

# Camdenton Senior Center Monthly Menu

November 2020						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
						1
2 *Chicken Parmesan w/spaghetti & marinara sauce *Meadow Blend *Fruit	3 *Turkey *Mashed Potatoes/Gravy *Fruited Jello Green Beans	4 *Chicken Fried Steak *Broccoli *Baked Apples Potatoe/Gravy	5 *Hamburgar Steak w/grilled onions *Peas & Carrots *Tossed Salad Baked Potato	6 *Pot Roast *Potato/Carrot/Onion *Baked Pineapple *Roll	7	8
9 *Sweet & Sour Chicken *Rice *Oriental Blend *Brown Betty Apples	10 *Meatloaf *Green Beans *Fruited Jello Potaotes/Gravy	11 *Chicken & Noodles *Tossed Salad *Peaches Corn	12 *Baked Ham *Baked Sweet Potato *Mixed Fruit Peas	13 *Salisbury Steak *Broccoli *Fruit Potatoes/Gravy	14	15
16 Ham & Beans *Spinach *Baked Apples Cornbread	17 *Chili *Baked Potato *Sliced Pears Hot Dogs	18 *Beef Goulash *Peas *Fruit Salad Garlic Bread	19 *Pork Roast *Broccoli *Applesauce Potatoes/Gravy	20 *BBQ Chicken *Baked Beans *Fruit Tater Tots	21	22
23 *Pork Chop *Baked Potato *Fruit Cocktail Carrots	24 *Turkey/Dressing *Green Bean Cass *Potaotes/Gravy *Cranberry Sauce Hot Roll	25 *Easy Roast Chciken *Broccoli *Peaches Mac & Cheese	26 <b>Closed Happy Thanksgiving</b>	27 <b>Closed</b>	28	29
30 *Chicken Pot Pie *Green Beans Chicken Alfredo						