



LISA DUERRE



Turning burnout into breakthroughs, chaos into clarity, and leaders into catalysts for thriving teams and sustainable success.

SPEAKER | EVENT FACILITATOR | BURNOUT PREVENTION GUIDE



Lisa Duerre, CEO and Co-Founder of RLD Group, creates interactive speaking experiences that transform leadership and workplace culture. Drawing on over 20 years of Fortune 500 executive experience, Lisa combines real-world insights with thought-provoking questions and engaging activities to connect leaders with themselves, their teams, and their goals.

Now leading RLD Group, Lisa partners with organizations to co-create leadership development strategies that drive measurable results. As the host of CTRL+ALT+DELETE with Lisa Duerre™, she shares practical tools to prevent burnout, align strategy with people, and foster thriving teams.

Featured in NBC, The Wall Street Journal, and Forbes, Lisa's interactive style ensures every audience leaves inspired, equipped, and ready to lead with purpose.

MEDIUM LENGTH - 112 WORDS

