

March 2021

Garden Island Sobriety

Step Three

“Made a decision to turn our will and our lives over to the care of God as we understood Him.”



He said: While I've found it one of the **hardest** to consistently practice, I've found Step Three to have the easiest directions of any of the steps, and the most tangible way to figure out when I had a grasp of it. **While the Big Book tells us to pray** the "Third Step Prayer" with ourselves or someone else to relieve us of the bondage of self, the 12 and 12 gives even more easy daily instructions. In the final paragraph, it tells us that, when we are disturbed, to pause and then say the Serenity Prayer.

Seems pretty easy, no? The whole turning one's life over to the care of God that has been a "progress, not perfection" step for me. **There are some things that are easier to turn over.** I have proof that God has worked in my life in certain areas.

When I was about four years sober, I had a minor meltdown trying to find housing. I didn't have the money to find a place, I was going to college, and everything was slipping away on the first day of school. I sat down in my financial aid office and wrote a letter to God, asking for help and accepting the outcome. Everything worked out exactly the way it was supposed to. I kept the letter to remind me of that; God works in my life.

I'm always reminded of the "acceptance" paragraph on 417 when it comes to step three. It was the easiest way for me to grasp how God works in my life. But, even more important for me, was the end of that story. Dr. Paul says that we're not supposed to just sit around waiting for God's will. I'm supposed to do what's in front of me and not worry about the results.

So, for the practical side, I practice the third step like it says in the 12 and 12 -- saying that Serenity Prayer and getting out of the way. To see if it works, all I have to do is the next thing that comes up. I still have a lot of fear in my life. It is, in essence, the bondage that keeps

(Cont. p. 2)



She said: When I first came to the rooms, I thought this step meant I had to join a religion. And that I couldn't belong to AA unless I found a religious god that I fully trusted, obeyed and from whom I would never stray. If this was the truth about Step 3 I don't think any of us would ever stay sober. In recovery, I learned that this was the message I heard from the church I attended as a child. It was not the message of AA. Needless to say it took me some time and good sponsorship to help me better understand Step 3.

When I came in I didn't know what a will was. I learned that my will is what I think about all day long. And that there are basically 2 wills that exist in the world. Human will and God's will. Before I came to AA, I was either thinking about drinking, I was drinking or I was getting over drinking. My will (thinking) was to plan how I was going to get my next drink. Thoughts precede actions. I would think about drinking and how I needed a drink and how I wanted a drink and how good that drink was going to make me feel. Eventually I would take a drink. It would then become my entire life.

The program asked me to make a decision to turn my will (my thoughts) and my life (my actions) over to the care of God as I understand God. I didn't believe in God so I didn't think I could do Step 3. My thoughts were also terrifying. All I could think about was drinking. I was full of fear, resentment, regret, self loathing and anger. My actions were terrible. My relationships were a mess. I couldn't make a living. I was a liar, petty thief

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AA Hotline 245-6677

He Said (*cont.*) me away from other people. It is my belief that God, through the third step, only takes away enough fear from me on a daily basis to allow me to be of service. That's it. Take away any more of my fear, and I start doing my will all over again.

And, when I was a newcomer, the easiest way to find out if I was "finished" with the Third Step was sitting down and trying to write the Fourth. It took me quite a while. But, one night, after finishing a spiritual novel, I found a faith that worked. I believed that, no matter what, I was taken care of whatever happened. And I sat up all night and finished that first fearless and thorough moral inventory.

For a fear-based newcomer, is there anything more miraculous, and faith-affirming, than doing anything fearlessly?
 ~ Tom F., Kauai

She Said (*cont.*) and a drunk. I wasn't losing anything by trying to think and act in a different way. Early on, the best I could do with Step 3 was make a decision to turn my thoughts and my actions over to the AA program.

I was also very confused about what it meant to turn my old destructive thoughts and actions over to the care of God? What was God going to do with it all? I was told that by doing Step 3 I was just making a decision to do the rest of the steps to see if it would change my thinking and my actions. When it was broken down to me like that, I thought, "I think I can do that." And somehow by turning my thoughts and actions over to a different way, the AA way, I began to think and act like a recovering alcoholic instead of a practicing alcoholic. I still do not entirely understand God, however, today I believe that no human power, especially my own, could have changed me from the person I was to the person I am today. I still turn my thoughts and my actions over to the AA program every day. It's the easier softer way.

~ JoRina H., Kauai

Happy Birthday

Lucky	2/10	1981	40 yrs
Billy A.	2/14	1982	39 yrs
John P.	2/5	1984	37 yrs
Denise	2/18	1984	37 yrs
Fran M.	2/14	1986	35 yrs
Annie B.	2/15	1998	23 yrs
Jeff S.	2/14	2002	19 yrs
Bill S.	2/2	2004	17 yrs
Janice M.	2/5	2005	16yrs
Susan C.	2/24	2007	14 yrs
Arthur D.	2/1	2008	13 yrs
Brittini B.	2/5	2008	13 yrs
Laura L	2/14	2008	13 yrs
Pat C.	2/16	2008	13 yrs
Mark A.	2/29	2008	13 yrs
Susan O.	2/2	2009	12 yrs
David A.	2/23	2009	12 yrs
Kirt	2/4	2009	12 yrs
Matt L.	2/24	2009	12 yrs
Christopher	2/19	2010	11 yrs
Jami K.	2/22	2010	11 yrs
George K.	2/22	2010	11 yrs
Alysson	2/26	2011	10 yrs
David A.	2/23	2011	10 yrs
Taylor	2/17	2012	9 yrs
Bronson B.	2/1	2012	9 yrs
Lion H.	2/10	2012	9 yrs
Kyler	2/3	2013	8 yrs
Karen F.	2/2	2013	8 yrs

The Third Step Prayer

"God, I offer myself to Thee – To build with me and to do with me as Thou wilt.

Relieve me of the bondage of self, that I may better do Thy will.

Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy Way of Life.

May I do Thy will always!"

Meetings on Kauai



Island-wide Live and Open

North, South, East and West



We've Got You Covered!

Live meetings on Kauai listed at:

www.kauaiaa.org

DISCLAIMER:

Some AA meetings on Kauai have reopened and are available for in-person gatherings.

Kauai District 6 is providing notice of these meetings for informational purposes only and takes no position, and makes no representations nor guarantees that these meetings comply with current federal, state or local laws as they apply to the current COVID-19 pandemic.

Furthermore, Kauai District 6 takes no position, and makes no representations, nor guarantees that attendance at these meetings is safe and that the meetings do or will comply with currently suggested social distancing or other healthcare protocols.

Request a newsletter



by e-mail



Contact: District6newsletter@hotmail.com

Editor: Linda B.

A.A. Meeting Places



Photo - Alejandro

POIPU BEACH PARK

'Far West Pavilion'

MEETINGS at 2179 Hoone Rd.:

- Monday "Sunrise Sobriety" 7:00am, Step Study
- Tuesday "Sunrise Sobriety" 7:00am, Big Book
- Wednesday "Sunrise Sobriety" 7:00am, Daily Ref.
- Thursday "Sunrise Sobriety" 7:00am, Came To Believe
- Saturday Sunrise Sobriety" 7:00 am, Grapevine

Other Sunrise Sobriety Meetings:

- Sunday at Poipu Western Pavilion, 1059 Hoone Rd.
- Friday at Poipu Pavilion, 2055 Hoone Rd.,
(across from Brenneke's)

AA Meetings

~ Using Zoom ~

All online meetings for Kauai are listed at

www.kauaiaa.org

Just click "online meetings". If you need assistance with the technology or help starting an online meeting call the AA Hotline at 245-6677, and ask for the phone # of Janice M. She has volunteered her help and says, "Setting up the technology is much easier than you might think."

The Best of Big Book Dave:

March in Our History:

March 18th, 1888: Henrietta Seiberling is born in Lawrenceburg, Kentucky. In 1935 she will bring our two co-founders face to face for the first time.

March, 1940: The first recorded time the portion of CH. 5 was used to open an A.A. meeting. It was read at the meetings opening at the Cecil Hotel, corner of 6th and Main Street, Los Angeles by Mort J.

March, 1941: "The Foundation Office" (later GSO) was moved by Bill out of Hank P.'s office at 17 Williams Street, New Jersey to New York City at 30 Vesey Street, where much of the Big Book was written.



March 30th, 1941: Bill and Lois signed the contract for their home which would become known world-wide as "Stepping Stones". The price was 6,500.00,

with 40.00 per month payments at 4% interest. Today the home is a non-profit organization and museum kept as authentic and homey as when Lois and Bill were alive. A.A. members from around the world visit "Stepping Stones" year after year, 35 days a year.

March, 1942: Bill W., a veteran of World War I, tries to re-enlist in the army during World War II at the age of 46. He was too old for combat, however they had a state-side job for him. But, he was rejected in the army's physical exam due to chronic ulcers.

March, 1965: Richmond Walker passed away; Author of the "24 Hours A Day" book. The old-timers say they sobered up on two books: The "Big Book" and the "24 Hours A Day" book. Richard joined the Oxford Group Jan. 1939. His sobriety date in A.A. is and will always be May 20th, 1942. He came into A.A. in Boston.

R.I.P. Big Book Dave, Elected Archivist, Interior Alaska
Submitted by Mathea A.

 OUR THANKS to B.B. Dave & Mathea A.

GRAPEVINE

Quote of the Day

March 1, 2021

"Today I have a clearer perspective on what my role as a sponsor is and isn't. It is to stay sober, be available to listen, share my thoughts, pray for others, and let them live their own lives. It is not to 'fix' anyone, get them sober, make them happy, demand they conform, or make their decisions."

*Berlin, Conn., September 2004, From:
"What a Sponsor Is and Is Not", AA
Grapevine*

Find A.A. in Hawaii



at: www.area17aa.org


Send Area Contributions

ADDRESS IT EXACTLY LIKE THIS:

Hawaii Area Committee

P.O. Box 1413

Honolulu, HI 96806

Please include "District 6" & Group Name on check 

**Next Zoom Intergroup Meeting:
March 6th, 9:30 am**

**Intergroup ID – 87082750620
Password -372977**

Intergroup Treasurers Report

March 2020

Hui Ohana. Dec. order	Literature	15.00
Hui Ohana Jan. order	Literature	90.00
Hui Ohana Feb. order	Literature	88.00
North Shore Aloha Dec order	Literature	120.00
Kelly, visitor, Dec. order	Literature	44.84
Sat. Night Kapaa Library	Literature	90.00
Robert F.	Literature	18.00
3 rd Tradition Group	7th	112.00
Deposit	7th	512.00
North Shore Aloha	7th	75.00
Total Income:		1140.00
Expenses:		
Guardian Storage	Locker	157.07
Hawaiian Telcom	Hotline	31.20
Total Expenses		188.27
Income		1140.00
Expenses		188.00
Net		951.73
Actual Balance		3436.23
Prudent Reserve		-1050.00
Operating Balance		2386.23

~ Prepared by Sharon M. ~

SEND YOUR CONTRIBUTIONS TO:

**Kaua'i Intergroup
P.O. Box 3606
Lihue, HI 96766**



Traditions Checklist

from the AA Grapevine

Tradition Three

The only requirement for membership is a desire to stop drinking.

- In my mind, do I prejudge some new AA members as losers?
- Is there some kind of alcoholic whom I privately do not want in my AA group?
- Do I set myself up as a judge of whether a newcomer is sincere or phony?
- Do I let language, religion (or lack of it), race, education, age, or other such things interfere with my carrying the message?
- Am I over-impressed by a celebrity? By a doctor, a clergyman, an ex-convict? Or can I just treat this new member simply and naturally as one more sick human, like the rest of us?
- When someone turns up at AA needing information or help (even if he can't ask for it aloud), does it really matter to me what he does for a living? Where he lives? What his domestic arrangements are? Whether he had been to AA before? What his other problems are?

Intergroup Committee

Chair:	David J.
Treasurer:	Devin D.
Secretary:	Ann W.
Schedules:	Tom R.
Events:	Chris K.
Hotline:	David J.
Literature:	Bob B.
Website:	Charlie S.

District 6, Kauai:



DCM Report



**The Next Zoom District Meeting:
March 20th, 9:30 am**

District 6 Treasurer's Report

February 21, 2021

GROUP CONTRIBUTIONS:

Kauai Women's Virtual	42.00
Hui Ohana	350.00
Saturday 3rd Tradition	42.00
Poipu Beach Sunrise	120.00
North Shore Aloha	5.00
Kauai Recovery Group	30.00
Total Income	659.00

EXPENSES:

GSB Contribution	500.00
PO Box Renewal	185.00
Total Expenses	685.40

Bank Balance:	3,203.21
Prudent Reserve:	1200.00
Operating Balance	2003.21

District 6 Committee:

DCM:	Kalei K.
Alt. DCM:	Keola O.
Secretary:	Nelson A.
Treasurer:	Janice M.
Website:	Charlie S..
Myna Bird:	Janelle S.
CEC:	Connie S.
Archives:	Mathea A.
Grapevine:	Ann
Treatment:	Conrad M.
Corrections:	April

Aloha Mai Kakou!

I Hope everyone had a great February! I want to Mahalo's everyone in District 6, Kaua'i for their Love and support for our Island. We are truly blessed and grateful for A.A. on Kaua'i.

Two months are gone in this year of 2021! I attended two live meetings and it was awesome! We have 38 live meetings and 39 virtual meetings on Kaua'i. What a blessing! I will be attending a lot more live meetings and carry the message to all who attend.

On February 20, We had our monthly District 6 meeting, it was only the second meeting of this year, but I'm glad to announce that we filled every position, except the PI Public Information Standing Committee Chair position. We're so happy.

On February 21 some of us attended the Virtual Area Committee meeting, all day. It was awesome gearing up for the Inform the Delegate Assembly, next month March 27 & 28, 2021. PRAASA is also in March on 5-7 2021, virtually, of course. Hosted by Area 93, Central California. Please visit our website Kauaiaa.org for more information

We also need Hotline volunteers.

Our next Monthly District 6 meeting is March 20, 2021 please join us!

Feel free to contact me, Kalei K. DCM District 6 Kaua'i at dcm6@area17aa.org, if you are interested in serving the District or just joining us on the 3rd Saturday of each month at 930am, virtually via Zoom, and find out about A.A. on Kaua'i. Hope to see you there!

Mahalo's,
Kalei K., DCM District 6

SEND YOUR CONTRIBUTIONS TO:

**Kaua'i District Committee
P.O. Box 1503
Kapaa, HI 96746**

