

## **CURRICULUM VITAE**

**PATRICIA WESTMORELAND, MD**

**BOARD CERTIFIED ADULT, CONSULTATION-LIAISON AND FORENSIC  
PSYCHIATRIST, INTERNIST**



### **PERSONAL INFORMATION**

**Date of birth:** 5/10/1971

**Place of birth:** Johannesburg, South Africa

**Citizenship:** United States

**Addresses:** *Patricia Westmoreland MD PC*  
50 S. Steele St.  
Suite 460  
Denver, CO 80209

**Phone:** 720-916-4770 (cell)

**Email:** patricia.westmoreland@gmail.com

---

### **EDUCATION**

1/1990-12/1995 Medical School, University of the Witwatersrand Medical School, Johannesburg, South Africa (six-year medical school program)

1/1996-6/1997 Research Associate, Mental Health Clinical Research Center, University of Iowa College of Medicine (Dr Nancy Andreasen, mentor)

7/1997-6/1999 Postdoctoral Fellow, Mental Health Clinical Research Center, University of Iowa College of Medicine (Dr Nancy Andreasen, mentor)

7/1999-6/2000 Resident, Department of Psychiatry, University of Iowa College of Medicine

7/2000-6/2004 Resident, Departments of Internal Medicine and Psychiatry, University of Iowa College of Medicine, Iowa City, IA

7/2004-7/2006 Fellow, Division of Endocrinology, Department of Internal Medicine, University of Iowa College of Medicine, Iowa City, IA

8/2011-7/2012 Fellow, Forensic Psychiatry, Department of Psychiatry, University of Colorado at Denver, Denver, CO

---

## **POSITIONS AND EMPLOYMENT**

2/2006-6/2006 State of Iowa, Department of Corrections, psychiatrist (part-time staff)

7/2006-7/2011 State of Iowa, Iowa Forensic Hospital, forensic evaluator

7/2006-7/2011 State of Iowa, Department of Corrections, psychiatrist (permanent staff , telepsychiatry; supervisor, medical student rotations and part-time psychiatry staff )

8/2011-7/2012 State of Iowa, Department of Corrections, psychiatrist (part-time staff - telepsychiatry)

8/2012-present Consulting Forensic Psychiatrist, Colorado Mental Health Institute at Pueblo (CMHI-P)

9/2012-5/2020 Staff Psychiatrist, Eating Recovery Center, Denver, Colorado

11/2019-5/2020 Associate Medical Director, Eating Recovery Center, Denver, Colorado

11/2019-5/2020 Director Postgraduate Education, Eating Recovery Center, Denver, Colorado

9/2012-6/2023 Consulting Psychiatrist, ACUTE, Denver Health Medical Center (unpaid position)

9/2012-present Clinical Instructor, Department of Psychiatry, University of Colorado

9/2012-8/2023 Forensic Psychiatrist (private practice)

5/2020-6/2023 Attending Psychiatrist, Psychiatry Department, The Medical Center of Aurora

5/2020-6/2023 Residency Program Director, Psychiatry Residency program, Rocky Vista University/Healthone, The Medical Center of Aurora

1/2021-6/2023 Medical Director, The Women's Unit (inpatient), The Medical Center of Aurora

6/2023-9/2023 Attending psychiatrist (part-time) Eating Recovery Center and ACUTE Center for Eating Disorders and Severe Malnutrition

9/2023-4/2025 Consultant psychiatrist, ACUTE Center for Eating Disorders and Severe Malnutrition/Eating Recovery Center and Medical Director (2024-2025)

8/2012-present Private practice: Patricia Westmoreland MD PC

---

## **LICENSURE**

2004-2015 Iowa Board of Medical Examiners #35863

2011-present	Colorado Medical License # 49976
2023-present	Colorado Interstate Compact Medical License # 49976
2023-present	Montana Medical Board License #129266

---

## **BOARD CERTIFICATION**

2004-2014	American Board of Internal Medicine
2025-present	National board of Physicians and Surgeons (NBPS) – Internal Medicine
2005-present	Diplomate, American Board of Psychiatry and Neurology (Psychiatry)
2009-present	Diplomate, American Board of Psychiatry and Neurology (sub-specialty, Consultation-Liaison Psychiatry)
2013-present	Diplomate, American Board of Psychiatry and Neurology (sub-specialty, Forensic Psychiatry)

---

## **MEMBERSHIPS**

2000-2004	American College of Internal Medicine/ American Society of Internal Medicine
2004-2006	The Endocrine Society
2010-2011	The American Correctional Association
1999-2011	Iowa Psychiatric Society
1999-present	American Psychiatric Association (APA)
2008-present	American Academy of Psychiatry and the Law (AAPL)
2012-present	Colorado Psychiatric Society
2020-present	American Medical Association
2020-present	American Council on Graduate Medical Education (ACGME)
2021-present	International Academy of Eating Disorders
2021-present	Colorado Medical Society

---

## **PROFESSIONAL ACTIVITIES**

1998-2004	Reviewer, American Journal of Psychiatry, reviewer
2001-2004	Reviewer, Biological Psychiatry, reviewer
2015-present	Reviewer, Psychiatry Research
2016-present	Eating Disorders, The Journal of Treatment and Prevention, Editorial board Member and reviewer
2019-present	Reviewer, Journal of the American Academy of Psychiatry and the Law
2013-present	Colorado Psychiatric Society, Legislative Committee
2014-present	Colorado Psychiatric Society, Chair, Political Action Committee
2015-present	Colorado Psychiatric Society, Executive Committee
2015-2016	Colorado Psychiatric Society, Senior Trustee
2016-2017	Colorado Psychiatric Society, Secretary
2017-2018	Colorado Psychiatric Society, Treasurer
2016-2018	Colorado Psychiatric Society, Alternate Representative, APA Assembly

2018-2019	Colorado Psychiatric Society, APA Assembly Representative
2019-2022	American Psychiatric Association Political Action Committee, Board Member
2019-2024	American Psychiatric Association Area Deputy Representative
2019-2024	American Psychiatric Association Assembly Executive Council Member
2024-present	American Psychiatric Association Trustee-at-large
2018-2021	Colorado Psychiatric Society, program committee
2019-2021	Colorado Psychiatric Society, nominating committee
2018-2019	Colorado Psychiatric Society, President-Elect
2019-2020	Colorado Psychiatric Society, President
2020-2021	Colorado Psychiatric Society, Immediate Past President
2021-present	Colorado Psychiatric Society, Co-Chair, Legislative Committee
2021-present	Colorado Psychiatric Society, Legislative Committee liaison to Colorado Medical Society
2010-2016	AAPL Correctional and Institutional Committee, member
2013-present	AAPL Ethics Committee, member
2021-2024	AAPL Ethics Committee, chair
2013-present	AAPL Suicidology Committee, member
2018-2024	AAPL Suicidology Committee, chair
2016-present	AAPL private practice committee, member
2016-present	AAPL forensic training committee, member
2018-2021	AAPL council
2019-2020	AAPL nominating committee
2022-present	AAPL alternate delegate to the American Medical Association
2023-present	Member, Character and Fitness Panel, Office of Attorney Admissions, Colorado
2024-present	American Board of Psychiatry and Neurology (ABPN) examiner, forensic psychiatry

---

## HONORS AND AWARDS

1998	Travel Award, American Psychiatric Association colloquium for junior researchers
2000	George Winokur Psychiatry Research Award, 2nd place
2000	Above and Beyond Award for clinical service (Psychiatry)
2001	American College of Physicians Clinical Vignette Competition, 1st place
2001	Medicine-Psychiatry Clinical Vignette competition, 3rd place
2001	NIH Outstanding Resident Award (Psychiatry)
2003	Eli Lilly Travel Fellowship, Society of Biological Psychiatry
2003	Membership Travel Award, Society of Biological Psychiatry
2004	Veterans' Administration Medical Center Associate Investigator Award
2006	Caroline and Suden/Frances A. Hellebrandt Professional Opportunity Award, American Physiological Society
2016	American Psychiatric Association, Distinguished Fellow
2019	Awardee, APA scholarship, Federal Advocacy Meeting, Washington DC
2021	Colorado Psychiatric Society, Outstanding Achievement Award
2023	Faculty of the Year, Medical Center of Aurora Psychiatry Residency Program
2023	Leadership Award, Medical Center of Aurora Psychiatry Residency Program

---

## PEER REVIEWED PUBLICATIONS

**Westmoreland Corson P**, Nopoulos, P. Arndt, S., Miller, D.D., Andreasen, N.C. Change in basal ganglia volume over 2 years in patients with schizophrenia: typical vs. atypical neuroleptics. *American Journal of Psychiatry* 1999;156: 1200-1204

**Westmoreland Corson P**, Nopoulos P, Arndt S, Heckel D and Andreasen N.C. Caudate size in first episode neuroleptic naive schizophrenic patients measured using a neural network. *Biological Psychiatry* 1999; 46: 712-720

**Westmoreland Corson P**, O' Leary DS, Miller DS, Andreasen NC. Cerebral blood flow to the caudate and putamen of schizophrenic patients in the neuroleptic naive and medicated states. *Biological Psychiatry*, 2002; 52:655-62

Pierson R, **Westmoreland Corson P**, Sears LL, Alicata D, Magnotta V, O' Leary D, Andreasen NC. Manual and semiautomated measurement of cerebellar subregions on MR images. *Neuroimage* 2002; 17: 61-7

Coryell M, Ziemann AE, **Westmoreland P**, Haenfler JM, Kurjakovic Z, Zha XM, Price M, Schnitzler MK, Wemmie JA. Targeting ASIC-1a reduces innate fear and alters neuronal activity in the fear circuit. *Biological Psychiatry* 2007; 62 (10): 1140-8

**Westmoreland P**, Gunter T, Allen J, Loveless P, Sieleni BA, Black DW: Attention deficit hyperactivity disorder in men and women offenders newly committed to prison: clinical characteristics and quality of life. *Int J Offender Ther Comparative Criminol*, March 6 2009

**Westmoreland P, Wortzel H, Martinez R**: Federal District Court's Ordering Multiple Competency Examinations. *Journal of the American Academy of Psychiatry and the Law*, 2012 40(3), 433-435

**Westmoreland P**, Krantz MJ, Mehler P. Medical complications of anorexia nervosa and bulimia. *Am J Med*, 2016, 129, 30-37

**Westmoreland P**, Mehler PS. Book Forum: review of Assessment and Treatment of Eating Disorders (Eds Walsh, Attia, Glasofer, Sysko). *American Journal of Psychiatry* 2016; 173:645

**Westmoreland P**, Mehler PS. Law and Psychiatry. Caring for Patients with Severe and Enduring Eating Disorders (SEED): Certification, Harm Reduction, Palliative Care, and the Question of Futility. *Journal of Psychiatric Practice* 2016; 22(4):313-320

**Westmoreland P**, Johnson C, Stafford M, Martinez R, Mehler PS. Involuntary treatment of patients with life-threatening anorexia nervosa. *Journal of the American Academy of Psychiatry and the Law*, December 2017, 45(4): 419-425

**Westmoreland P**, Johnson C, Stafford M, Martinez R, Mehler PS. 2017. Involuntary treatment of patients with life-threatening anorexia nervosa. *J Am Acad Psychiatry Law* 45:419–25

Mehler PS, O'Melia A, Brown C, Gibson D, Hollis J, **Westmoreland P**. Medical complications of bulimia nervosa. 2018. *Br J Hosp Med* 78(12):672-677

**Westmoreland P**, Mehler P. Eating disorders and palliative care. Gürze/Salucore Eating Disorders Resource Catalogue, February 2019  
<https://www.edcatalogue.com/eating-disorders-palliative-care/>

Simpson SA, Dumas A, McDowell AK, **Westmoreland P**. Novel Coronavirus and related public health interventions are negatively impacting mental health services. *Psychosomatics*. 2020 Sep-Oct;61(5):568-571. doi: 10.1016/j.psych.2020.04.004. Epub 2020 Apr 9.

**Westmoreland P**, Parks L, Lohse K, Mehler P. Severe and enduring anorexia nervosa (SE-AN) A time for every purpose? *Psychiatric Clinics, Ethics in Psychiatry*, December 2021(44) 603-613

How COVID-19 and peripartum women's mental health. A review of the literature. Sloan N, Tillman B, **Westmoreland P**. *Current Psychiatry* 2021, June 20 (6):18-22, 2021

Guarda AS, Hanson A, Mehler P, **Westmoreland P**. Terminal anorexia nervosa is a dangerous term: it cannot and should not be defined. *J Eat Disord*. 2022 Jun 7;10(1):79. doi: 10.1186/s40337-022-00599-6.

Rienecke R, Dimitropoulos G, Duffy A, Le Grange D, Manwaring J, Nieder S, Sauerwein J, Singh M, Watters A, **Westmoreland P**, Mehler P. Involuntary Treatment: A Qualitative Study of the Experiences of Patients with Anorexia Nervosa, *Eur Eat Disorders Rev*. 2023;1–13.

Extreme Risk protection Orders: Legislative intent and clinical guidance. Wortzel HS, Simonetti JA, Knoepke CE, Simpson JR, Brar L, **Westmoreland P**, Matarazzo BB. *J Psychiatr Pract*. 2023 Nov 1;29(6):480-488

Westemair A, Weber S, **Westmoreland P**, Mehler P, Elsner F, Trachsel M. Scoping Review of End-of-Life Care for Anorexia Nervosa, *Annals of Palliative Medicine*, 2024, May;13(3):685-707

Terminal anorexia may not be terminal: an empirical evaluation. Robison M, Udupa NS, Abber SR, Duffy A, Riddle M, Manwaring J, Rienecke RD, **Westmoreland P**, Blalock DV, Le Grange D, Mehler PS, Joiner TE. *J Psychopathol Clin Sci*. 2024 Apr;133(3):285-296

---

## EDITORIALS/NEWSLETTER ARTICLES

**Westmoreland P**. Forensic psychiatry and eating disorders: encompassing my past, present and future. *Am Acad Psychiatry Law Newsletter*, January 2013

**Westmoreland P**. Komrad M. Physician-assisted suicide and euthanasia for individuals with non-terminal and mental illnesses. Is Canada going down the slippery slope? *J Am Acad Psychiatry Law Newsletter*, April 2019

**Westmoreland P**. Federal Advocacy Conference report, CPS newsletter, June 2019

**Westmoreland P**. Saving the soul of psychiatry. Defining and promoting our profession in the 21<sup>st</sup> century. President's Column, CPS newsletter, June 2019

**Westmoreland P**. A broken heart is not only a cardiologist's domain. President's Column, *Colorado Psychiatric Society Newsletter*, September 2019

**Westmoreland P.** The quagmire of burnout. No way out. Or is there? President's Column, *Colorado Psychiatric Society Newsletter*, December 2019

**Westmoreland P. Thoughts on being a physician mother: from struggle to strength.** President's Column, *Colorado Psychiatric Society Newsletter*, March 2020

**Westmoreland P.** COVID-19: introductory editorial. CPS COVID-19 Resources, March 16, 2020

**Westmoreland P.** Telepsychiatry, inpatient psychiatry and psychological effects of COVID-19. CPS COVID-19 Resources, March 24, 2020

**Westmoreland P.** Advocacy in the age of COVID-19. CPS COVID-19 Resources, April 1, 2020

**Westmoreland P.** Resilience: finding meaning, and challenging reality with unity and ingenuity. CPS COVID-19 Resources, April 8, 2020

**Westmoreland P.** Mental illness as the next wave of the COVID-19 pandemic: Part 1: Saving our patients. CPS COVID-19 Resources, April 15, 2020

**Westmoreland P.** Part 2: Saving our colleagues, saving ourselves. CPS COVID-19 Resources, April 22, 2020

**Westmoreland P.** Okay to be good enough: parenting in the age of COVID-19, CPS COVID-19 Resources, April 29, 2020

**Westmoreland P:** A pandemic is not a time for perfect, CPS COVID-19 Resources, May 5, 2020

**Westmoreland P:** COVID-19 as a teachable moment, CPS COVID-19 Resources, May 13, 2020

**Westmoreland P:** Passing the torch: lessons learned at a time of transition. CPS COVID-19 Resources, May 20, 2020

**Westmoreland P.** Mental Health and COVID-19: Suicidality as an emerging concern. *JAAPL Newsletter*, Spring 2021

Wongngamnit N, **Westmoreland P.** From Roe to Dobbs: Psychiatric considerations. President's Column, *Colorado Psychiatric Society Newsletter*, September 2022

**Westmoreland P, Mehler P, Brandt H.** Terminal Anorexia is Dangerous Justification for Aid in Dying. *Psychiatric News*, 26 Oct 2022, <https://doi.org/10.1176/appi.pn.2022.11.9.4>

**Westmoreland P.** Opinion: Psychologists are not qualified to prescribe medication. *Colorado Sun*, February 16, 2023, <https://coloradosun.com/2023/02/16/psychologists-medication-psychiatrists-colorado-legislation-opinion/>

**Westmoreland P, Geppert C, Komrad MS, Hanson A, Pies RW, Mehler P.** "Terminal Anorexia": an invalid construct that does not justify medical aid in dying. *Psychiatric Times*, October 11, 2023. <https://www.psychiatrictimes.com/view/terminal-anorexia-an-invalid-construct-that-does-not-justify-medical-aid-in-dying>

---

## ORAL PRESENTATIONS

**Westmoreland P.** Attention Deficit Disorder in Offenders: Clinical Characteristics, Psychiatric Comorbidity, and Quality of Life. American Correctional Association, Tampa, FL. January 2010

**Westmoreland P.** Attention Deficit Hyperactivity Disorder in Offenders. Iowa Correctional Association, Storm Lake, IA. May 2010

**Westmoreland P.** The Biological Basis of Mental Illness. NAMI/NCI-sponsored Conference for Correctional Staff, Coralville, IA. November 2010

**Westmoreland P.** Categories of Mental Illness. NAMI/NCI-sponsored Conference for Correctional Staff, Coralville, IA. November 2010

Wortzel HS, **Westmoreland P**, Martinez R, Gray BT: Introduction to Forensic Psychiatry in Criminal Courts. Invited presentation, El Paso County District Attorney's Office Training Event, Colorado Springs, Colorado, March 2012

**Westmoreland P.** Involuntary Treatment of Patients with Eating Disorders. Fourth Annual Eating Recovery Center Foundation Eating Disorders Conference, Denver, Colorado, August 2012

**Westmoreland P.** Forensic Psychiatry: Children and adolescents. Invited presentation, Child Psychiatry seminar, Department of Psychiatry, University of Iowa College of Medicine, Iowa City, IA, August 2012

Martinez R, **Westmoreland P**, Weiner K, Miceli J, Stafford M, Kenney D. Involuntary treatment of patients with eating disorders: the right to “waist” away? Forensic Case Conference: Psychiatry Grand Rounds, University of Colorado, Denver, November 2012

Stafford M, **Westmoreland P.** Substance use, eating disorders and mental health certification. Detox Program Training, Colorado State Patrol Academy, Golden, CO, May 2013.

**Westmoreland P.** Evaluation for Guardianship. Community Healthcare Ethics Committee. Denver, CO, July 2013.

Johnson C, **Westmoreland P**, Kenney DW. Ethical challenges in the treatment of eating disorders: Part 1. Fifth Annual Eating Recovery Center Foundation Eating Disorders Conference, Denver, Colorado, August 2013

Miceli J, Kenney DW, Pikus C, **Westmoreland P.** Ethical challenges in the treatment of eating disorders: Part 2. Fifth Annual Eating Recovery Center Foundation Eating Disorders Conference, Denver, Colorado, August 2013

**Westmoreland P**, Johnson C, Martinez R, Stafford M. Court-ordered treatment of severe eating disorders. Presented at the Annual Meeting of the American Academy of Psychiatry and the Law, 2013, San Diego, CA.



**Westmoreland P**, Johnson C, Martinez R, Miceli J, Stafford M, Weiner K. Involuntary treatment of severe anorexia nervosa. Presented at the Annual Meeting of the American Academy of Psychiatry and the Law, 2013, San Diego, CA.

**Westmoreland P**. DSM-5: A Guide for Prosecutors. Presented at the Colorado District Attorneys' Council (CDAC) Annual meeting, 2014, Steamboat Springs, CO.

**Westmoreland P**, Miceli J, Johnson C, Broxmeyer E. Patients certified for treatment of life-threatening anorexia nervosa: the Colorado experience. Presented at the Annual Meeting of the American Academy of Psychiatry and the Law, 2014, Chicago, IL.

**Westmoreland P**. Certifying patients for the treatment of life threatening anorexia nervosa. Presented at Denver University Law School, 2015, Denver CO.

**Westmoreland P**. DSM-5: A guide for defense counsel. Presented at the Office of the State Public Defender, Denver Colorado, 2015.

Bowers W, Johnson C, **Westmoreland P**. Ethical and legal issues in the treatment of eating disorders. Academy of Eating Disorders, Boston MA, 2015.

**Westmoreland P**. Certifying patients for the treatment of life-threatening anorexia nervosa: the Colorado Experience. Program of Psychiatry and the Law, Harvard Medical School, Boston, MA, 2015.

Johnson C, Mehler P, **Westmoreland P**. Palliative care versus certification for patients with chronic, life threatening anorexia nervosa. Seventh Annual Eating Recovery Center Foundation Eating Disorders Conference, Denver, Colorado, August 2015

**Westmoreland P**. Certifying patients with life-threatening eating disorders. The Colorado experience. Presented at the Colorado chapter of IADEP, Denver, CO. September 2015

**Westmoreland P**, Mehler P, Brendel R, Candilis P. Forensic and ethical challenges of treating those who refuse to eat. Presented at the Annual Meeting of the American Academy of Psychiatry and the Law, Fort Lauderdale, FL, October 2015

**Westmoreland P**, Jensen S, Orman R, Reid W, Metzner J. Should video-recording of sanity evaluations be mandatory? Presented at the Annual Meeting of the American Academy of Psychiatry and the Law, Portland OR, October 2016

O'Melia AM, **Westmoreland P**. Medical and medico-legal complications of eating disorders. World Psychiatric Association, Cape Town, South Africa, November 2016

**Westmoreland P**. Medico-legal considerations in treating patients with severe and enduring eating disorders. American Psychiatric Association, San Diego, CA. May 2017

**Westmoreland P**, Miceli J, Winston H. Certification for patients with AN: a five-year review. Presented at the Annual Meeting of the American Academy of Psychiatry and the Law, Denver, CO, October 2017

Gandhi B, Crone C, Levenson J, Yager J, **Westmoreland P**, Clement C, Dong Y. When treatment fails: clinical, legal, and ethical considerations in a case of terminal anorexia nervosa. American Psychiatric Association Annual Meeting, New York NY, May 2018

Crowley B, **Westmoreland P**, Cervantes AN, Holmberg T. Working with lawyers: the good, bad and ugly. Presented at the Annual Meeting of the American Academy of Psychiatry and the Law, Austin TX, October 2018

**Westmoreland P**, Kerwin J, D'Alessandro E. *In the Matter of AG (NJ 2016)*: anorexia nervosa & the capacity to refuse forced feeding. Presented at the Annual Meeting of the American Academy of Psychiatry and the Law, Austin TX, October 2018

**Westmoreland P, O'Melia AM, Baushka M, Gunderson D, Collis B.** Physician impairment and self-disclosure: hazards and hardships. Presented at the Annual Meeting of the American Academy of Psychiatry and the Law, Austin TX, October 2018

**Westmoreland P**, Kerwin J. In the Matter of AG: Ethics and the liminal space. Grand rounds – University of Colorado Department of Psychiatry and ERC, Denver CO, March 2019

**Westmoreland P.** Novel treatments for Severe and Enduring Eating disorders. American Academy of Clinical Psychiatry Annual Meeting, Chicago, IL, March 2019.

**Westmoreland P.** Medical Complications of Eating disorders. American Academy of Clinical Psychiatry Annual Meeting, Chicago, IL, March 2019

**Westmoreland P.** My federal and state advocacy experience. American Psychiatric Association Annual Meeting, District Branch Presidents' training, San Francisco, CA, May 2019

**Westmoreland P.** Involuntary treatment for individuals with eating disorders. Colorado Bar Association Annual meeting, Denver CO, August 2019

**Westmoreland P.** Ethical issues in the management of individuals with severe and enduring eating disorders (SEEDs). 11<sup>th</sup> Annual Eating Recovery Center Foundation Eating Disorders Conference, Denver, Colorado, October 2019

**Westmoreland P, Hanson A, Guarda A, Komrad M.** Anorexia Nervosa and Physician Assisted Death. Presented at the Annual Meeting of the American Academy of Psychiatry and the Law, Baltimore MD, October 2019

**Westmoreland P, Bronfin E, LaCroix C, Reid W, Metzner J.** Establishing and maintaining a successful forensic practice (course). Presented at the Annual Meeting of the American Academy of Psychiatry and the Law, Baltimore MD, October 2019

**Westmoreland P.** Novel treatments for Severe and Enduring Eating disorders. Encore Presentation. American Academy of Clinical Psychiatry Annual Meeting, Las Vegas NV, December 2019.

**Westmoreland P.** Medical Complications of Eating disorders. Encore Presentation. American Academy of Clinical Psychiatry Annual Meeting, Las Vegas NV, December 2019.

**Westmoreland P.** Mental Health Consequences of COVID-19. Grand rounds (virtual), The Medical Center of Aurora North, April 2020

**Westmoreland P** Treating patients with severe eating disorders. Nevada Psychiatric Association, February 11, 2021. Recorded for virtual meeting.

**Westmoreland P.** Management of patients with severe and enduring anorexia nervosa. Colorado Consultation-Liaison meeting, April 2021

**Westmoreland P.** Management of patients with severe and enduring anorexia nervosa. American Psychiatric Association, May 2021. Recorded - for virtual meeting.

**Westmoreland P.** Neuropsychiatric consequences of COVID-19. Grand rounds (virtual), The Medical Center of Aurora North, May 2021

Guarda A, McKinney K, Hansen A, **Westmoreland P.** Medicolegal Challenges in Managing Severe Eating Disorders. International Academy of Eating disorders, June 2021. Recorded for virtual meeting

**Westmoreland P.** Management of patients with severe and enduring anorexia nervosa. Grand Rounds (virtual), Oregon Health Sciences Medical Center, June 2021

**Westmoreland P.** Mood Disorders in the peripartum period. Grand rounds, Rose Medical Center, July 2021

**Westmoreland P.** Management of patients with severe and enduring anorexia nervosa. Grand Rounds (virtual), The Medical Center of Aurora-North, June 2021

**Westmoreland P.** Physician Burnout and Suicide. Virtual panel on Physician Wellness for the American Academy of Psychiatry and the Law, October 2021

**Westmoreland P.** Resident burnout and resilience in the time of COVID-19. Grand Rounds (virtual), The Medical Center of Aurora-North June 2021

**Westmoreland P.** Burnout and moral injury amongst healthcare workers. Virtual presentation, South Carolina Psychiatric Society, January 2022

**Westmoreland P.** Consequences of *Dobbs*: immediate, anticipated and long-reaching Grand Rounds, The Medical Center of Aurora-North, September 2022

Hatters-Friedman S, Sorrentino R, Kempf A, Penn J, **Westmoreland P.** Forensic Psychiatry Guidelines for the Treatment of Women. American Academy of Psychiatry and the Law Annual Meeting, October 2023

Kerwin J, **Westmoreland P.** MAID for severe and enduring eating disorders. Clinical, Legal and Ethical Perspectives, ICEL4 Conference, Salt Lake City, March 2024

**Westmoreland P.** Terminal anorexia cannot and should not be defined. Plenary session, AED, New York, March 2024

**Westmoreland P.** What is an eating disorder? Pathological Relationships with food in the post-pandemic era. MMDA 2024, Denver.

**Westmoreland P.** Medical Complications of Severe Eating Disorders, Grand Rounds, SUNY, NY

---

## PODCASTS/ AUDIO RECORDED LECTURES

**Westmoreland P.** Eating Disorders, Part 1 (recorded march 2019, released May 2019)  
<https://www.mdedge.com/podcasts/psychcast/eating-disorders-masterclass-lecture-part-i>

**Westmoreland P.** Eating Disorders, Part 2 (recorded march 2019, released May 2019)  
<https://www.mdedge.com/podcasts/psychcast/eating-disorders-part-ii>

**Westmoreland P.** Novel treatments for Severe and Enduring Eating disorders. Recorded at the American Academy of Clinical Psychiatry Annual Meeting, Chicago, IL, March 2019.  
*Audiodigest*, 2020

**Westmoreland P.** Medical Complications of Eating disorders. American Academy of Clinical Psychiatry Annual Meeting, Chicago, IL, March 2019. *Audiodigest* 2020

---

## MEDIA INTERVIEWS

**Westmoreland P.** Characteristics of sociopathy. Interview for Discovery Channel (Canada) August 2015

**Dr. Patricia Westmoreland** with BHWC was featured in a 9News story on the mental health impact COVID is having on survivors. <https://www.9news.com/article/news/health/coronavirus/researchers-find-nearly-one-in-five-covid-19-survivors-is-diagnosed-with-a-mental-health-disorder/73-c015c28e-f4a2-4f1d-8e17-de787e3f40c6> November 12, 2020

FOX 31 ran a story on the governor urging Coloradans to stay home this holiday season. **Dr. Patricia Westmoreland** with BHWC talked about finding a new purpose this holiday season. <https://kdvr.com/news/coronavirus/governor-health-leaders-urge-coloradans-to-stay-home-this-holiday-season/> December 11, 2020

FOX31 featured BHWC's **Dr. Patricia Westmoreland** in a story about women being hit hard by the stresses of the pandemic. <https://kdvr.com/video/women-hit-especially-hard-by-pandemic-stresses/6267425/>, February 7, 2021

**5280 Magazine** featured the Behavioral Health and Wellness Center's **Dr. Patricia Westmoreland** and COO, Cindy Meyer, in a story on the mental health fallout from COVID. <https://www.5280.com/2021/08/colorado-isnt-prepared-to-deal-with-the-mental-health-fallout-from-covid-19/>

Dr. Patricia Westmoreland with the Behavioral Health & Wellness Center spoke with CBS4 about eating disorders. <https://denver.cbslocal.com/2022/02/07/eating-disorder-awareness/>, February 7, 2022

**Dr. Patricia Westmoreland** was interviewed by CBS4 for a segment on eating disorders. <https://healthonecares.com/about/newsroom/cdc-reports-more-er-visits-for-eating-disorders-colorado-doctor-shares-tips>, February 25, 2022

FOX31 interviewed **Dr. Patricia Westmoreland** for a story on antidepressants and pregnant women. <https://kdvr.com/news/antidepressants-dont-always-work-for-pregnant-women/>, March 7, 2022

9News featured **Dr. Patricia Westmoreland** in a segment on postpartum depression. <https://www.youtube.com/watch?app=desktop&v=LmAAZGE5S9g>, March 18, 2022

The Centennial Citizen ran a story about domestic violence and interviewed **Dr. Patricia Westmoreland**. <https://centennialcitizen.net/stories/domestic-violence-affects-30-of-colorado-residents,405310>, October 24, 2022

**Dr. Patricia Westmoreland**, was featured on FOX31 in segment on managing stress during the holidays. <https://kdvr.com/video/how-to-manage-stress-this-holiday/8231756/>, December 13, 2022

**Dr. Patricia Westmoreland**, was featured on FOX31 in segment on managing stress during the holidays. <https://kdvr.com/video/how-to-manage-stress-this-holiday/8231756/>, December 13, 2022

**BHWC's Dr. Patricia Westmoreland** was featured in a segment on Seasonal Affective Disorder (SAD) with Denver7. [link](#) December 20, 2022


Psychiatrist, **Dr. Patricia Westmoreland**, was featured in a segment CBS4 about cyberbullying. [How to talk to your kids about cyberbullying - YouTube](#) January 3, 2023

Denver7 featured psychiatrist, **Dr. Patricia Westmoreland**, in a segment on Blue Monday. [Denver7 Segment Featuring Dr. Patricia Westmoreland from the HealthONE Behavioral Health and Wellness Center](#), January 17, 2023

**Dr. Patricia Westmoreland**, was featured on CBS4 in a segment on seasonal affective disorder. <https://www.cbsnews.com/colorado/video/winter-fatigue-is-impacting-coloradans-more-this-season-than-previous-years/#x> January 25, 2023

Psychiatrist, **Dr. Patricia Westmoreland** with BHWC, was interviewed for a CBS4 story on coping with traumatic video. <https://www.cbsnews.com/colorado/news/many-using-hobbies-cope-graphic-video-released-tyre-nichols-death/> February 3, 2023

FOX31 featured BHWC's psychiatrist, **Dr. Patricia Westmoreland**, in a segment on Frontotemporal Dementia. February 17, 2023

 [11B1C890E69BC93356B286EA0389AC32.mp4](#)

**Dr. Patricia Westmoreland** Interview with Kyle Clark KDVR Denver, December 2023. New Colorado law will help people dealing with eating disorders.  
<https://www.9news.com/article/news/local/next/next-with-kyle-clark/colorado-eating-disorder-new-law/73-b52c7450-a1d1-4434-b888-e571f016d5ea>

**Dr. Patricia Westmoreland.** Interview with Fox 31 Denver, CO, January 2023. New Colorado Law aims to support individuals with eating disorders.  
<https://www.youtube.com/watch?v=bQat2Bj3fkQ>

Dr. Patricia Westmoreland. Interview with Brian Maass, CBS evening News, Denver CO, February 2025. <https://www.cbsnews.com/colorado/news/weight-loss-drugs-impact-eating-disorder-treatments-denver/>

---

## NEWSPAPER AND MAGAZINE INTERVIEWS

O’Conner K (interview of **Westmoreland P**). Psychiatrists advocate for expanded state telehealth laws. <https://doi.org/10.1176/appi.pn.2020.8b7>; August 13, 2020, *Psychiatric News*

Mason K (interview of **Westmoreland P**, Harris G, Uppal M). Stress Test: Mental health care services pushed to the brink amid COVID-19. August 16, 2020. *The Sentinel*, Colorado. <https://sentinelcolorado.com/news/nation-world/covid19/stress-test-mental-health-care-services-pushed-to-brink-amid-covid-19/> August 14, 2020

Greene S (interview of **Westmoreland P**). On Edge: An Aurora psychiatrist absorbs patients’ pain that can’t be washed off. *The Sentinel*, Colorado, December 13, 2020

Greene S (interview of **Westmoreland P**). On Edge: A psychiatrist struggles to absorb her patients’ pain and her own fury. *Denver Post*, December 15, 2020.  
<https://www.denverpost.com/2020/12/15/mental-health-coronavirus-colorado/> 12/18/20

Monaghan S (interview of **Westmoreland P**). Colorado isn’t prepared to deal with the mental health fallout from COVID. *5280 magazine*, August 2021. <https://www.5280.com/2021/08/colorado-isnt-prepared-to-deal-with-the-mental-health-fallout-from-covid-19/>

Shaw T. (interview of **Westmoreland P**). The Centennial Citizen ran a story about domestic violence. <https://centennialcitizen.net/stories/domestic-violence-affects-30-of-colorado-residents,405310>, October 24, 2022

Brown J (interview of **Westmoreland P**). Denver Doctor helped patients with severe anorexia nervosa obtain aid-in dying medication, spurring national ethics debate. *Colorado Sun* March 14, 2022

Ellin A (interview of Westmoreland P) Should Anorexia ever be called terminal? *The Washington Post*, November 1, 2023. <https://www.washingtonpost.com/style/of-interest/2023/11/01/anorexia-suicide-controversy-jennifer-gaudiani/>

Engelhart K. (interview of Westmoreland P). Should patients ever be allowed to die from anorexia? *New York Times*, January 3, 2024.  
<https://www.nytimes.com/2024/01/03/magazine/palliative-psychiatry.html>

---

## BOOKS

*Tipping the scales: ethical and legal dilemmas in managing severe eating disorders.* **Patricia Westmoreland MD, editor.** APA Press 2020

---

## BOOK CHAPTERS AND OTHER MONOGRAPHS

Corson JD, **Westmoreland P**, Hoballah JJ. Vascular trauma. *Surgery* (Corson JD, and Williamson RCN; Mosby Harcourt, London 2000)

**Westmoreland Corson P**, Andersen AE. Body image issues among boys and men. *Body Images* (Cash T, Pruzinsky T, New York 2002).

Andersen AE, **Westmoreland Corson P**. Characteristics of an ideal psychotherapist for eating disorder patients. *Psychiatric Clinics of North America* 2001;24(2): 351-358

**Westmoreland P**. Attention Deficit Hyperactivity Disorders in Offenders. *Corrections Today*. June 2010.

**Westmoreland P**, Mehler PS. Ethical and medico-legal considerations in treating patients with eating disorders. In Mehler PS, Andersen AE; *Eating Disorders: a guide to medical care and complications*, 3<sup>rd</sup> edition. John Hopkins University Press, Baltimore MD, 2017

**Westmoreland P**, Mehler PS: Feeding and Eating Disorders. *Scientific American* on-line, 2017

**Westmoreland P**, O'Melia A. Clinical management of feeding and eating disorders. *Scientific American* on-line, 2017.

**Westmoreland P**, Mehler PS. Eating Disorders and Palliative Care. In Preedy V, *Handbook of nutrition and diet in palliative care*, 2<sup>nd</sup> edition. CRC Press, 2019

Gibson D, Mehler P, **Westmoreland P**. Chapter 4: Role of Medical Guardianship in *Tipping the scales: ethical and legal dilemmas in managing severe eating disorders.* **Patricia Westmoreland MD, editor.** APA Press 2020

Bowers W, Stafford M, **Westmoreland P**. Chapter 5: Civil Commitment in *Tipping the scales: ethical and legal dilemmas in managing severe eating disorders.* **Patricia Westmoreland MD, editor.** APA Press 2020

**Westmoreland P**, Erickson L, Bermudez O. Chapter 10: Eating Disorders and Palliative Care in *Tipping the scales: ethical and legal dilemmas in managing severe eating disorders.* **Patricia Westmoreland MD, editor.** APA Press 2020

**Westmoreland P**, Tse J. Ethical and medico-legal considerations in treating patients with eating disorders. In Mehler PS, Andersen AE; *Eating Disorders: a guide to medical care and complications* 4<sup>th</sup> edition. John Hopkins University Press, Baltimore MD, 2022

---

## POSTER PRESENTATIONS

**Westmoreland P**, Gunter T, Allen J, Loveless P, Sieleni BA, Black DW: Attention deficit hyperactivity disorder in men and women offenders newly committed to prison: clinical characteristics and quality of life. Presented at the Annual Meeting of the American Academy of Psychiatry and the Law, 2008, Seattle, WA.

**Westmoreland P**, Black DW, Gunter T, Loveless P, Sieleni B, Allen J: Antisocial Personality Disorders in Incarcerated Offenders. Presented at the Annual Meeting of the American Academy of Psychiatry and the Law, 2009, Baltimore, MD.

McGraw M, McGuire C, **Westmoreland P**. Sexual trauma in patients admitted to an eating disorder treatment center. American Psychiatric Association Annual Meeting, New York NY, May 2018

---

## PUBLISHED ABSTRACTS

**Westmoreland Corson P**, Nopoulos, PC, Arndt, SV, Bailey, J, and Andreasen, NC: Change in Basal Ganglia Across time in Patients with Schizophrenia: Effects of Atypical vs. Typical Neuroleptics. *Schizophrenia Research* 1997; 24: 159

**Westmoreland Corson P**, Nopoulos, PC, Arndt, S, Heckel, D and Andreasen, N.C. Caudate volumes derived from a neural network: comparison of neuroleptic naive patients with schizophrenic patients and matched control subjects. *Neuroimage* 1998; 7(4): S504

**Westmoreland Corson P**, O' Leary DS, Andreasen NC. Cerebral blood flow in the caudate and putamen of neuroleptic-naïve schizophrenic patients. *Schizophrenia Research* 1999; 36: 214

**Westmoreland Corson P**, Andreasen NC. rCBF in the caudate and putamen of schizophrenic patients: off vs. on medication. *Biological Psychiatry* 1999; 45: 32S

**Westmoreland Corson P**, Fuller RLM, Ward J, Arndt S, Andreasen NC. Longitudinal study of basal ganglia volume in schizophrenic patients. *Biological Psychiatry* 2000; 47: 43S

**Westmoreland P**, Coryell M, Kurjakovic Z, Schnizler M, Welsh M, Wemmie J. The ASIC1a antagonist PcTX-1 reduces fear-related behavior. (College of Medicine Research Day, University of Iowa, Iowa City 2006; Experimental Biology, San Francisco 2006)

**Westmoreland P**, Coryell M, Kurjakovic Z, Schnizler M, Wemmie J. The ASIC1a antagonist PcTX-1 reduces unconditioned fear behavior. (Abstract, The Endocrine Society, 2006.)

---