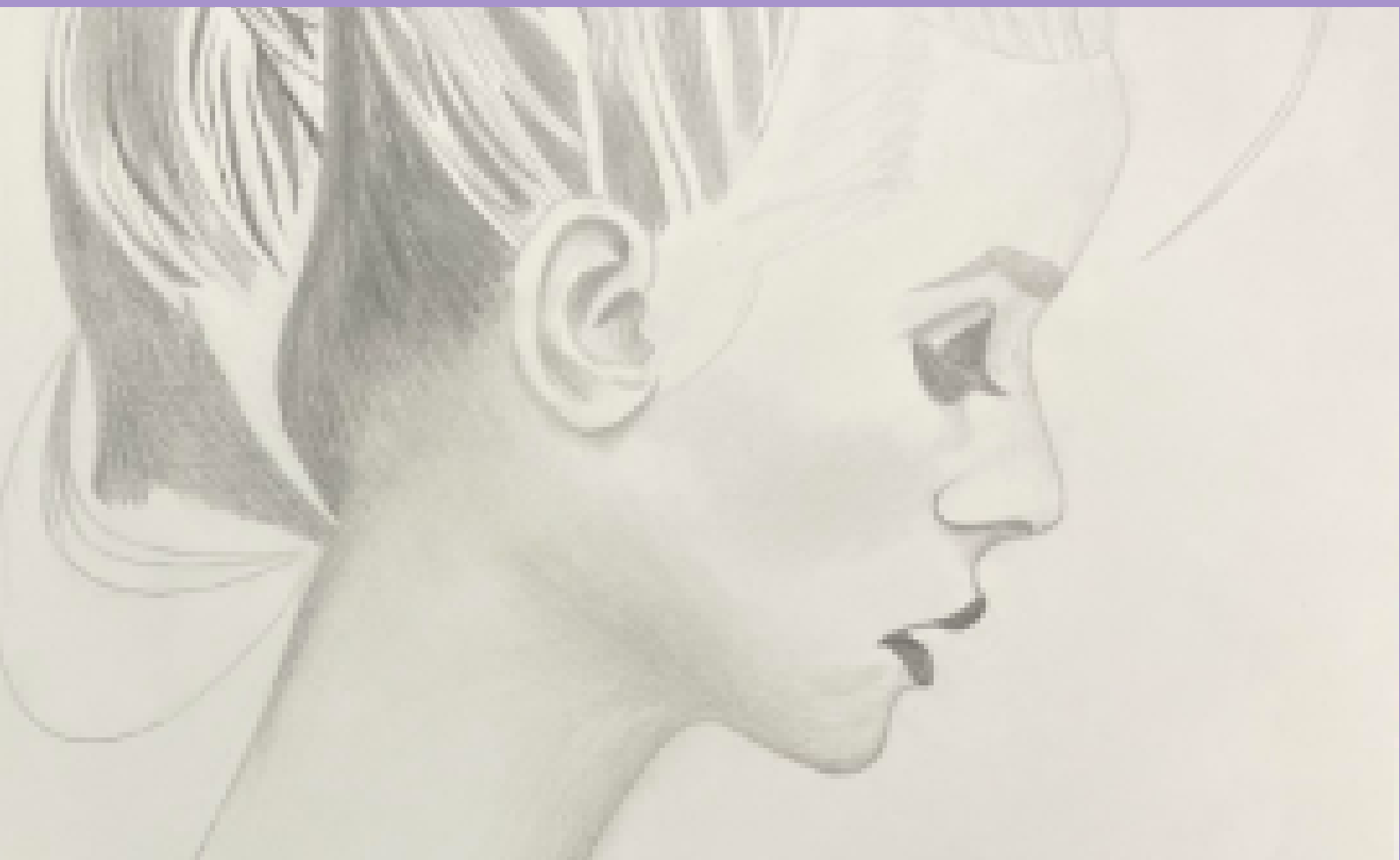




Mental Health Done Differently

NEWSLETTER



STAY INFORMED WITH THE LATEST UPDATES FROM RIBBON!
RIBBON IS A GRASSROOTS, REGISTERED NDIS AND TAC PROVIDER THAT DELIVERS SERVICES IN VICTORIA.
WE ARE PASSIONATE ABOUT WORKING WITH PEOPLE.
AT RIBBON, WE BELIEVE THAT EVERYONE CAN LIVE A LIFE FULL OF HAPPINESS AND MEANING.
WE PROVIDE FLEXIBLE SERVICES 7 DAYS A WEEK TO PEOPLE AT HOME OR IN THE COMMUNITY.
JOIN US TODAY AS REIMAGINE MENTAL HEALTH AND WELLBEING TOGETHER.

IN THIS EDITION:

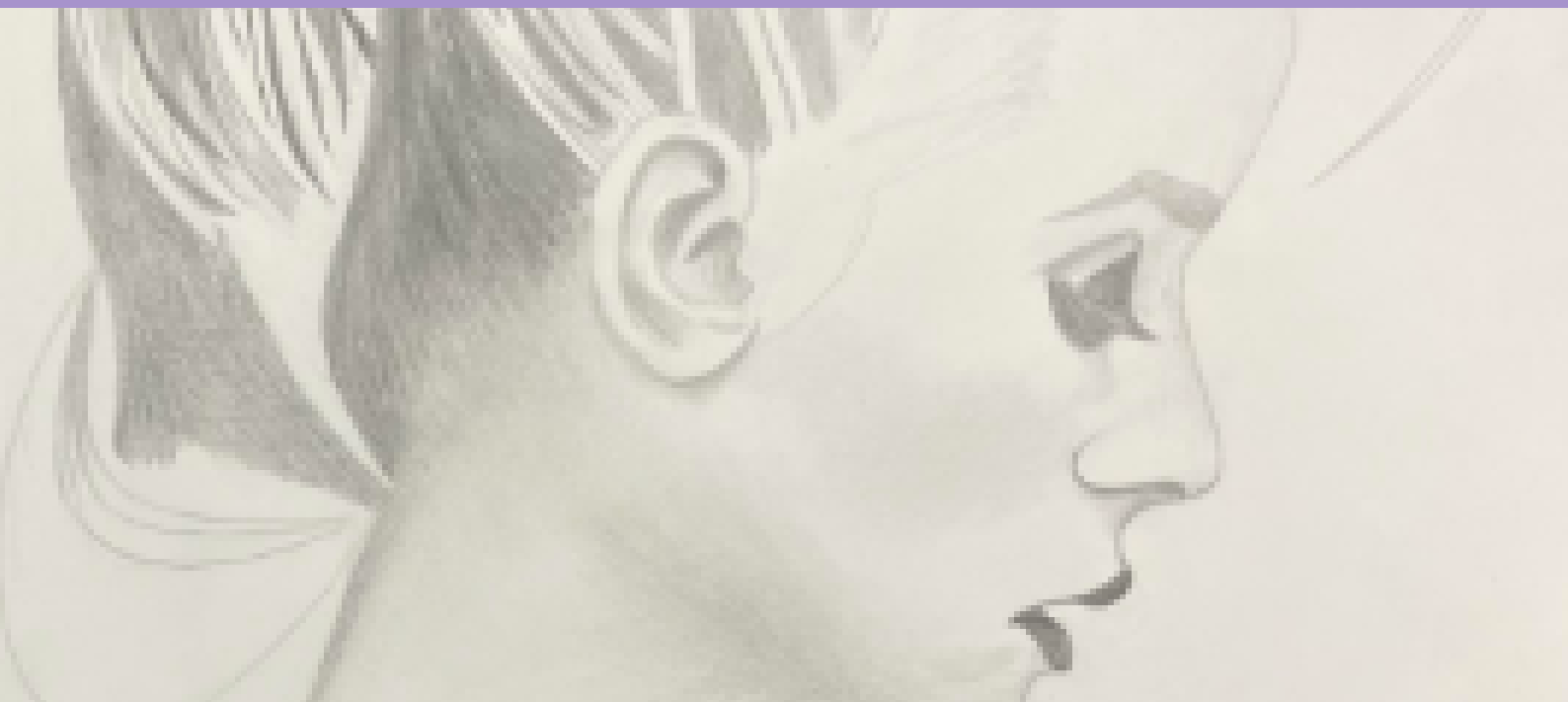
- **FEATURED ARTIST**
- **MICROBUSINESS UPDATE**
- **RIBBON'S BDAY & REWARDS**
- **RIBBON HUB**





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NEWSLETTER



FEATURED ARTIST Tiffany and The Portrait.



This month's featured artist is Tiffany. Tiffany has a natural gift when it comes to drawing. Together we have been working on learning proportions, drawing what you see and not what you know, and light and shade.

FEELING ARTY?

Talented artist extraordinaire Angela facilitates a range of workshops at Ribbon Hub. From painting, crafts to sewing, there's something for everyone. To join or find out more call 1300 957 927.





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▶▶▶ MICROBUSINESS Built around your own interest & strengths.

Last month we introduced you to Pippa. Here's a recap. "Ribbon is excited to be supporting Pippa to set up her own micro business. Pippa will be using her lived experience to facilitate therapeutic groups. She's currently completing training to upskill herself. Lookout for more updates about Pippa's microbusiness."

BE YOUR OWN BOSS!

Do you have a business idea that you're ready to launch? We might be able to help. Call 1300 957 927 to find out more.



Pippa completed the group facilitation training. She also successfully interviewed for a job role in a new recovery facility in Geelong. She has enrolled in a drug and alcohol peer worker course and plans to study mental health course. Pippa is still on track to be her own boss. Tune in next month to read more about Pippa's accomplishments.





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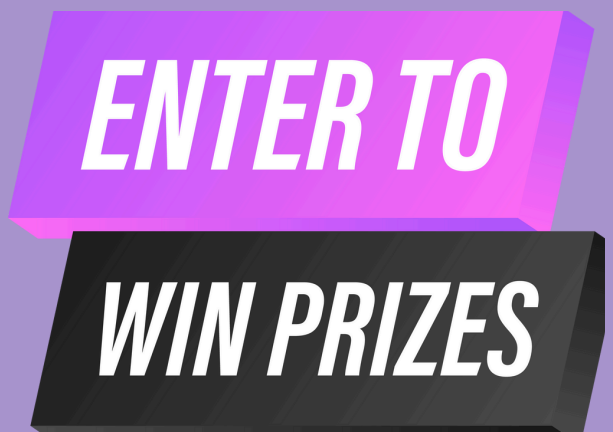
REWARDS Is our way of showing we value you, and fun.

HAPPY 5TH BIRTHDAY RIBBON

On April 24 2024 Ribbon turned 5! Thank you for celebrating with us. All birthday vouchers have been sent to all who responded. Please contact support@ribbon.net.au if you did not receive a voucher.

RIBBON PRIZE WHEEL

Look out in next months Newsletter for Ribbon's prize game. Join in and win go karting tickets or a day out to the museum. There's even a safari tour at Werribee Zoo up for grabs.





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NEWSLETTER



»»» **RIBBON HUB** A place to heal, create and try activities with new people.

Join us as we come together to learn new skills and head out in the community for social outings. All workshops start at Ribbon Hub. Monday to Tuesday is all about art. Wednesday Walking will visit local trails and reserves for light hikes. SMART Recovery, Hearing Voices and BPD Support Group on Wednesday and Thursday will discuss and explore positive mental health strategies.

Join us on the Big Day Out as we head out to places and events to experience the best of Melbourne. Visit www.ribbon.net.au to see where we are going next. Or call 1300 957 927/ email support@ribbon.net.au or to book a spot. Join us at the next Big Day Out in May as we visit the works of Picasso at the NGV and have lunch in the city afterwards.



Images from April Big Day Out Out To Kallista Tea Rooms