HORNSBYRSLGYMNASTICS

JOIN US FOR A FUN FILLED DAY OF GYMNASTICS ACTIVITIES THAT IS SURE TO KEEP THE KIDS ENTERTAINED ALL DAY LONG.



WHAT DOES THE DAY INVOLVE?

- A full day program for children aged 5-12 years, members and non members, no experience necessary, all welcome!
- There are two programs types available where we fit the very best things into one fun filled, action packed day:
- COMBO DAY: Combining the very best of GymSKILLS,
 FreeG + Tumble, Tricks and Flips! Learn new skills and try a wide range of different drills, activities and creative time!
- HOLIDAY FUN DAY: Sessions loaded with lots of gymnastics activities, circuits, games and other FUN activities including craft, free play and lots lots more!
- Morning tea and lunch break (bring your own food, NO NUTS permitted)



HORNSBY RSL GYMNASTICS

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PROGRAM DETAILS

JULY 2025 PROGRAM:

MONDAY 7TH JULY (COMBO DAY)

WEDNESDAY 9TH JULY (HOLIDAY FUN)

FRIDAY 11TH JULY (COMBO DAY)

MONDAY 14TH JULY (COMBO DAY)

WEDNESDAY 16TH JULY (HOLIDAY FUN)

FRIDAY 18TH JULY (COMBO DAY)

9AM - 3PM

\$65 PER CHILD PER DAY

AGES 5-12 YEARS

BRING MORNING TEA, LUNCH, DRINK BOTTLE, HAT, SUNSCREEN