



WHAT TO BRING HALLOWEEN DAY

For Our Neurodivergent
Children

COMFORT ITEM

This can provide
comfort during
unfamiliar or
stressful moments



FAVOURITE SNACK

In case your child
needs a break with a
familiar, preferred
food item



GLOW STICKS

This can help to
increase their
visibility in the dark
making them easier
to spot



NON-FOOD TREATS

This can provide an
alternate from the
high sugar treats
being shared. Such
as stickers,
temporary tattoos,
or glow sticks



NOISE CANCELLING HEADPHONES

Valuable to reduce
noise when
moments become
overwhelming



FIDGETS OR SENSORY TOY

This can provide a
calming outlet for
overwhelming
moments

