



Intercept Burnout & Maximize Performance

Each 60-Minute Session is led by a **Positive Intelligence™ Certified Coaching Guide**



Intercept the Brain Bullies

Learn to identify your Saboteur Interceptor Muscle and introduce Conscious Leadership.



Take Back Control

Using the Self-Command Muscle to create the self awareness to "stay above the line."



FIRM and Lasting Change

Reveal the Sage Muscle and how applying RLD Group's FIRM Leadership Model can prevent burnout and create lasting change.

These workshops introduce practical tools based on Positive Intelligence™ (PQ); breakthrough research revealing the discovery of core factors that impact both our performance and wellbeing.

Facilitated by RLD Group's Positive Intelligence™ Coaching Guides, each workshop uncovers the three core mental muscles and practical applications to strengthen your ability to respond to challenges with a positive mindset rather than a negative mindset.

In today's BANI World (Brittle, Anxious, Non-Linear, and Incomprehensible), it's easy for leaders and teams to work too hard without getting results, experience too much conflict, friction, and stress, and attempt to cope without much success as they lunge forward toward burnout.

Data from Positive Intelligence® Program Participants:

91%

Manage Stress Better

83%

Improve Self-Confidence

84%

Better at Conflict Management

90%

Use Mental/Emotional Energy More Effectively

92%

Better at Teamwork & Collaboration

85%

Increase Happiness

data source: <https://www.positiveintelligence.com/business>

Deepening your understanding of how our brains are uniquely wired will create an environment of trust and increased awareness of the human behind each team member.

We invite you to get curious about how these tools might positively impact your team or organization by participating in this workshops series.



“Using [PQ exercises] creates a calm place for my brain - allows me to pause before reacting, saying something I shouldn't say, etc. Very helpful! Thank you very much.”
- Live Chat Message
RLD Group Workshop Attendee



RLD GROUP

Rebooting Leadership Drive

Helping **Tech Companies**

Take Culture Transformation Out of the Clouds,
Banish Burnout & Drive Bottom Line Results



**We've Cracked The Code on
How to Help Humans Thrive in Tech**
(and we've been doing it for five years!)



We do not bring theory into our engagements.

Instead, we roll up our sleeves and **co-create solutions** informed by our team's real-world experience & successes.

Organizations who Trust RLD Group



5 Reasons Organizations Call RLD Group:

- The organization is losing top talent or experiencing mass resignation.
- High-potential leaders are promoted and the organization can't afford for the leaders to fail.
- An organization wants to connect its distributed teams and help everyone feel connected, included, and engaged.
- A new, externally-hired leader needs to rapidly integrate and confidently lead their new organization to success.
- Executive leadership wants to build an inclusive culture and equip its leaders to prevent burnout.

These Top Media Outlets Depend on RLD Group for Our Collective, No-Nonsense Expertise:



FIVE YEARS OF REBOOTING LEADERSHIP DRIVE

Helping our clients take culture transformation out of the clouds, banish burnout, and drive bottom-line results

