



## Wolverines Youth Football Summer Skills Clinic

- Attendees: Any K-6 grader
- Locations & Dates:
  - o 7/8 Lake George Rec Field (99 Transfer Station Rd, Lake George)
  - o 7/15 Warrensburg Rec Field (lower field) (7 Sanford St. Warrensburg)
  - o 7/22 Lake George Rec Field (99 Transfer Station Rd, Lake George)
- **Duration:** each day will be from 5:30 PM 7:00 PM
- Cost: Free
- Equipment Needed: water bottle, cleats, mouth guard (optional)
- Topics Covered:
  - All clinics start with 4 agility station drills for warm ups
  - o Each clinic will focus on a different aspect of the game
    - How to hand off & run with the ball (QB/RB drills)
    - How to pass & catch the ball (QB/WR drills)
    - How to block, pass rush, and pull (OL/DL drills)

Wolverineyouthfootball@warrensburgyouthsports.com

