitude for when other members had helped her get through a difficult divorce, and she likened the support she received to when female elephants huddle protectively around a stressed female elephant, shoulder to shoulder, providing touches and sounds of encouragement.

The wisdom I devoured at meetings gave me tools and insights through these former alcoholics, who had taken the Steps and incorporated practicing principles into their daily lives. As I listened to their shares, I could identify with their situations and feelings, and felt compassion and forgiveness towards them, and learned about how to forgive myself. The kindness and compassion shown to me when I stepped into the rooms became my modus operandi for progress.

The Twelve Steps have required persistence through resistance, and have revealed principles to utilize every day – like hope, courage, humility, willingness, commitment, discipline, integrity, faith, trust in HP, open-mindedness, tolerance, consistency, responsibility, gratitude, emotional maturity. Each Step and the values and lessons I’ve learned along the way have become the code I can live by.

~ Anonymous, Kauai

Happy Birthday

Carol O.	11/19	1981	43 yrs
Marcial L.	11/16	1986	38 yrs
Anderson	11/21	1987	37 yrs
Mathea A.	11/17	1988	36 yrs
Niamala	11/24	1995	29 yrs
Tom F.	11/16	1996	28 yrs
David J.	11/30	2001	23 yrs
Eve	11/17	2005	19 yrs
Lani A.	11/21	2005	19 yrs
Barry	11/8	2006	18 yrs
Bob	11/13	2006	18 yrs
Chris S.	11/3	2007	17 yrs
Jeanie	11/26	2007	17 yrs
Scott C.	11/3	2007	17 yrs
Mark G.	11/4	2007	17 yrs
Michelle L.	11/13	2008	16 yrs
Randy	11/9	2009	15 yrs
Sonia	11/5	2011	13 yrs
Shawn	11/5	2011	13 yrs
Jackie C.	11/9	2012	12 yrs
Kalei K.	11/7	2012	12 yrs
Barbie	11/26	2013	11 yrs
Lee G.	11/18	2013	11 yrs
Nikola	11/1	2018	6 yrs
Estrella K.	11/1	2020	4 yrs
Josh K.	11/1	2020	3 yrs

Congratulations Everyone!!

About Publishing Birthdays

To have a Birthday published or corrected Please Contact:

District6newsletter@hotmail.com

Send Area Contributions

ADDRESS IT EXACTLY LIKE THIS:

Hawaii Area Committee

P.O. Box 1413

Honolulu, HI 96806

Please include “District 6” & Group Name on check



A.A. Meetings



Hui'Ohana Nightly Reflections

Hui 'Ohana NEW MEETING

FRIDAY 6:00 PM

Hui' Ohana POTLUCK

Hui Ohana virtual meetings (Sun-Sat)

have a new Zoom address:

login: 895 6728 8988

pw: Recovery (case sensitive)

<https://us04web.zoom.us/j/89567288988>

A.A. Activities

KAUAI AA's 2025 ROUNDUP EVENT



JOIN US AT KUMU CAMP IN ANAHOLA!

Kauai AA will be holding its 2025 Roundup Event at KUMU CAMP in Anahola!

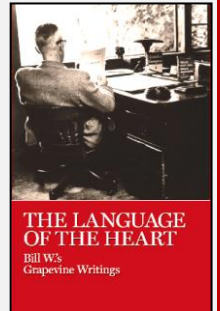
The Event is scheduled for July 5 - 8, 2025. Please use the link below to view all of the information and sign up AS SOON AS POSSIBLE! There are limited spots available! We look forward to seeing you there!

<https://kauairoundup.org/>

GRAPEVINE Quote of the Day

December 2, 2023. When life presents us with a racking conflict ... we cannot be altogether blamed if we are confused. In fact, our very first responsibility is to admit that we are confused. AA Co-Founder, Bill W., August 1961, "This Matter of Honesty", *The Language of the Heart*

December 12, 2023. Neither God nor AA can help us if we are not open to help." Forest Hills, N.Y., January 1967, "Don't Hide in AA", *Best of Grapevine, Volume 1*



December 24, 2023. "Gratitude is just about the finest attribute we can have." AA Co-Founder, Bill W., December 1970, "A Christmas Message", *The Language of the Heart*

December 28, 2023. "By working with others I'm allowed to witness the miracle of sobriety and observe the twinkling eyes as others learn to speak the language of the heart." Orange, Calif., November 1996, "...And Learn," AA Grapevine

December 29, 2023. "As drinking alcoholics, we all ran from life and toward death. When we join AA, we reverse the process – we give ourselves to life as it is, rather than as we would like it to be." Key West, Fla., February 1973, "Self-Pity Can Kill", *Best of Grapevine, Volume 1*

December 31, 2023. "If you want to stop drinking AA doesn't care whether you are a Christian, a Buddhist, a Jew, a Mohammedan, an atheist, an agnostic, or whatever. The door to AA is wide. Come right in." Tulsa, Okla., April 1988, "You're Welcome Here", *Spiritual Awakenings*

December 31 2021. "If humility can expel the obsession to drink alcohol, then surely humility can be our antidote for that subtle wine called success." AA Co-Founder, Bill W., October 1947, "Traditions Stressed in Memphis Talk", *The Language of the Heart*



AA Archives

The Best of Big Book Dave:

December in Our History:

Dec. 20, 1945: Rowland Hazard dies in Waterbury Connecticut at the age of 64. He lost both his sons during World War II. Rowland had been a patient of Dr. Carl Jung in the early 1930's. Coming back to the United States he will join 'The Oxford Group', a worldwide spiritual movement of the time, and he will carry the message of sobriety to Ebby T., who in turn takes the same message to Bill W. (Big Book pages 9-10-11-12). Ebby becomes our co-founders one and only sponsor. There is no evidence that Rowland ever came into AA. He is considered by most AA historians to be the first in a series of events that had to happen for AA to exist today.

Dec., 1923: Christmas: Bill W. wrote down in the family Bible and vowed to Lois that he would stay sober for one year. This pledge lasted two months and it was the first of many attempts to stay sober.

Dec. 1933: Prohibition ends. "America's noble experiment" to abolish alcohol was a total failure.

Dec. 1938: For the first time Bill puts the Twelve Steps down on paper using the principles of the Oxford Group.

Dec. 1939: Rockland State Hospital is the first hospital to start taking alcoholic patients to AA meetings (Big Book P. 163).

Dec. 1943: The San Quentin Newsletter reports that Bill W. is going to be the speaker at their holiday AA meeting. There are 300 inmates in the group.

Dec. 1949 Christmas: Dr. Bob's last visit to the alcoholic ward, St. Thomas Hospital, where he treated 5000 alcoholics with Sister Ignatia by his side.

Dec. 1952: Bill W. as the main speaker in Orlando, Florida said "December is the 'Slippery' month to AA old-timers because it has more slips, suicides and wounded Christmas tree than any other month."

R.I.P. Big Book Dave, Elected Archivist, Interior Alaska

Submitted by Mathea A.



OUR THANKS to B.B. Dave & Mathea A.



Concepts Checklist

Concept XII

The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power; that the sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and, whenever possible, by substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government, and that, like the Society it serves, it will always remain democratic in thought & action.

- How do we guard against becoming a "seat of perilous wealth or power?"
- How do we practice prudent use of our Seventh Tradition contributions and literature revenue?
- Do we insure the spiritual liberties of all A.A. members by not placing any member in the position of absolute authority over others?
- Do we try to reach important decisions by thorough discussion, vote and, where possible, substantial unanimity?
- As guardians of A.A.'s traditions, are we ever justified in being personally punitive?
- Are we careful to avoid public controversy?
- Do we always try to treat each other with mutual respect and love?



INTERGROUP ELECTIONS

December 7th, 9:30 am

To Attend these meetings on Zoom:

Zoom ID: #727 056 4300 Passcode: 043962

Intergroup Treasurers Report

November, 2024

Income:

Sunrise Sobriety	55.00
Steps to Freedom	300.00
Na Wahine Pono	106.47
Kauai Recovery Group	72.00
North Shore Aloha	45.00
Sunrise Sobriety	12.50
Hui Ohana	31.50
Robin W	22.00
Total Income:	<u>644.47</u>

Expenses:

Guardian Storage	Locker	178.01
Hawaiian Telcom	Hotline	38.79
Lihue United Church	Deposit	156.00
Ann W	Newsletter	95.00
Benita		55.78
Total Expenses		<u>523.58</u>

Total Income: 644.47

Total Expenses 523.58

Net 123.89

Balance 4589.67

Prudent Reserve -1300.00

Operating Balance 3289.67

~ Prepared by Tom R.~

SEND YOUR CONTRIBUTIONS TO:

Kaua'i Intergroup
P.O. Box 3606
Lihue, HI 96766



Intergroup Report

Jeanne L., Intergroup Representative for Hui Ohana attended the Area 14 Election Assembly and reported the following:

"Aloha: I was fortunate to represent our Kauai Intergroup at the Hawaii Area 17 election assembly on October 19, 2024, hosted by District 1, Diamond Head, in Oahu. This was my first election and it was beautiful. Because it was an election assembly I could hear each candidate introduce themselves and discuss their service history. I was also fortunate to listen to the outgoing seats and chairs introduce themselves and give a report on their past two years of service.

All elections took place, and the results can be found online. Debra S. will be our new Panel 75 Delegate and Sean F., will be the Alternate Delegate.

Tommy, our current delegate, gave an incredible, outgoing report.

We also voted on a proposal to amend the affiliation between the Hawaii Area Committee and the annual Hawaii Convention. The proposal was to end the Area's required participation in the Annual Hawaii Convention Steering Committee and likewise end the required participation of the Steering Committee Chair on the Hawaii Area Committee. The motion failed.

I was given flyers to bring back to our Kauai Intergroup. The flyers have QR codes for Newcomer packets, the AA Grapevine and the latest Mynah Bird issue."

Thank you, Ann Wallace

Intergroup Committee:

Chair:	Ann W.
Alt. Chair	Mathea A
Treasurer:	Tom R.
Secretary:	Carolyn
Schedules:	Tom R.
Literature:	Benita A. & Jeanne L
Hotline	Sean G.
Website:	Carolyn V.
Events:	Mike T

The Elections for Intergroup for the upcoming panel, will be held at the Intergroup Meeting, December 7, 2024 at 9:30am, Lihue Lutheran Church. We're seeking a Chairperson, Alt Chairperson, Treasurer & Secretary. These positions are great ways to provide service here on Kauai. Refreshments will be served.

District 6, Kauai:

The Next District Meeting :
December 16th 9:30 am

To Attend the meeting on Zoom:
Zoom ID: #727 056 4300 Passcode: 043962

District 6 Treasurer's Report

November, 2024

Income:

Poipu Sunrise Sobriety	250.00
North Shore Aloha	45.00
Primary Purpose	29.00
Princeville Hanalei	322.61
Total Income:	<u>674.00</u>

Expenses:

P.O. Box Key	17.00
Total Expenses:	17.00

Bank Balance	4377.04
Prudent Reserve	-1200.00
Operating Balance	<u>4177.04</u>

~ prepared by Bob F.

District 6 Committee:

DCM:	Anastasia A
Alt. DCM:	Jim D
Secretary:	Shoshanah
Treasurer:	Bob F
Website:	Aaron
Corrections:	Garrett S
Grapevine:	OPEN

Election Results - New Panel:

DCM: Bob F.
Alternate DCM: Jeanne L.
Treasurer: Katherine
Secretary: Scott

Service is Sobriety H.O.W.

- **Honesty**
- **Openmindedness**
- **Willingness**

SEND DISTRICT CONTRIBUTIONS

Kaua'i District Committee
P.O. Box 1503
Kapaa, HI 96746



Send GSO Contributions

General Service Office

P.O. Box 2407

James A. Farley Station

New York, New York 10116-2407

INCLUDE: YOUR GROUPS NAME & NUMBER
AS WELL AS AREA 17, DISTRICT 6



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by e-mail**



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Editor: Linda B.

Expect A Miracle