

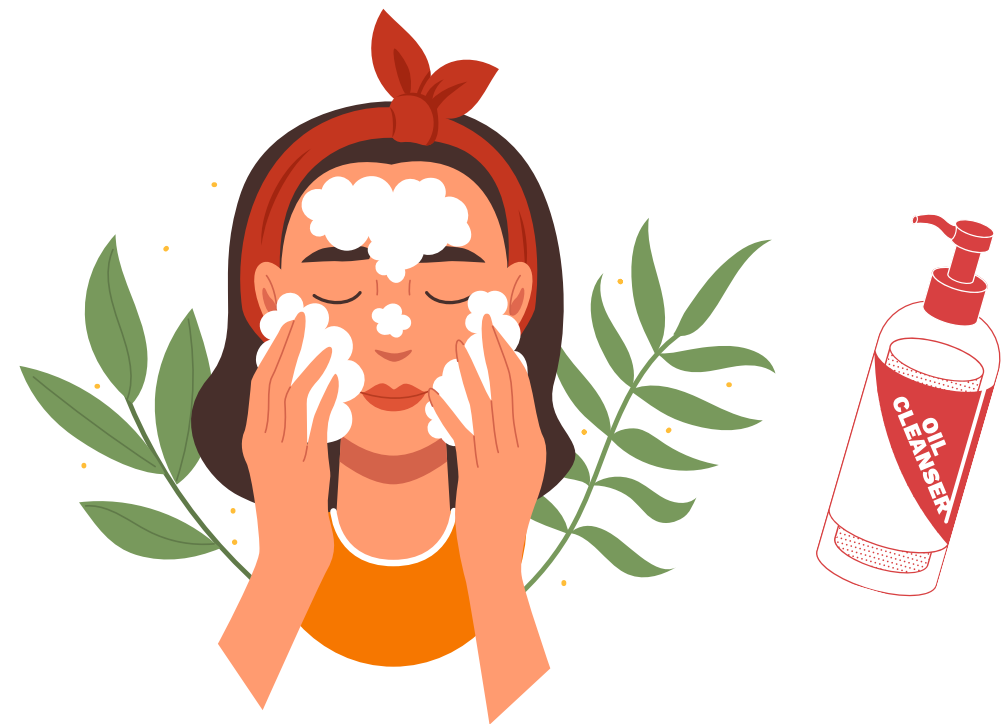


SIMPLE DAILY SKINCARE ROUTINE

Here are some steps to help you create a skin care routine

1 CLEANSE

Start your routine with a gentle cleanser and lukewarm water. This will help remove any dirt and oils from your skin.



2 TONE

Use a toner to help balance the pH of your skin. This will help reduce oiliness and keep your skin looking healthy.

3 MOISTURIZE

Apply a light moisturizer to help hydrate your skin and keep it looking soft and supple.



4 PROTECT

Use a broad-spectrum sunscreen with an SPF of 30 or higher to protect your skin from the sun's harmful rays.

By following these steps, you'll be on your way to having healthy, glowing skin!



ADDITIONAL SKINCARE TIPS

EXFOLIATE

Use a gentle scrub or exfoliating cleanser after you've washed your face to remove dead skin cells that can clog pores and leave your skin looking dull. We recommend doing this 1-3 times a week, depending on your skin needs



SERUMS & SPOT TREATMENTS

Serums are concentrated formulas that penetrate deep into the skin to deliver ingredients that target specific skin concerns such as ageing, dark spots and inflammation. These are best when used before bedtime and should be applied following your toner.

*Our Clear Complexion spot treatment is gentle enough to use both day and night.

