



GENERAL CODE OF BEHAVIOUR

At Hornsby RSL Gymnastics we are committed to providing a safe, supportive, and respectful environment for all participants. This Code of Behaviour applies to gymnasts, coaches, staff, volunteers, and parents/carers. Everyone in our community is expected to uphold the values of respect, responsibility, fairness, and safety.

All Members Must:

- Treat all people with respect, regardless of age, ability, race, gender, cultural background, or religion.
- Follow the club's rules, safety guidelines, and instructions from coaches and staff.
- Look after club equipment and facilities.
- Speak up if they feel unsafe or see something wrong.
- Promote a positive and inclusive environment, free from bullying, harassment, or discrimination.
- Be good role models for younger athletes and peers.

Gymnasts Must:

- Always try their best and show good sportsmanship.
- Listen to and follow coach instructions for safety.
- Respect other gymnasts' space and learning.
- Wear appropriate club attire and be on time for class.
- Let a coach know if they feel unwell, unsafe, or upset.

Coaches and Staff Must:

- Prioritise child safety and wellbeing at all times.
- Treat all athletes fairly, with encouragement and support.
- Never use physical punishment or inappropriate language.
- Maintain professional boundaries at all times.
- Report concerns or incidents promptly and in line with child safety policies.

Parents/Carers Must:

- Support their child's involvement in gymnastics in a positive way.
- Communicate respectfully with coaches and staff.
- Avoid coaching from the sidelines.
- Be on time for pick-up and drop-off.
- Report any concerns to the club respectfully and privately.

Breaches of the Code:

Failure to follow this Code of Behaviour may result in:

- A verbal warning or reminder
- Temporary suspension from classes or club activities
- Ongoing review or cancellation of membership (in serious cases)

This Code of Behaviour supports our commitment to a child safe, respectful, and inclusive gymnastics environment. By participating in our club, you agree to follow and uphold this code.