

# FATIGUE RISK MANAGEMENT

## Overview



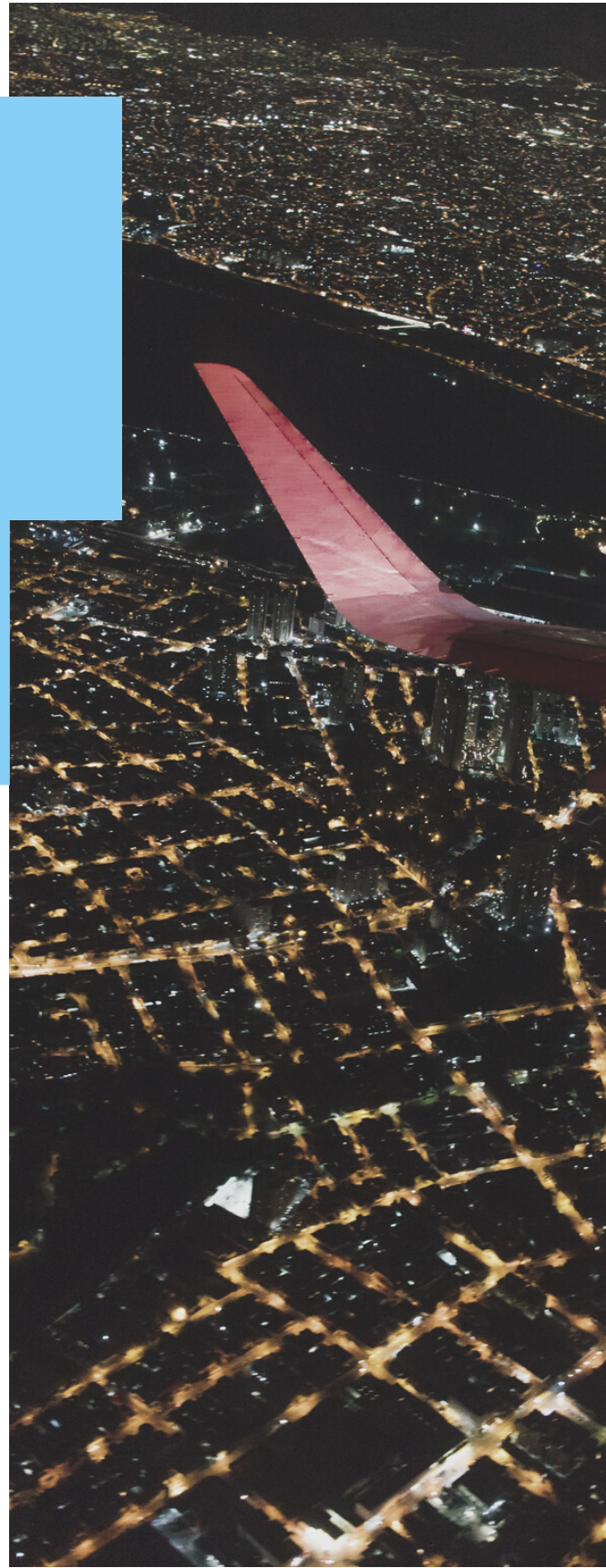


## FATIGUE RISK MANAGEMENT

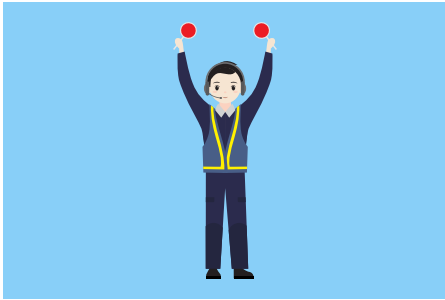
# What is it?

This training draws on fatigue-related safety data and scientific research. A greater expansion of Fatigue awareness provides individuals, departments and organisations with the insight on how to manage their own personal fatigue as well of those of your colleagues.

When employees have a clear understanding of their fatigue management and the risks of fatigue, it enables them to prioritise safety risks and more effectively manage themselves for optimal aviation benefit.



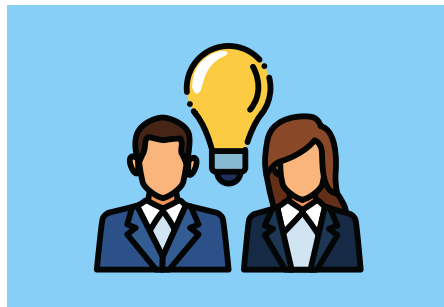
# WHO IS IT FOR?



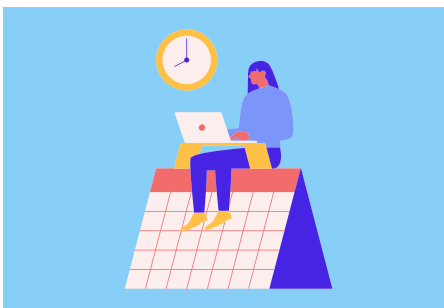
**Ground Support**



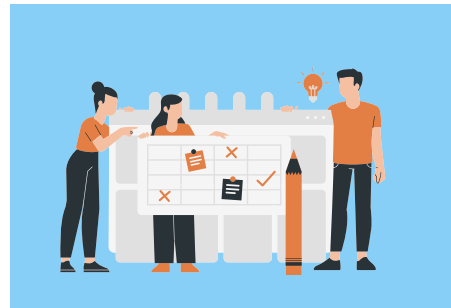
**Operations Team**



**Management**

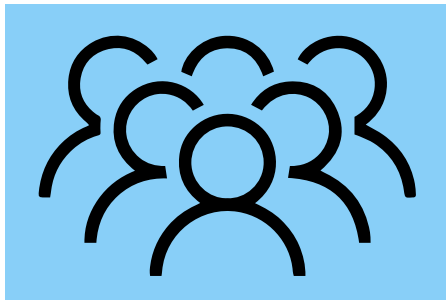


**Crew Schedule Planners**



**Pre-Ops Planning**

# DELIVERY OPTIONS



## Open Cohorts

Open cohort courses are held regularly at an easily accessible, central training facility.

For information on dates and prices visit:  
[www.CrosbyAviation.co.uk](http://www.CrosbyAviation.co.uk)



## Closed Cohorts

Closed cohort courses can be held at our training facility or on location at your organisation. Closed cohort courses will also benefit from our bespoke consultancy.


## Bespoke Consultancy







# CONTACT US

## For Further Information

 [www.crosbyaviation.co.uk](http://www.crosbyaviation.co.uk)

 [www.ukoma.co.uk/events](http://www.ukoma.co.uk/events)

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