

Mon	Tue	Wed	Thu	Fri
				1 Ham in Scalloped Potatoes Green Beans Dinner Roll Margarine Fruit Milk Dessert
4 Oven Fried Chicken Gravy Mashed Potatoes Green Beans Dinner Roll Margarine Fruit Dump Cake Milk	5 Battered Fish Coleslaw Pinto Beans Mac & Cheese Peaches Milk Dessert	6 Pork Chop Sweet Potatoes Peas Bread Margarine Baked Apples Milk Dessert	7 Chicken Alfredo Broccoli Berries Garlic Breadstick Dessert Milk	8 Beef Stew Cabbage Fruit Biscuits Margarine Assorted Dessert Milk
11 Breaded Chicken w/ Gravy Mashed Potatoes Oven Roasted Broccoli Bread/Margarine Ambrosia Salad Milk	12 Beans with Ham Spinach Fried Potatoes & Onions Cornbread Margarine Fruit Milk Dessert	13 Pot Roast Chunk Potatoes Carrots Dinner Roll Margarine Cake Milk	14 Sweet & Sour Chicken Oriental Vegetables Egg Roll Fried Rice Dessert Milk	15 Meatloaf Gravy Mashed Potatoes California Blend Bread Margarine Assorted Dessert Milk
18 Spaghetti with Meatballs Italian Blend Salad Garlic Breadsticks Pudding Milk	19 Pulled Pork/Bun Hashbrown Casserole Country Blend Applesauce Milk Dessert	20 Taco Salad Corn Black Beans Bread Margarine Fruited Jello Milk Cinnamon Crisps	21 Birthdays & Anniversaries Turkey/Gravy Mashed Potatoes Green Beans Dinner Roll Margarine Pumpkin Dessert Milk	22 French Dip/Bun Au Jus Sauce Roasted Rosemary Potatoes Fruit Cobbler Assorted Dessert Milk
25 Polish Sausage/Bun Kraut Mashed Potatoes Gravy Cake Milk	26 Hot Turkey w/ Cheese On Bun Creamed Corn Baked Potato Fruit Milk Dessert	27 Hamburger Steak with Grilled Mushrooms & Onion Garlic Mashed Potatoes Mixed vegetables Bread Margarine Pie Milk	28 Fish Sandwich/Bun Lettuce Tomato/Pickle Baked Beans Cookies Milk	29 Chicken Pot Pie Salad Beets Bread Margarine Assorted Dessert

Gravies & Soups are not low sodium items.