

December 2021

Garden Island Sobriety

Step Twelve

“Having had a spiritual awakening, as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.”



He said:

I claim no perfection only progress. Perfection for me was being able to drink, get drunk, get in trouble and use people, places and things as my excuse for doing so. At 17 yrs and 9 months of working this program to the best of my ability, and using the fellowship and these 12 steps as my guide to life, I can truly say that "Step 12" having had a spiritual awakening as a result of these steps I/we try to carry this message to other alcoholics and to practice these principals in all our/my affairs. I've added I, me and my, because I can only speak for myself. Also keeping in mind that it won't work without you, we & us.

Like in other readings I believe this to be true, there are as many spiritual awakenings as there are people that have them. For each of us it's different. For me, mine comes in the form of self respect and recognition that with the blink of an eye it's 18 yrs later, I'm 53, living on Kauai and have been able to share my experience strength and hope with people I share this life with. I truly believe my purpose is to be an example of what can come of a garden variety drunk 35 yr old HIV positive man.

Today I can hold my head up high, be an asset to my community, a tax paying business owner, a good husband, friend, son and a positive role model leading by example. The only way all of this is possible for me is to practice these principles in all my affairs and then carry the message to the alcoholic that still suffers. Like many of the steps prior to this one there can be a ton more said and I've only got one column, and still sometimes a short attention span. Hopefully some can relate.

My spirit is like the shape of the upside down triangle
(Cont. p. 2)



She said:

“For it is in giving that we receive....” – Prayer of St. Francis

I recognized the reformatory power of giving on a trip to India my first year sober. Mother Teresa is a hero of mine, and I chose to volunteer for six weeks at her “home for the dying” in one of the poorest slums in India. I was to be working with some of the most deformed, destitute children in the world. It was a gated community, and the gate was not to protect what lie inside, but more allegorically, to separate the dying from the outside. It was a community referred to as “The Untouchables” by the Indian caste system. In essence, these children were the cast-offs of society. As I walked there my first day, I imagined the strength I would need to witness the poverty and imperfections these children had to bear. Every muscle twitched with the instinct to turn and run. I feared I would not be capable of “withstanding” it. No one would know if I didn't follow through with my plan. I was alone, and everyone had encouraged me not to go. I continued.

What did I discover? That each of these little beings had been created differently, but it inspired appreciation for their originality. The children didn't know their fate within the confines of these walls. They were a joyous clan filled with camaraderie. Many children didn't have legs so naturally the other kids carried them from place to place. On that first walk I sensed blindly that I would find “God” there. On the walk home, that evening, I knew I had. Through working with these children, and the nuns that cared for them, I recognized my own belief of being an “untouchable.” I had imprisoned myself in an illusion of separation and my drinking kept that illusion strong. The TRUTH was that I could not feel love until I extended it. I must give love, and practice it, to feel it. I had remained “untouchable” until I reached

(Cont. p. 2)

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AA  **Hotline 245-6677**

He Said (cont.) the very top being my umbrella of God with a marionette of angles tapering down to me as the point at the bottom. That's how I see it for me.

G-----O-----D

**The Fellowship
The Program
& Me**

Today I want nothing more than to see people come through the doors of any meeting and see hope in their eyes. I know I have hope in my heart.

I love you all. I love this program, and I love the folks not here yet. I wish you all Happy Holidays & Merry New Year. Have fun & be Safe. Thanks for another Wonderful year Alive.

**Happy Joyous & Free in Service,
Lance L.**

She Said (cont.) out. I saw such unique creation in each of those little children, and through them I reached out and touched "God".

When I returned home, I was determined to change the world. I became frustrated because I was pregnant and also married. How was I going to be like Mother Teresa with a baby and a husband? How was I going to change the world?

Mother Teresa was once asked how she found the energy to help so many; she replied, "I only serve The One."

Getting "down to size" I've realized that my purpose on this earth is to serve "The One" who is in front of me, whether it's my husband, my child, my neighbor or a fellow alcoholic. With this as my focus, I've learned that I change the world by serving the ONE GOD places in my moments.

AA has changed my path in life, and your acts of kindness do not go unnoticed. By practicing the 12 Steps I have discovered that what I extend to the world around me is simultaneously felt within....for it is in the act of extending LOVE that I experience it myself. Giving is love in action. Your heart's gifts are rich and precious. Acts of giving, like a ripple effect, perpetuate LOVE.

~ Jill R., Kauai

Happy Birthday

Mike C.	11/6	1975	46 yrs
Carol O.	11/19	1981	40 yrs
Marcial L.	11/16	1986	35 yrs
Anderson	11/21	1987	34 yrs
Mathea A.	11/17	1988	33 yrs
Niamala	11/24	1995	26 yrs
Tom F.	11/15	1996	25 yrs
David J.	11/30	2001	20 yrs
Lani A.	11/21	2005	16 yrs
Barry	11/8	2006	15 yrs
Bob	11/13	2006	15 yrs
Chris S.	11/3	2007	14 yrs
Jeanie	11/26	2007	14 yrs
Scott C.	11/3	2007	14 yrs
Mark G.	11/4	2007	14 yrs
Michelle L.	11/13	2008	13 yrs
Randy	11/10	2009	12 yrs
Sonia	11/5	2011	10 yrs
Shawn	11/5	2011	10 yrs
Jackie C.	11/9	2012	9 yrs
Kalei K.	11/7	2012	9 yrs
Barbie	11/26	2013	8 yrs
Lee G.	11/18	2013	8 yrs
Estrella B.	11/1	2019	2 yrs
Josh K.	11/11	2019	2 yrs

Congratulations Everyone!!

Expect A Miracle

**Request a newsletter
by e-mail**



Contact: District6newsletter@hotmail.com

Editor: Linda B.

About Publishing Birthdays

To have a Birthday published or corrected
in the GIS Newsletter Contact:

District6newsletter@hotmail.com

CHRISTMAS DAY



IN KILAUEA

Christmas Party

AA Meetings

All Are Welcome!

December 25th

10:00am to 2:00pm

2020 Kolo Rd., Kilauea

Meetings at:
10:30am & 1:00pm

Potluck

No Dogs Please

Meetings on Kauai



Returning meetings:

KAUAI NOONERS

Weds & Fri. 12 - 1 p.m.

Kapaa First Hawaiian Church

4-1325 Kuhio Hwy, Kapa'a

PRINCEVILLE HANAIEI

Sun. 8 - 9 a.m.

Hanalei Beach Pavilion

YOUNG PEOPLE'S B.Y.O.B.B

Sun. 7 - 8 p.m. Wailua Houselots Park

200-298 Lanakila Rd, Kapa'a

Sunday 7:00 p.m.

A.A. Meeting Places



Christ Memorial Parish Hall

2518 Kolo Rd., Kilauea

Monday at 6:15 pm North Shore Aloha, A

Monday at 7:30 pm North Shore Aloha, B

Tuesday at 10:00 am - Big Book Study

Tuesday at 7:30 pm - Living Sober

Wednesday at 7:30 pm - 12 x 12 Discussion

Writers NEEDED For 2022

"HE SAID - SHE SAID"

Contact:

District6newsletter@hotmail.com



AA Meetings

~ Using Zoom ~

All online meetings for Kauai are listed at

www.kauaiaa.org

If you need assistance with the technology or help starting an online meeting call the AA Hotline at 245-6677, and ask for the phone # of Janice M. She has volunteered her help and says, "Setting up the technology is much easier than you might think."

**The Best of Big Book Dave:
The Month of November in Our History:**

Nov. 1952: A Grapevine Article: “Two years ago on Nov. 16th, 1950, Dr. Bob died at his home in Akron, Ohio. It was Thursday, close to noontime, one week before he would have been his 71st Thanksgiving Day. It was 15 years and 5 months after his own last drink, and it was 15 years and 5 months in which he had personally ministered as friend, teacher and physician to 5000 alcoholics. To each of them he was simply “Dr. Bob” and to history he will be “Co-Founder of Alcoholics Anonymous.” To Bill W. he is “The Prince of Twelfth Steppers” and “The Rock upon which AA is founded.” Dr. Bob met his death serenely for he had to the fullest given himself to life. He left the rich gifts of Simplicity, Love and Service. We who followed him in “The Way Out” give him thanks anew for the message he so tirelessly carried. We think this man who learned true humility would most like the memorial that is still to come ... Those thousands now sick and despairing who will yet find our way out of dilemma into recovery, strengthened by the invisible hand of Dr. Bob.

Nov. 1st, 1934: ‘Ebby’s surrender date’ in the Oxford Group. This is 3 weeks before he calls on his old friend, Bill Wilson, with the message of sobriety (Big Book p. 9, 10, 11, 12).

Nov. 1943: Groups in New York City celebrate A.A.’s 8th anniversary, attended by over 800 members. Dr. Norman Vincent Peale is the guest speaker.

Nov. 1964: Lyndon B. Johnson was the first U.S. president since Lincoln to recognize alcoholism as a health issue. One of his first actions in office was to appoint an advisory committee to John W. Gardner, Sec. of Health, Ed. & Welfare, on priorities concerning alcoholism. This action by President Johnson didn’t come out of nowhere, his father died of alcoholism.

Nov. 1968: The First International Conference of “Young People in AA” held at Niagara Falls, New York.

R.I.P. ‘Big Book Dave’, Elected Archivist, Interior Alaska
~ Submitted by Mathea A.



OUR THANKS to B.B. Dave & Mathea A.

Tradition XII:

Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

- Why is it a good idea for me to place the common welfare of all AA members before individual welfare? What would happen to *me* if AA as a whole disappeared?
- When I do trust AA’s current servants, who do I wish had the authority to straighten them out?
- In my opinions of and remarks about other AAs, am I implying membership requirements other than a desire to stay sober?
- Do I ever try to get a certain AA group to conform to *my* standards, not its own?
- Have I a personal responsibility in helping an AA group fulfill its primary purpose? What is *my* part?
- Does my personal behavior reflect the Sixth Tradition – or belie it?
- Do I do all I can to support AA financially? When is the last time I anonymously gave away a Grapevine subscription?
- Do I complain about certain AAs behavior – especially if they are paid to work for AA? Who made *me* so smart?
- Do I fulfill all AA responsibilities in such a way as to please privately even my own conscience? Really?
- Do my utterances always reflect the Tenth Tradition, or do I give AA critics real ammunition?
- Should I keep my AA membership a secret, or reveal it in private conversation when that may help another alcoholic (and therefore me)? Is my brand of AA so attractive that other drunks want it?
- What is the real importance of *me* among more than a million AAs?

Kauai Intergroup

Next Zoom Intergroup Meeting:

December 4th, 9:30 am

Intergroup ID – 87082750620

Password -372977

Intergroup Treasurers Report

Income:

Whisky and Milk	7th	40.00
Poipu Beach Sunrise	7th	410.00
Na Wahine Ku Pono	7th	121.33
Steps to Freedom	7th	110.00
Na Wahine Ku Pono	Literature	50.25
Total Income:		\$731.58

Expenses:

Hawaiian Telcom	31.64
Guardian Storage	157.07
PO Box Annual Fee	146.00
Total Expenses	334.71

Net	396.87
Balance	4769.22
Prudent Reserve	-1050.00
Operating Balance	3719.22

~ Prepared by Devin D.

Intergroup Committee

Chair:	David J.
Treasurer:	Devin D.
Secretary:	Ann W.
Schedules:	Tom R.
Literature:	Bob B.
Website:	Charlie S.

SEND YOUR CONTRIBUTIONS TO:

Kaua'i Intergroup
P.O. Box 3606
Lihue, HI 96766



GRAPEVINE

Quote of the Day

December 4, 2020

"The most important factor in eliminating resentments is to know you have them. You can't fix something if you don't know what's wrong."

La Verne, Calif., December 1966, "Caught in Hateland", Best of Grapevine, Volume 1

December 5, 2020

"By 1937, some of us realized that AA needed a standard literature. There would have to be a book ... Well, we did quarrel violently over the preparation and distribution of that book. In fact, it took five years for the clamor to die down. Should any AAs dream that the old-timers who put the book together went about in serene meditation and white robes, then they had best forget it."

AA Co-Founder, Bill W., November 1951, "Services Make AA Tick", The Language of the Heart

December 7, 2020

"The reason we try to carry the message is so that we stay sober. If the person we are helping stays sober, that's an extra bonus."

Austin, TX, May 2003, "What I Learned From My Sponsor", I Am Responsible: The Hand of AA

December 10, 2020

"When you've been lost, lonely, forgotten, rejected, it's the most important thing in the world to have somebody shake your hand."

Santa Fe, N.M., May 1972, "How AA Works", Best of Grapevine, Volume 1

December 12, 2020

"Neither God nor AA can help us if we're not open to help."

Forest Hills, N.Y., January 1967, "Don't Hide in AA", Best of Grapevine, Volume 1

December 20, 2020

"No one can express love and self-pity at the same moment; showing concern for others helps us to see how foolish we have been."

Dayton, OH, April 1962, "Ever Been on a Dry Drunk", Best of Grapevine, Volume 1

December 23, 2020

"Do I really want ... to be bitter, hostile, and judgmental? Do I want to live inside that sort of person? Wouldn't I rather forgive, make allowances, understand? Is self-pity, feeling abused, so precious that I will not trade it for self-liking?"

Key West, Fla., February 1973, "Self-Pity Can Kill", Best of Grapevine, Volume 1

District 6, Kauai:



DCM Report



**The Next Zoom District Meeting:
December 18th, 9:30 am**

Zoom address 823-860-40996

passcode: 043962

District 6 Treasurer's Report

BEGINNING BALANCE:	5016.36
INCOME:	
Whiskey and Milk	10.00
Steps to Freedom	44.00
Na Wahine Ku Pono	72.80
Princeville Hanalei	80.00
Poipu Beach Sunrise	410.00
Total Income	616.80
Total Expenses	0.00
Bank Balance:	5633.16
Prudent Reserve:	1200.00
Operating Balance	4433.16

~ prepared by Janice M.

SEND YOUR CONTRIBUTIONS TO:

Kaua'i District Committee
P.O. Box 1503
Kapaa, HI 96746



District 6 Committee:

DCM:	Kalei K.
Alt. DCM:	Keola O.
Secretary:	Nelson A.
Treasurer:	Janice M.
Website:	Charlie S..
Myna Bird:	Filled
CEC:	Connie S.
Archives:	Mathea A.
Public Information:	Filled
Grapevine:	Ann
Treatment:	Conrad M.
Corrections:	April

Aloha mai Kakou!

I hope everyone is having a great November so far. I want to thank District 13 Tri-island for hosting this Fall Assembly and also our Area17 Officers and all of you for your service and love for A.A. I want to thank everyone in District 6 Kauai for their love, service and support for Alcoholics Anonymous on Kauai. We also welcome all of you to our beautiful Island, and our meetings also, both in-person and virtual, all information is on our website Kauaiaa.org. We are truly blessed and grateful for A.A. on our Island.

Eleven months have gone by in 2021! I attended a lot of live/ in person meetings here on our island, all pretty well attended, except for a few. People are doing their part and wearing masks, social distancing, sanitizing, etc.. Please keep up the good work.

Our next District 6 meeting for December will be on the 18th, at 9:30am. Please join us and bring a friend or home group member with you. We will be going over our yearly Inventory questions from each group and also our 2022 annual Budget for district.

All our District 6 positions are filled. Please call me at 808-212-7124 or email me at dcm6@area17aa.org, if you have any questions or concerns. Mahalo's.

Wishing all you a very Merry Christmas too!

May God bless us always!

Aloha nui loa,

KALEI K.

DCM Kauai District 6

Send Area Contributions

ADDRESS IT EXACTLY LIKE THIS:

Hawaii Area Committee
P.O. Box 1413
Honolulu, HI 96806



Please include "District 6" & Group Name on check

Find A.A. in Hawaii



at: www.area17aa.org