

# LISA DUERRE

Igniting leaders in tech to banish burnout,  
build high-performing teams, and be present  
for the moments that matter.

Speaker | Event Facilitator | Burnout Prevention Expert

## ■ FEATURE-LENGTH (224 WORDS)

Lisa Duerre is the co-founder and CEO of RLD Group, a collective of leadership development coaching and consulting experts helping tech companies take culture transformation out of the clouds, banish burnout, and drive bottom-line results. RLD Group is a certified WBENC with expertise on HR strategy and organizational design, developing leadership pipelines, talent retention, burnout prevention, and team performance in the complex hybrid work world.

Lisa spent over 20 years in Silicon Valley as a rising executive inside Fortune 500 tech companies. Now, she speaks to audiences of leaders in tech around the world. Lisa's message has been featured on NBC, CBS, ABC, The Wall Street Journal, Forbes, Entrepreneur, WomLead Magazine, FeedSpot, Thrive Global, Authority Magazine, Romper, The Mercury News, and more.

Lisa is the host of the Ctrl+Alt+Delete with Lisa Duerre™ podcast, a top -10-rated podcast on technical leadership. Lisa interviews leadership experts and executives in tech to help leaders in tech drive profitability without burning out.

When she's not busy leading RLD Group or hosting podcast guests, Lisa loves exploring her home area of Portland, Oregon with her co-founder and husband Randy, their daughter Emily, and their fun-loving Cavapoo Yogi. Lisa is actively raising awareness for women who live with lipedema, a disease with no known cure affecting the quality of life for approximately 1 out of 11 women worldwide.

## ▲ MEDIUM BIO (173 WORDS)

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## ◆ SHORT BIO (101 WORDS)

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