

Preparing for a Sensory-Friendly Visit: What to Ask

By TheraplayTT

1. GENERAL ENVIRONMENT:

- Are there designated quiet areas available if my child needs a break from stimulation?
- What are the peak hours, and is it less crowded during certain times?

2. STAFF AND TRAINING:

- Are your staff trained to assist children with special needs or sensory processing disorders?
- How do your staff manage sensory overload situations?

3. ACTIVITIES AND ATTRACTIONS:

- Are there any areas or activities that might be particularly overwhelming for a child with sensory sensitivities?
- Do you offer any sensory-friendly activities or programs?

4. FACILITIES AND AMENITIES:

- Are there restrooms with changing tables or family restrooms available?
- Do you have areas where we can store or access special dietary items for my child?

5. FOOD AND BEVERAGE:

- Are there allergen-free or special dietary options available in your food services?
- Can we bring our own food if my child has specific dietary needs?

6. EMERGENCY AND SAFETY PROCEDURES:

- What is your protocol if a child becomes overwhelmed or needs to leave quickly?
- Do you have a first aid station or trained personnel on-site for emergencies?



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