

# AWAKENING CONSCIOUS LEADERSHIP EXPERIENCE

## STRESS DOESN'T HAVE TO STRESS YOU OUT...

In fact, it can be one of the most catalyzing forces as a leader.



Many leaders have no idea how to leverage their stress as an asset. They don't know how to unlock their own inner resources and transform their stress into an energy source to meet their greatest challenges.

At the Awakening Conscious Leadership Experience (ACLE), you'll learn the science and the art of unlocking your own inner resources so that you can experience more vitality, deeper relationships, and greater success at work and home.

Learn the neuroscience and experience the practices of awakening the conscious leader already inside of you. Your world needs you.

## "Organizations that Practice Conscious Leadership Perform 10x Better"

- Harvard Business Review

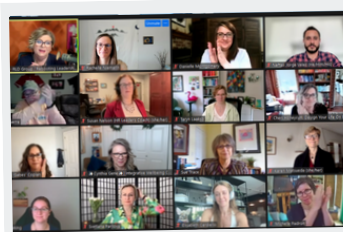


## It's Time to Be the Change You Want to See in the World

Take the first step on your path toward Conscious Leadership

## IN THIS INTERACTIVE EXPERIENCE:

- Discover how to unlock your potential and help your team or community unlock the potential in their collective wisdom.
- Catalyze your growth as a leader to cultivate a more conscious, actively engaged, & high-performing culture.
- Focus your energy & attention to experience more vitality, deeper relationships, and greater success at work and home.
- Identify practical strategies to manage stress & self-doubt to become less reactive and more creative as a leader.



It's been great to have a common lens and not feel so alone in the Zoomland.

**Chloe**

# ACLE FOR ORGANIZATIONS, TEAMS & INDIVIDUALS

## Workshop Experiences

(In Person, Virtual & Hybrid)

RLD Group's real-world experience and expertise combined with the science-backed, research-based XCHANGE facilitation approach



**Sponsor Design & Planning Consulting**  
co-created experience designed for your unique organizational goals



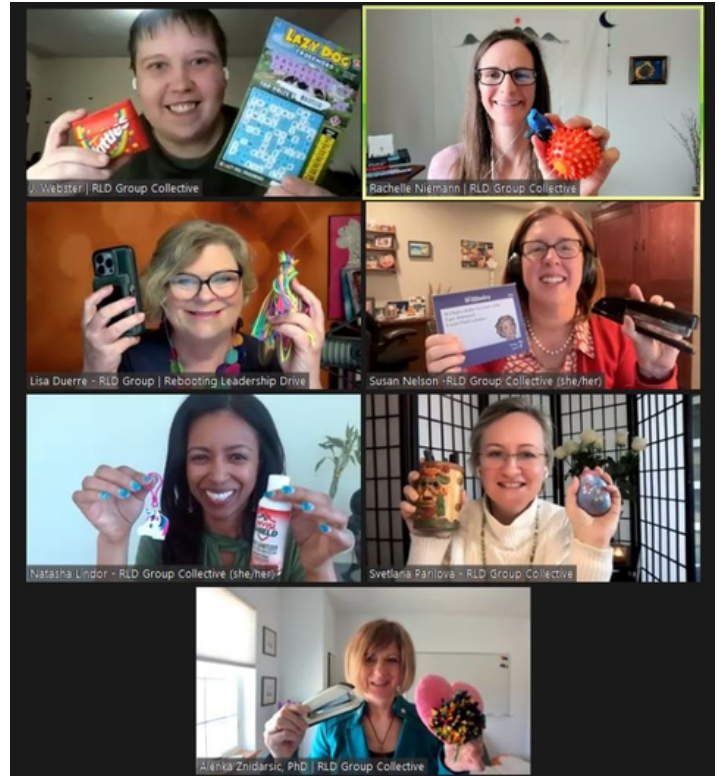
**Design & Facilitation of Pre-Event Learning, Connection & Community-Building Activities**  
to build momentum, & increase attendance



**Custom Workbook**  
to guide the participant experience



**Sponsor Debrief Meeting**  
with an Event Recap and Keep-Alive Toolkit



"Every touchpoint in our humanity is an act of influence. Leadership is not a role. It's a way of being."

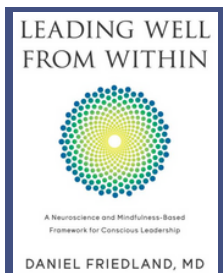
The only question is... are we having positive influence OR are we having negative influence?"

**DR. DANIEL FRIEDLAND**

Author - *Leading Well from Within: A Neuroscience and Mindfulness-Based Framework for Conscious Leadership*



**Awakening Conscious Leadership is also available as an interactive Keynote Experience**



## Upgrade the Experience: Deep-Dive Coaching

Personalized, 1:1 coaching by RLD Group CliftonStrengths® certified coach to go deep on the results of their assessment and create a focused action plan to implement the use of their strengths in their work and life.

Each Deep-Dive Coaching Engagement Includes a Complimentary Copy of *Leading Well From Within* by Dr. Daniel Friedland

# FIRM LEADERSHIP

with  RLD  
GROUP



 **FLEXIBILITY**  
 **INTUITION**  
 **RESILIENCE**  
 **MINDFULNESS**

## THE TOP 5 REASONS ORGANIZATIONS CALL RLD GROUP

Hint: It's all about navigating the Future of Work in a BANI world!

-  **Executive Leadership Wants Impactful Leadership Development Programs to Prevent Burnout & Equip their Teams for the Future of Work.**
-  **Teams Need Consulting & Coaching to Support Re-Org or Layoff Strategy, Rapid Growth, Manage BANI Fatigue, or Sustain New Key Initiatives.**
-  **An Organization Wants to Connect its Distributed Teams and Ensure Everyone on the Team Feels Connected, Included, & Engaged.**
-  **An Externally-Hired/Recently Promoted Leader Needs Coaching & Consulting to Support Rapid Integration to Lead Their New Organization Successfully.**
-  **An Organization Needs to Better Understand Team Strengths, Build a Culture of FIRM Leadership & Become More Strategic in their Workforce Planning.**



**RLD GROUP**

Helping **Tech Companies**  
Take Culture Transformation Out of the Clouds,  
Banish Burnout & Drive Bottom Line Results



# We've **Cracked The Code** on How to Help Humans Thrive in Tech



Organizations  
Who Trust  
**RLD GROUP**



Airtable



## We Do Not Bring Theory into Our Engagements.

Instead, we roll up our sleeves and **co-create solutions** informed by our team's real-world experience & successes.



**Proudly Woman  
Owned & Operated**

