

General Information:

Patient Name: _____ Date: _____
Address: _____ DOB: _____
City: _____ State: _____ Zip: _____ Sex: _____ M F
Cell: _____ Email: _____ Handedness: R L
Orthotic use: Y N

Best time and place to reach you during the day: _____ Marital status: _____
Native language/ ethnicity: _____ SSN: _____
Occupation: _____ Employer/ School: _____

Who may we thank for referring you? _____

Emergency contact (please circle): Spouse other
Name(s): _____
Relationship: _____
Phone: (Home) _____ (Work) _____

Consent & Policies:

I understand and agree to allow Kendrick M. Higo DC, PLLC to use my patient health information for the purpose of examination, payment, healthcare operations and any necessary future treatment or coordination of care. All of the questions in this intake have been answered accurately and fully to the best of my knowledge, and I understand that giving incorrect or false information can be dangerous and adversely affect my care. I agree to pay all in-office fees charged by Kendrick M. Higo DC, PLLC for the healthcare services rendered at the time of service, including a \$25.00 fee per any previously missed appointment that I myself cancelled within 24 hours of the originally scheduled time and day, effective upon the start of my treatment. I understand and agree to pay all in-office charges at the time of services being rendered and that fees for in-office services will become immediately due upon suspension or termination of my care or treatment.

I will be paying for in-office services by:
Cash ___ Check ___ Credit Card: ___

Patient's Signature (or Guardian) Date

Witness Date

Consent to Treatment of a Minor Child (if applicable):

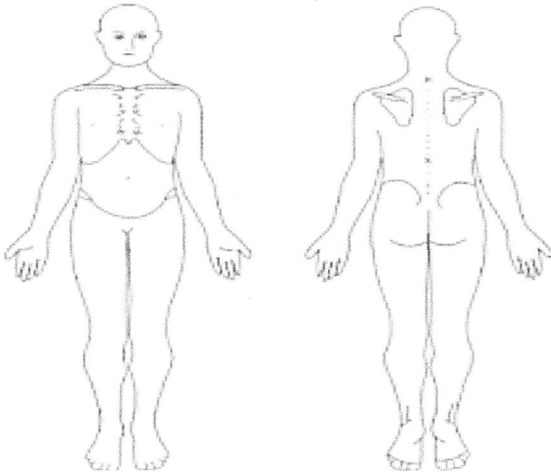
I hereby authorize Kendrick M. Higo DC, PLLC to clinically examine, test, and administer treatment to my child _____ as they deem necessary for his/ her condition and to release any health information pertaining to his/ her treatment to other health providers or third party payers as necessary. This is to serve as long-term authorization and is to apply to all occasions of service until it is revoked in writing.

Guardian's Signature Authorizing Care Date

Witness Date

Circle all current pain areas:

Circle any pain location, frequency, or intensity you currently have:



Constant (75-100%) L = Left side	Frequent (50-75%) R = Right side	Intermittent (25-50%) 0 = no pain	Occasional (0-25%) 10 = worst pain imaginable
Head	L R	C F I O	0 1 2 3 4 5 6 7 8 9 10
Neck	L R	C F I O	0 1 2 3 4 5 6 7 8 9 10
Shoulder:	L R	C F I O	0 1 2 3 4 5 6 7 8 9 10
Elbow:	L R	C F I O	0 1 2 3 4 5 6 7 8 9 10
Wrist/ Hand:	L R	C F I O	0 1 2 3 4 5 6 7 8 9 10
Midback:	L R	C F I O	0 1 2 3 4 5 6 7 8 9 10
Low back:	L R	C F I O	0 1 2 3 4 5 6 7 8 9 10
Hip:	L R	C F I O	0 1 2 3 4 5 6 7 8 9 10
Knee:	L R	C F I O	0 1 2 3 4 5 6 7 8 9 10
Ankle/ Foot:	L R	C F I O	0 1 2 3 4 5 6 7 8 9 10

How would you describe your pain: _____
 When did it start/ how long has it been present: _____
 What caused it: Injury Repetitive use Auto accident Work injury Not sure Other: _____
 Has the pain progressed: Gradually Suddenly
 Overall, is your condition: Improving Staying the same Worsening
 Similar pain experienced before? Yes No If so, when: _____
 Have you lost work days? Yes No How many/ describe: _____
 Night pain or preventing sleep? Yes No Describe: _____

List any current daily activities limiting you because of pain:
 (eg. prolonged sitting/ standing, exercising, driving, work, sleeping, etc.)

Rate how well you can perform each activity from 0 to 10:
 (0= not at all 10= at the same level as before the problem started)

What makes the pain BETTER?
 Rest General movement Heat/ ice
 Pain meds Change in posture Massage/ PT/Chiro
 Other: _____

What makes the pain WORSE?
 Rest General movement Heat/ ice
 Pain meds Change in posture Massage/PT/Chiro
 Other: _____

Headaches? Yes No How long: _____
 How often: _____
 Triggers: _____
 Numbness, tingling or painless weakness in fingers or toes? Yes No Describe: _____
 Catching or locking? Yes No Describe: _____
 Bruising or swelling? Yes No Describe: _____
 Painful clicking or popping? Yes No Describe: _____
 Changes in bladder, bowel, or sexual function? Yes No Describe: _____
 Knees giving out suddenly? Yes No Describe: _____
 Dizziness? Yes No Describe: _____
 Double vision? Yes No Describe: _____
 Jaw pain? Yes No Describe: _____
 Ear pain? Yes No Describe: _____
 Ear ringing? Yes No Describe: _____
 Clumsiness in the arms or legs? Yes No Describe: _____
 Fevers, chills, malaise or recent unexplained weight loss? Yes No Describe: _____
 Pain coughing, sneezing, or bearing down? Yes No Describe: _____
 Have you had any previous chiropractic care in the past? Yes No
 What did you like? _____ What did you not like? _____
 Other non-chiropractic providers seen for this condition: _____
 What are your goals for treatment and care? _____

Patient name: _____ Sex: M/ F DOB: _____ Date: _____

Review of Systems:

Circle "Yes" (Y) or "No" (N) for experiencing the following signs or symptoms:

Constitutional

Fever Y N
 Chills Y N
 Malaise Y N
 Unexplained weight loss Y N
 Changes in appetite Y N
 Nausea/vomiting Y N
 Fatigue/ extreme tiredness Y N
 Night sweats Y N

Blood/ Immune:

Swollen glands/ lymph nodes Y N
 Previous blood transfusions Y N
 Frequent infections Y N
 blood problems Y N
 Unusual skin paleness Y N
 Sensation of your heart pounding out of your chest Y N
 Weakness Y N
 Food allergies Y N
 Hives Y N

Skin

Do you tend to bleed or bruise easily? Y N
 Growths or lumps Y N
 Sores Y N
 Rashes Y N
 Unusual looking moles Y N
 Itching or sensitivity Y N
 Dryness Y N
 Hives or allergic reactions Y N
 Severe acne Y N

Psychological:

Depression: Y N
 Mental disorders or conditions Y N

Endocrine:

Problems with glands Y N
 Changes in general appearance Y N
 Diabetes or personal history of Y N
 Constantly feeling hot or cold Y N
 Unusual weight loss or gain Y N
 Changes in skin Y N
 Changes in body hair Y N
 Frequent urination Y N
 Tremors Y N
 Fatigue Y N

Digestive

Abdominal pain Y N
 Acid reflux Y N
 Belching/ gas Y N
 Constipation Y N
 Diarrhea Y N
 Irritable bowel syndrome Y N
 Hemorrhoids Y N
 Bloody stools Y N
 With diarrhea Y N
 With constipation Y N
 Black tarry stools Y N
 With diarrhea Y N
 With constipation Y N
 Clay colored stools Y N
 With diarrhea Y N
 With constipation Y N
 Weight trouble Y N
 Excessive hunger or thirst Y N
 Poor appetite Y N
 Liver or gallbladder problems Y N
 Yellowing of skin and/ or eyes Y N

Respiratory:

Shortness of breath (SOB) Y N
 Any other lung or breathing problems Y N
 Productive cough Y N
 Coughing blood, sputum or phlegm Y N
 Non-productive cough Y N
 Wheezing Y N
 Chest noises Y N

Neurological:

Progressive weakness Y N
 Paralysis Y N
 Muscle jerking Y N
 Numbness Y N
 Loss of sensation Y N
 Confusion Y N
 Memory loss Y N
 Convulsions: Y N
 Dizziness Y N
 Headaches Y N
 Fainting Y N

Cardiovascular:

Chest pain, tightness, or heaviness
 Y N
 Weakness on exertion
 Y N
 Dizziness or fainting
 Y N
 Swelling in feet/ ankles
 Y N
 Leg cramps
 Y N
 Cold hands/ feet
 Y N
 Heart palpitations
 Y N
 rapid heart rate
 Y N
 Irregular heart rate
 Y N
 Hypertension
 Y N
 Personal history of hypertension or heart disease
 Y N
 Personal history of bleeding disorders or blood diseases
 Y N
 Varicose veins
 Y N
 Skin paleness
 Y N
 Bruising or skin discolorations
 Y N

Musculoskeletal

Arthritis
 Y N
 General muscle pain through the whole body
 Y N
 Swollen joints through the whole body
 Y N
 Spinal curvature problems
 Y N
 Foot problems
 Y N

Genitourinary

Urinary

Pain during urination
 Y N
 Burning during urination
 Y N
 Bloody or cloudy urine
 Y N
 Trouble starting, stopping or holding during urination
 Y N
 Frequent urinary infections
 Y N
 Kidney problems
 Y N
 Increased urination frequency
 Y N

Vaginal

Pregnancies
 Y N
 Abortion
 Y N
 Miscarriage
 Y N
 Menstrual
 Pain or painful periods
 Y N
 Cramping
 Y N
 Absent periods or irregular cycles
 Y N
 Recent changes in menses
 Y N
 Bleeding
 Discharge
 Y N
 Itching
 Y N
 Hot flashes
 Y N

Menopause

Y N
 Problems with sexual organ function
 Y N

Penile

Pus or drip from
 Y N
 Sores on
 Y N
 Problems w/ sex organ function
 Y N
 Painful or swollen testicles
 Y N

Breast

Masses or lumps
 Y N
 Nipple discharge
 Y N
 Pain
 Y N
 Tenderness
 Y N
 Swelling
 Y N
 Bleeding
 Y N
 Do you perform a self-breast exam?
 Y N

Head/ Eyes/ Ears/ Nose/ Throat:

Eyes

Discharge
 Y N
 Redness or inflammation
 Y N
 Blurring
 Y N
 Strain or wateriness
 Y N
 Dryness
 Y N
 Blind spots
 Y N
 Double vision
 Y N
 Decrease or loss of vision
 Y N
 Recent/ previous infections
 Y N

Ears

Pain
 Y N
 Hearing loss/ changes
 Y N
 Tinnitus
 Y N
 Spinning sensations
 Y N
 Previous hepatitis infections
 Y N
 Drainage
 Y N
 Discharge/ runniness
 Y N

Nose

Pain
 Y N
 Stuffy or congested
 Y N
 Discharge
 Y N
 Frequent colds
 Y N
 Head pain
 Y N
 Bleeding
 Y N
 Unusual odors
 Y N

Throat

Soreness or hoarseness
 Y N
 Trouble swallowing
 Y N
 Masses
 Y N
 Swelling
 Y N

Mouth

Sores
 Y N
 Tongue or mouth soreness
 Y N
 Tooth pain
 Y N
 Gum pain
 Y N
 Trouble chewing
 Y N
 Bad taste lingering in mouth
 Y N

Past Health, Family, Social & Lifestyle History:

In chronological order, please indicate:

Surgeries (past, current):

Injuries, traumas, or motor vehicle accidents (past, current):

Hospitalizations requiring overnight care (past, current):

Serious illnesses (past, current):

Describe any allergies:

Current medications:

Current primary care physician: _____

Location/ Phone: _____

Last general physical exam date: _____

Any problems or changes? Y N

Describe (if applicable):

Describe any previous x-rays, imaging, or lab studies (if applicable):

Describe your typical weekly exercise routine:

Describe your typical daily diet:

Do you feel adequately hydrated throughout the day? Y N

Hours of sleep/ night: _____

Do you wake rested generally? Y N

Any recent changes or problems? Y N

Any recreational, marijuana, IV or OTC drug use? Y N

Describe: _____

Any caffeine use? Y N

Describe source(s): _____

Describe frequency of consumption: _____

Do you drink alcohol? Y N

How many drinks per week? _____

How many drinks per sitting? _____

Do you smoke? Y N

How many packs/ day? _____

How many years total? _____

Are you smoking currently? Y N

Are you or have you ever been in a relationship where you were physically hurt, threatened or made to feel afraid? Y N

Describe if necessary:

Contraceptives/ IUD's (if applicable): Y N

Describe:

Date of last menstrual period (if applicable): _____

Please indicate the following:

Mother:

Please circle: Alive deceased

Age: _____

Health concerns: _____

Grandmother (maternal):

Please circle: Alive deceased

Age: _____

Health concerns: _____

Grandfather (maternal):

Please circle: Alive deceased

Age: _____

Health concerns: _____

Father:

Please circle: Alive deceased

Age: _____

Health concerns: _____

Grandmother (paternal):

Please circle: Alive deceased

Age: _____

Health concerns: _____

Grandfather (paternal):

Please circle: Alive deceased

Age: _____

Health concerns: _____

Siblings:

Please circle: Alive deceased

Age: _____

Health concerns: _____

Please circle: Alive deceased

Age: _____

Health concerns: _____

Please circle: Alive deceased

Age: _____

Health concerns: _____

Relatives:

Maternal side:

Please circle: Alive deceased

Age: _____

Health concerns: _____

Please circle: Alive deceased

Age: _____

Health concerns: _____

Paternal side:

Please circle: Alive deceased

Age: _____

Health concerns: _____

Please circle: Alive deceased

Age: _____

Health concerns: _____