



USC University of Southern California



INTERESTED IN GIVING YOUR KIDS THE SKILLS THEY'LL NEED TO TACKLE LIFE'S TOUGHEST CHALLENGES?

The Incredible Years® Schedule

Mondays 3pm-5pm or Saturdays 9am-11am

Date: Mondays	Date: Saturdays	Session #	Topics
July 19	July 24	1	Welcome, Parent Goals Special Time
July 26	July 31	2	Social, Emotion, and Persistence Coaching (Part 1)
Aug 2	Aug 7	3	Social, Emotion, and Persistence Coaching (Part 2)
Aug 9	Aug 14	4	Effective Praise and Encouragement
Aug 16	Aug 21	5	Motivating Children Through Incentives and Rewards
Aug 23	Aug 28	6	Rules and Responsibilities Clear & Respectful Limit Setting
Aug 30	Sept 4	7	*Listening Attentively
Sept 6	Sept 11	8	*Active Listening and Speaking Up (Part 1)
Sept 13	Sept 18	9	*Active Listening and Speaking Up (Part 2)
Sept 20	Sept 25	10	*Communicating More Positively to Oneself and Others (Part 1)
Sept 27	Oct 2	11	*Communicating More Positively to Oneself and Others (Part 2)
Oct 4	Oct 9	12	*Giving and Getting Support Graduation

*Indicates Topics of the Advanced IY Curriculum

We are looking to speak with **parents** of Filipino children ages **8-12 years old**. Find out if you are eligible to participate and to be offered **FREE workshops** aimed at **raising mentally strong kids**.

Our upcoming workshops are now being offered **online!**

IF YOU ARE INTERESTED, CONTACT:

Dr. Joyce Javier at (323) 691-0529 or email at incrediblefamilies@chla.usc.edu

You may leave a message and a researcher will return your call.

Maraming salamat po!

www.filipinofamilyhealth.com