# HANDS & FEET 5K

## RAISIN VALLEY TURKEY TROT FUN RUN/WALK THURSDAY, NOVEMBER 28 @ 9:00 AM

#### **Mail Entries and Checks To:**

Living Water Mission 5211 S. Occidental Hwy. Tecumseh, MI 49286

#### **Additional Registrations At:**

www.living-water-mission.org www.active.com

#### Day of Race Registration

7:30 - 8:45 AM

St. John's Lutheran 3448 N. Adrian Hwy. Adrian, MI 49221

The Run/Walk will begin and end at St. John Lutheran Church

Questions? Email or call preacherhawkins@yahoo.com 517-423-3676

#### **Entry Fees:**

**\$30 For Early Pre-Registration** (ends Nov. 27)

## \$35 For Late and Day of Race Registration

All Fees Include Winter Cap (Extra caps are \$15 each)

Family Rate: Adults \$30 and children under 17 \$10 and children in strollers are FREE

### **All Proceeds Go Directly To:**



Coffee – Hot Chocolate – Water will be available, along with a cozy campfire and a time to fellowship.

### Additional Ways to Support Living Water Mission:

Donate a Chicken - \$5 Donate a Lamb - \$20 Donate a Cow - \$500

WAIVER: Running a road race involves risks of serious injury. Potholes and other surface defects exist in the course. Motorists, cyclists, pedestrians and animals may accidentally or deliberately create hazards. Also, the physical strain of a long-distance run can lead to serious health problems. I have read the above and understand this statement and agree to assume all risks of personal injury or other physical or emotional ailment. I hereby waive all claims against Living Water Mission, and all other sponsors.

ENTRY FORM  Mail entries and make checks payable to LWM, 5211 S. Occidental Hwy., Tecumseh, MI 49286				
NAME			EMAIL	
ADRESS			PHONE	
CITY	STATE	ZIP	SIGNATURE (FOR PARENT/GAURDIAN)	