



LISA DUERRE



Turning burnout into breakthroughs, chaos into clarity, and leaders into catalysts for thriving teams and sustainable success.

SPEAKER | EVENT FACILITATOR | BURNOUT PREVENTION GUIDE



Lisa Duerre, CEO and Co-Founder of RLD Group, is a dynamic speaker and trusted expert on leadership, workplace culture, and team performance. Known for delivering speaking experiences that are as interactive as they are transformative, Lisa invites her audiences to connect with themselves, each other, and the ideas that will shape their leadership journey.

With over 20 years of Fortune 500 executive experience, Lisa now leads RLD Group in co-creating leadership development solutions that drive measurable results and cultural transformation. Whether facilitating a room of senior leaders or inspiring an all-hands audience, Lisa's approach combines thought-provoking questions, engaging stories, and practical tools to spark immediate action.

As the host of CTRL+ALT+DELETE with Lisa Duerre™, Lisa brings her candid, relatable style to conversations about preventing burnout, aligning people and strategy, and leading with purpose. Her insights have been featured by NBC, CBS, The Wall Street Journal, Forbes, and more.

Lisa's audiences leave energized and equipped to lead with greater clarity, connection, and impact. Her signature speaking experiences go beyond lectures—they are opportunities to ignite change, foster collaboration, and build cultures where people and profits thrive.



FEATURE LENGTH - 185 WORDS