

Victory Martial Arts

Blue Belt Requirements

1. All previous requirements.

2. Form Name.....**Joong-Gun**

Number of movements.....**32**

Definition.....**Joong-Gun is named after the patriot An Joong-Gun who assassinated Hiro Bumi-Ito, the first Japanese governor-general of Korea, known as the man who played the leading part of the Korea-Japan merger. There are 32 movements in this pattern to represent Mr. Ahn's age when he was executed at Lui-Shung prison (1910)**

3. Terminology

Knife Hand Chop.....**Jung-Dan Soo-Do Chi-Ghee**

Bang Knuckle Fist.....**Song-Soo**

Jumping Roundhouse Kick.....**E Dan Dol-Yul Cha-Ghee**

One-Step Sparring.....**Ill-Bo Dae Ryun**

Free Sparring.....**Ja-Yoo Dae Ryun**

4. Meaning of the belt: blue belt stands for **"the sky, the arc of the heaven"**

5. Style of Tae Kwon Do:

Chung Do Kwan

6. Performance:

Forms

Knowledge

One-Steps

Sparring