

# Victory Martial Arts

## WHITE BELT REQUIREMENTS

### 1. Count to 10 in Korean

Hanna.....1 Dul.....2  
Set.....3 Net.....4  
Ta-Set.... 5 Ya-Set...6  
Il-Goop....7 Ya-Dol...8  
Ah-Oop...9 Yaul.....10

### 2. Terminology

Cha-Yet.....Attention  
Kung-Ye.....Bow  
Joon-Bi.....Practice Ready Stance  
Ba-Ro.....Relax Ready Stance  
Ki-Ap.....Yell  
Do-Jang.....Martial Arts Training Area  
Do-Bok.....Uniform  
Hyung.....Form

### 3. Form:

**Name**.....Chon-Ji

**Number of movements**.....19

**Definition**.....Means literally “the heavens and the earth.” It is, in the Orient, interpreted as the creation of the world or the beginning of human history, therefore, it is the initial pattern played by the beginner.

This pattern consists of two similar parts--one to represent the heaven and the other the earth. Sir.

### 4. Meaning of the belt

White stands for “purity and innocence without worldly knowledge.”

### 5. Instructors

Master Aaron Shipp.....6<sup>th</sup> Dan

Master J.D. Shipp.....6<sup>th</sup> Dan

Master Dennis Wiley.....7<sup>th</sup> Dan

Grand Master Young-Sun Kang.....8<sup>th</sup> Dan

### 6. Meaning of Tae Kwon Do

Tae means to strike with the heel, foot or knee

Kwon means to punch or hit with the hand, fist or elbow

Do means method or way of life (discipline)

### 7. Performance

3 kicks = roundhouse kick, side kick, front-snap kick

5 one steps = your choice

Chon-Ji form

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