

Crocker Senior Center

Monthly Menu

November 2020						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
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2 *Chicken parmesan, Meadow blend , fruit	3 Beef Pot Roast, potatoes, carrots, onions, Baked pineapples & Cherries, Hot roll	4 Chicken fried steak, Broccoli, Baked apples	5 Hamburger steak with grilled onions, peas and carrots, Tossed salad	6 Salmon patty, broccoli, pears	7	8
9 Sweet and sour chicken, rice, Oriental blend, brown Betty apples	10 Meatloaf, seasoned squash, fruity jello	11 Chicken & Noodles, Tossed salad, Orange	12 Baked ham, Baked sweet potatoes, Mixed fruit, Pan Pizza day	13 Eggs, Sausage, Potatoes, pineapples	14	15
16 Seasoned Taco meat,Blackbean & corn salad, Lettuce, Tomato, Chesse, Whole grain chips, Taco shell, Tropical fruit	17 Thanksgiving dinner. Turkey, mashed potatoes,greenbean casserole, Cranberry apple salad, Hot Roll, Pumkin pie	18 Birthday dinner. Baked or fried chicken, corn on the cob, fruit salad, roll, birthday cake	19 Pork chop, broccoli,Apple sauce	20 Fish, stewed tomatoes, apricots	21	22
23 Pork chop, sweet potatoes, Fruit	24 Roast beef, mashed potatoes, fruity jello	25 Breakfast 9:00am to 10:30am Breakfast casserole, hash browns, pears & apricots,	26 Thanksgiving Closed	27 Center closed	28	29
30 Chicken pot pie, Green beans, apple sauce						