



**HORNSBY RSL GYMNASTICS**

# **HOLIDAY PROGRAMS**

**Join us for a fun filled day of gymnastics activities that is sure to keep the kids entertained all day long.**



**WE'RE  
COVID  
SAFE**

## **What does the day involve?**

- A full day program for children aged 5-12 years, members and non members, no experience necessary, all welcome!
- Children get to participate in a wide variety of gymnastics activities, where we fit all of the best things into one action packed day:
- GymSKILLS: Activities which focus on developing core gymnastics skills on each of the gymnastics apparatus (vault, bars, beam, floor, rings, parallel bars and trampoline)
- FreeG + Tumble Tricks and Flips: Combining tumbling, aerial and acrobatic skills with Free G - parkour style gymnastics activities!
- Morning tea and lunch break (bring your own food)
- Free time - to play and explore our fun filled colourful space

**Book  
Online**

**HORNSBY RSL GYMNASTICS**

**1 ASHLEY LANE HORNSBY NSW 2077**

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**WWW.HORNSBYRSLGYMNASTICS.COM.AU**

## **PROGRAM DETAILS**

**WEDNESDAY 30TH SEPTEMBER**

**FRIDAY 2ND OCTOBER**

**WEDNESDAY 7TH OCTOBER**

**FRIDAY 9TH OCTOBER**

**9AM - 3PM**

**\$50 PER CHILD PER DAY**

**AGES 5-12 YEARS**

**BRING MORNING TEA, LUNCH,  
DRINK BOTTLE**