

Victory Martial Arts

Yellow Belt Requirements

1. All of White Belt Requirements

2. Form:

Form Name.....*Dan Gun.*

Number of Movements.....*21*

Definition.....*Dan Gun is named after Dan Gun, the Legendary Founder of Korea in the year 2333 B.C.*

3. Meaning of the yellow belt: "Gold, an element of the earth"

4. Red Stripe means no longer a beginner.

5. Terminology:

1. Front Snap Kick.....Ap Cha-Ghee
2. Side Kick.....Yuhp Cha-Ghee
3. Roundhouse Kick.....Dol Yul Cha-Ghee
4. Jumping Front Kick.....E Dan Ap Cha-Ghee
5. High Block.....Sang Dan Mak-Ghee
6. Low Block.....Hah Dan Mak-Ghee
7. Side Block.....Yuhp Mak-Ghee

6. Student Oath:

1. I shall observe the Tenets of Tae Kwon Do.
2. I shall respect Instructors and Seniors.
3. I shall never misuse Tae Kwon Do.
4. I will be a champion of Freedom and Justice.
5. I will build a more Peaceful world.

7. Tenets: a principle, doctrine or belief, held as a truth, as by some group

1. Courtesy- a polite or considerate act or remark.
2. Integrity- honesty, sincerity, etc.
3. Perseverance- to continue a course of action, etc. in spite of difficulty, opposition ect.
4. Self-Control- control of ones emotions, desires, etc.
5. Indomitable Spirit- not easily discouraged or defeated
6. Victory- success in any struggle.

8. Performance:

Dan Gun Form

10 one Steps

Sparring