

March 2022

Garden Island Sobriety

Step Three

“Made a decision to turn our will and our lives over to the care of God as we understood Him.”



He said:

When I finally made it to

AA and was introduced to the Big Book and the Steps, I was instructed to read through from the beginning and to stop at the end of the paragraph that begins - *Being convinced*. I did what I was told and was able to concede on a lot of the points made in the previous chapters, but still was a little shaky on the God idea.

I believed I would have to begin living like some of those “church-going folks” in order to live a godly life. I was sure that it would not be possible for me to accomplish this, nor did I want to.

Early in my sobriety I had the opportunity to go to a meeting somewhere in LA that had a copy of the original manuscript from chapter 5, *How It Works*, in a glass frame. I read it and what stuck with me was that instead of saying rarely, it said never, and then it said “having read this far if you are not convinced, reread the book or throw it away.”

That is one heck of a statement. It made me seriously reconsider the prospect of getting busy with the steps, honestly and vigorously. The 12x12 states that the effectiveness of the whole program rests on how well and earnestly this step is performed. Why is that??

When I was in charge of my life and doing as I pleased, whenever I pleased, there was a lot of chaos, confusion and destruction. I was aware of the mess I was making and deluded myself with empty promises of making it better as soon as all my ducks were in a row. The only problem with that was those darned ducks keep running all over the place; it was hard to keep track of them.

Only when I came to the realization, with the aid of a sponsor, that maybe I should be held accountable to someone or something else and take responsibility

(Cont. p. 2)



She said:

In short: “Thy will be

done”. That meant getting out of the way; to stop trying to play the director in my life and everyone else’s lives around me. Forcing my will is an act of selfish and self-centered fear- based action that never turned out well for me, ever.

I truly did not understand, when I first crawled into AA, what the Big Book spoke about on pg 62, where it states “So our troubles, we think, are basically of our own making”. WHAT? Why in the world would I put myself into all of the messes that I found myself in?!? I have learned it’s not because I set out with the intention of screwing up my life. I did it with the actions that were born out of fear and self will. When I became willing to be honest, “I” was the common denominator in ALL my affairs. Ironically alcohol was not. I was.

Now that I have this new found knowledge, that I created this mess, what can I do about it? I can become willing to make a decision to let God be the one to run my show. There were a myriad of emotions running through my mind. First, I was actually relieved to know that I don’t have to figure this out all on my own. I also wanted to cling to the illusion of control. Though it had never worked for me in the past, my ego was afraid to let go. I felt comforted that I could turn my will over to my higher power, but my life? My whole life? Seriously, everything in my life? YES! For my higher power permeates my entire life, every aspect, every nook and cranny. Finally, there was willingness to try something different. I saw demonstrations of changed lives because of this NEW way of living. A different way to live? Wasn't that what I was here for? YES! I also kept hearing over and over... “If you

(Cont. p. 2)

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AA Archives p.4

12 Concepts p.4

AA  **Hotline 245-6677**

He Said (cont.) for my actions, did I become willing to take Step 3.

Willingness to take this step has proven to be the keystone of the new and triumphant arch through which I passed to freedom. That is the keyword. Today I am free from the bondage of my alcoholic mind, one day at a time, as long as I trust that God has the best possible plan for the new life he has graced me with.

Your brother in Recovery,
~ Ron A.

She Said (cont.) want what we have, you'll do what we do".

I quickly learned that Step 3 is NOT a onetime event for me. It has become a part of my daily spiritual practice. My ego is sneaky and will take my will back the moment that I am not vigilant. That is usually when I find myself out of alignment with God's will. For God's plan is far better than anything I could have ever manipulated, devised or planned on my own!! For that I am grateful.

In Love and Light,
Michelle L.

Happy Birthday

Lucky	2/10	1981	41 yrs
Billy A./RIP	2/14	1982	20 yrs
John P.	2/5	1984	38 yrs
Denise	2/18	1984	38 yrs
Fran M.	2/14	1986	36 yrs
Annie B.	2/15	1998	24 yrs
Jeff S.	2/14	2002	20 yrs
Bill S.	2/2	2004	18 yrs
Janice M.	2/5	2006	16yrs
Susan C.	2/24	2007	15 yrs
Arthur D.	2/1	2008	14 yrs
Brittini B.	2/5	2008	14 yrs
Laura L	2/14	2008	14 yrs
Pat C.	2/16	2008	14 yrs
Mark A.	2/29	2008	14 yrs
Susan O.	2/2	2009	13 yrs
David A.	2/23	2009	13 yrs
Kirt	2/4	2009	13 yrs
Matt L.	2/24	2009	13 yrs
Christopher	2/19	2010	12 yrs
Jami K.	2/22	2010	12 yrs
George K.	2/22	2010	12 yrs
Alysson	2/26	2011	11 yrs
David A.	2/23	2011	11 yrs
Taylor	2/17	2012	10 yrs
Bronson B.	2/1	2012	10 yrs
Lyon H.	2/10	2012	10 yrs
Kyler	2/3	2013	9 yrs
Karen F.	2/2	2013	9 yrs

Congratulations Everyone!!

The Third Step Prayer

"God, I offer myself to Thee – To build with me and to do with me as Thou wilt.

Relieve me of the bondage of self, that I may better do Thy will.

Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy Way of Life.

May I do Thy will always!"

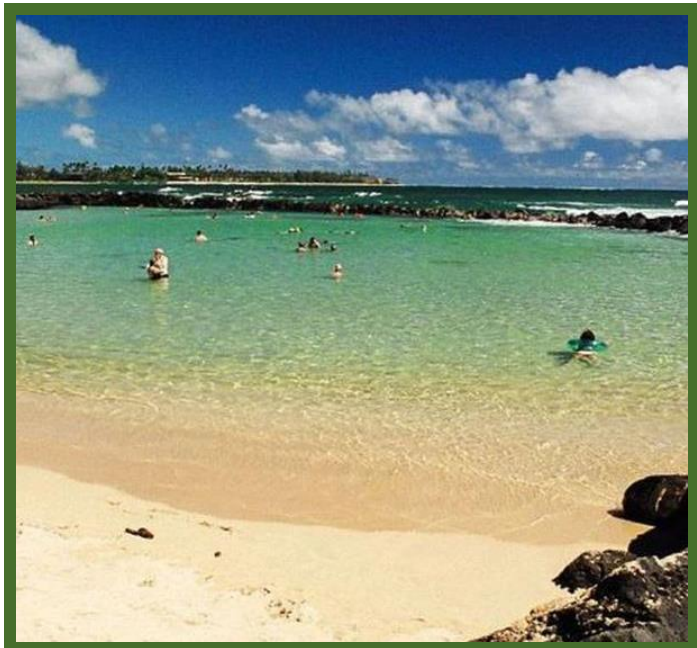
About Publishing Birthdays

To have a Birthday published or corrected in the GIS Newsletter

Please Contact:

District6newsletter@hotmail.com

HICYPAA 2022



JOIN US FOR FUN!

Games and a Bonfire!

Lydgate Beach Park, Wailua

- Potluck/Picnic
- Eat & Socialize
- Tournaments
- Frisbee-golf / Dodgeball
- Bonfire meeting 6:30-7:30

BURN YOUR RESENTMENTS!



AA Meetings

~ Using Zoom ~

All online meetings for Kauai are listed at:

www.kauaiaa.org

Just click "online meetings". If you need assistance with the technology or help starting an online meeting call the AA Hotline at 245-6677, and ask for the phone # of our DCM Janice M. She has volunteered her help and says, "Setting up the technology is much easier than you might think."

A.A. Meeting Places



3289 Poipu Road, Koloa

Koloa Union Church

- Wednesday - 7:30pm
"Whiskey and Milk Stick Meeting"
- Friday - 7:00 pm
"Big Book Study"
- Saturday - 6:00pm (Needs Support)
"Third Step in Paradise"

The Serenity Prayer

God grant me the serenity to accept the things that I can not change, the courage to change the things that I can and the wisdom to know the difference.

**Request a newsletter
by e-mail**



Contact: District6newsletter@hotmail.com

Editor: Linda B.

The Best of Big Book Dave:

Interesting Dates in AA History in March

March 2015: Thanks to Irene R. the Anchorage Archives Committee has received a copy of a speech Bill W. gave on July 24th, 1969 before the US Senate. It is eleven pages long and the subject is, "The Impact of Alcoholism." It's members like Irene that keep the history of A.A. in the forefront of our movement. Without the knowledge of our past we have no tomorrow.

March 1941: Cleveland, Ohio forms the first Women's AA Group. The Secretary for this group was Marion R. and could be written to at 12214 Detroit Ave., Cleveland.

March 5th, 1945: Radio station W.W.J. in Detroit, Michigan, pioneered a weekly program put on entirely by AA members talking about AA. They also took phone calls.

March 1948: Richmond Walker finished the "24 Hour A Day" book, printed and distributed on his own.

March 1954: Marty M. (story in the Big Book) was providing so much factual education to communities nationwide about alcoholism that she was named 'One of the Ten Greatest Living Americans.'

March 21st, 1966: Passing away on this date Ebby T., the one and only sponsor of Bill W. Ebby brought Bill the message of sobriety, Big Book pages 9-10-11-12.

R.I.P. 'Big Book Dave', Elected Archivist, Interior Alaska

~ Submitted by Mathea A.

 **OUR THANKS to B.B. Dave & Mathea A.**

Concept III:

Concept III: To insure effective leadership, we should endow each element of A.A. – the Conference, the General Service Board and its service corporations, staffs, committees, and executives – with a traditional "Right of Decision."

● **Do we understand** what is meant by the "Right of Decision"? Do we grant it at all levels of service or do we "instruct"?

● **Do we trust** our trusted servants – G.S.R., D.C.M., area delegate, the Conference itself?

This really means that we ought to trust our responsible leaders to decide, within the understated framework of their duties, how they will interpret and apply their own authority and responsibility to each particular problem or situation as it arises. (p 15) **But for so long** as our world services functions reasonably well – and there should always be charity for occasional mistakes – then trust must be our watchword, otherwise we shall wind up leaderless. (p 15)

Ref: The A.A. Service Manual Combined with Twelve Concepts for World Service by Bill W. 2005-2006 Edition

Service is Sobriety



Expect A Miracle

Kauai Intergroup

Next Zoom Intergroup Meeting:

March 12th, 9:30 am

Intergroup ID – 87082750620

Password-372977

Intergroup Treasurers Report

Income:

North Shore Aloha	Literature	90.00
North Shore Aloha	7th	75.00
Kilawa Train Wrecks	Literature	90.00
Na Wahine Ku Pono	7th	139.00
Sunrise Sobriety	7th	960.00

Total Income: 1354.00

Expenses:

Hawaiian Telcom	31.38
Guardian Storage	157.07

Total Expenses 188.45

Net 1354.00

Balance (as of 12-30-21) 5463.44

Prudent Reserve -1050.00

Operating Balance 4413.44

~ Prepared by Devin D.

Intergroup Committee

Chair:	David J.
Treasurer:	OPEN
Secretary:	Ann W.
Schedules:	Tom R.
Literature:	Bob B.
Website:	Charlie S.
Events:	OPEN

SEND YOUR CONTRIBUTIONS TO:

Kaua'i Intergroup
P.O. Box 3606
Lihue, HI 96766



GRAPEVINE

Quote of the Day

March 4 2022

"I still don't have answers for all the eternal questions, like why bad things happen to good people, or why babies die. But I have found that life works better when I focus more on how I am contributing to God's world than musing about what he is or is not doing in mine."

"The Scoop," Woodinville, Washington, Nov. 2013, AA Grapevine

March 8, 2021

"I remember asking my sponsor, 'When do I start the Steps?' He replied, 'When do you want to get well?'"

Martinsville, Va., March 2009, "Fledgling Sponsor", AA Grapevine

March 17, 2019

"Surrender has nothing to do with giving up. It means to stop fighting."

"The Gift of Sobriety," Carrollton, Texas, February 1993, AA Grapevine

March 25, 2019

"I'm better able to love people when the storm of my judgmental mind settles, when I understand and empathize rather than criticize and condemn."

"The Fine Art of Listening," September 2008, AA Grapevine

March 28, 2019

"One of the first insights Dr. Bob and I shared was that all true communication must be founded on mutual need. Never could we talk down to anyone, certainly not to a fellow alcoholic. We saw that each sponsor would have to humbly admit his own needs as clearly as those of his prospect."

AA Co-Founder, Bill W., July 1960, "The Language of the Heart", The Language of the Heart

April 2, 2019

"Let it never be said that the spiritual way is a cowardly or escapist approach to life. On the contrary, it requires maximum diligence and persistence to seek divine guidance when all the evidence of our eyes and ears tries to tell us that life is largely physical, intellectual and emotional."

"Let Go and Let God," Jackson, Mississippi, Nov. 1964, AA Grapevine

District 6, Kauai:



DCM Report



The Next Zoom District Meeting:
March 19th, 9:30 am

Zoom address 823-860-40996
passcode: 043962

SEND YOUR CONTRIBUTIONS TO:

Kaua'i District Committee
P.O. Box 1503
Kapaa, HI 96746



District 6 Committee:

DCM:	Kalei K.
Alt. DCM:	Keola O.
Secretary:	Nelson A.
Treasurer:	Bob F.
Website:	Charlie S..
Myna Bird:	Filled
CEC:	Connie S.
Archives:	Mathea A
Public Information:	Filled
Grapevine:	Ann
Treatment:	Conrad M.
Corrections:	April

Aloha Mai Kakou!

I'm hoping everyone had a great February! Two months have gone by in 2022, so fast! I want to thank everyone on our beautiful island of Kauai for their Love and support for AA. We are truly blessed and grateful!

We have 68 meetings on Kauai, 47 live in-person and 21 virtual meetings.

I'm attending PRAASA this month, it's March 4-6, hosted by Area 58 Oregon, starting at 300pm Hawaii time. Hope to see you all there. I'm chairing one of the Dcm round tables.

There's a Treatment Workshop on March 26, 9a-12p, How to work within, for more information go to Hawaii Area 17 website.

Also on April 9 & 10, there is the Virtual Inform the Delegate Assembly, hosted by District 1 Diamond Head Oahu.

For more information on all of the above events go to Hawaii Area 17 website.

Our next District meeting is on March 19, 2022 930a please join us, also bring or invite a friend or home group member.

You also can call me at 808-212-7124 or email me at dcm6@area17aa.org

Mahalos Kalei K.
DCM District 6 Kauai

THE HOTLINE NEEDS YOUR HELP



Slots are open for volunteers!!
To Participate in AA Service
Contact the Hotline at **245-6677**

Send Area Contributions

ADDRESS IT EXACTLY LIKE THIS:

Hawaii Area Committee
P.O. Box 1413
Honolulu, HI 96806



Please include "District 6" & Group Name on check

Find A.A. in Hawaii



at: www.area17aa.org